

## DAFTAR PUSTAKA

- Abouserie, R. (1994). *Sources And Levels Of Stress In Relation To Locus Of Control And Self Esteem In University Students*. *Educational Psychology: An International Journal Of Experimental Educational Psychology*, 323-330.
- Adhim, M. (2002). *Indahnya Pernikahan Dini*. Jakarta: Gema Insani Press.
- Anisaningtyas, G., & Astuti, Y. D. (2011). *Pernikahan Di Kalangan Mahasiswa S1* . *Proyeksi*, Vol. 6 (2), 21-33.
- Anjani, C. (2006). *Pola Penyesuaian Perkawinan pada Periode Awal*. *Insan*, 198-210.
- Bandura, A. (1986). *Social Foundations Of Thought And Action: A Social Cognitive Theory*. New York: Prentice Hall.
- Bandura, A. (1971). *Social Learning Theory*. New York: General Learning Press.
- Bandura, A. (1997). *Self Efficacy : The Exercise Of Control* . New York: Freeman And Company.
- Baron, R., & Byrne, D. P. (2004). *Psikologi Sosial Jilid 1: Edisi 10*. Jakarta: Erlangga.
- Bart, S. (2004). *Psikologi Kesehatan*. Jakarta: Grasindo.
- Billings, A. G., & Moos, R. H. (1984). *Coping, Stress, And Social Resources Among Adults With Unipolar Depression*. *Journal Of Personality And Social Psychology*, Vol 46 (4), 877-891.
- Blood, B. B. (1978). *Marriage: Third Edition* . New York : The Free Press .
- Bonnano, G. A., & Mayne, T. J. (2001). *Emotion: Current Issues And Future Directions*. New York: The Guilford Press.

- Blanchard-Fields, F., & Coats, A. H. (2008). *The Experience Of Anger And Sadness In Everyday Problems Impacts Age Differences In Emotion Regulation*. *Developmental Psychology*, 1547-1556.
- Calhoun, J. F., & Acocella, J. R. (1990). *Psychology Of Adjustment And Human Relationship*. New York: Mcgraw-Hill, Inc.
- Carver, C. S., Scheier, M. F., & Weintraub, J. K. (1989). *Assessing Coping Strategies: A Theoretically Based Approach*. *Journal Of Personality And Social Psychology*, 267-283.
- Cole, P. M., Martin, S. E., & Dennis, T. A. (2004). *Emotion Regulation As A Scientific Construct: Methodological Challenges And Directions For Child Development*. *Child Development*, Vol. 75 No 2, 317-333.
- Compas, B., Barnez, G., Malcarne, V., & Worsham, N. (1991). *Perceived Control And Coping With Stress; A Developmental Perspective*. *Journal Of Social Issues*, Vol. 47, 23-34.
- Creswell, J. W. (2013). *Research Design (Pendekatan Kualitatif, Kuantitatif, Dan Mixed)*. Yogyakarta: Pustaka Belajar.
- Dawna, C. ., (2003). *Undergraduate Student' Adaption To College: Does Being Married Make A Difference?* *Journal Of College Student Development*, Vol 44 (5), 670-690.
- Dill, P., & Henley, T. (1998). *Stressor Of College: A Comparison Of Traditional An Nontraditional Students*. *Journal Of Psychology*,, 25-32.
- Duvall, E., & Miller, C. M. (1985). *Marriage And Family Development (6th Ed)*. New York: Harper & Row Publisher.
- Garnefski, N., Kraaij, V., & Spinhoven, P. (2001). *Negative Life Events, Cognitive Emotion Regulation And Depression*. *Personality And Individual Differences*, 1311-1327.
- Garnefski, N., Teerds, J., Kraaij, V., Legerstee, J., & Kommer, T. V. (2004). *Cognitive Emotion Regulation Strategies And Depressive Symptoms: Differences Between Males And Females*. *Personality And Individual Differences*, 267-276.

- Ginting, A. (2010). *Esensi Praktis: Belajar & Pembelajaran*. Bandung: Humaniora.
- Gliebe, S. K. (2012). *A Study Of The Relationship Between Cognitive Emotion Regulation, Optimism, And Perceived Stress Among Selected Teachers In Lutheran Schools*. Dissertation , 1-110.
- Gottman, J., & DeClaire, J. (1997). *Kiat-Kiat Membesarkan Anak yang Memiliki Kecerdasan Emosional*. Jakarta: Gramedia Pustaka Utama.
- Gratz, K. L., & Roemer, L. (2004). *Multidimensional Assessment of Emotion Regulation and Dysregulation: Development, Factor Structure, and Initial Validation of the Difficulties in Emotion Regulation Scale*. *Journal of Psychopathology and Behavioral Assessment*, 41-54.
- Gross, J. (1998). *The Emerging Field Of Emotion Regulation: An Integrative Review Of General Psychology*, Vol. 2 No 3, 271-299.
- Gross, J. J. (2002). *Emotion Regulation: Affective, Cognitive, And Social Consequences*. *Psychophysiology*, 281-291.
- Gross, J. J. (2007). *Handbook Of Emotion Regulation*. New York: The Guilford Press.
- Gross, J. J., & John, O. P. (2003). *Individual Differences In Two Emotion Regulation Processes: Implications For Affect, Relationships, And Well-Being*. *Journal Of Personality And Social Psychology*, 348-362.
- Gross, J. J., & Thompson, R. A. (2007). *Emotion Regulation: Conceptual Regulation*. New York: Guilford Publications.
- Habibahi, U., Aisyiyah, N., & Ningrum, L. I. (2012). *Studi Tentang Status Perkawinan Mahasiswa Reguler Pgsd Tegal Hubungannya Dengan Prestasi Akademik*. *Journal Of Elementary Education*, 1-5.
- Halbert, L. H. (2006, May 13). *The Relationship Of Student-Life Stress To Marital Dedication Among Married Undergraduate Students And Their Spouses*. Dissertation . Missisipi: Umi Microform.

- Hoffman, L. W., & Youngblade, L. M. (2002). *Mothers At Work: Effects On Children's Well Being*. New York: Cambridge University Press .
- Hurlock, E. B. (2004). *Psikologi Perkembangan: Suatu Pendekatan Sepanjang Rentang Kehidupan*. Jakarta: Erlangga.
- Hwang, J. (2006). *A Processing Model Of Emotion Regulation: Insights From The Attachment System*. . Disertation, George State University .
- Jan, M., & Akhtar, S. (2008). *An Analysis Of Decision-Making Power Among Married And Unmarried Women*. Stud. Home Comm. Sci., Vol. 2 (1), 43-50.
- Karista, A. (2005). *Perbedaan Tipe Regulasi Emosi Remaja Laki-Laki dan Remaja Perempuan*. Skripsi. Jakarta: Fakultas Psikologi Universitas Indonesia.
- Kuswarno, E. (2013). *Fenomenologi: Konsepsi, Pedoman, Dan Contoh Penelitian*. Bandung: Widya.
- Krisnatuti, D., & Oktaviani, V. (2010). *Persepsi Dan Kesiapan Menikah Pada Mahasiswa*. Jurnal Ilmu Keluarga Dan Konseling, Vol. 4 (1), 30-36.
- Larson, E. A. (2006). *Stress In The Lives Of College Women: "Lots To Do And Not Much Time"*. Journal Of Adolescent Research, Vol.21 (6), 579-606.
- Laws, B., & Crewe, L. (2016). *Emotion Regulation Among Male Prisoners*. Theoretical Criminology, Vol. 20 (4), 529–547.
- Lazarus, R. (1993). *From Psychological Stress to the Emotions: A History of Changing Outlooks*. Annual Review of Psychology, 1-22.
- Lazarus, R. S., & Folkman, S. (1984). *Stress, Appraisals, And Coping* . New York: Springer Publishing Company.
- Lazarus, R. S., Folkman, S., Schetter, C. D., DeLongis, A., & Gruen, R. J. (1986). *Dynamics Of A Stressful Encounter: Cognitive Appraisal, Coping, And Encounter Outcomes*. Journal Of Personality And Social Psychology , Vol 05 (5), 992-1003.

- Lazarus, R., & Folkman, S. (1984). *Stress, Appraisal And Coping*. New York: Springer Publishing Company.
- Lee, D. H., Kang, S., & Yum, S. (2005). *A Qualitative Assessment Of Personal And Academic Stressors Among Korean College Students: An Exploratory Study*. *College Student Journal*, Vol.39 (3), 442-448.
- Mcrae, K., Ochsner, K. N., Mauss, I. B., Gabrieli, J. J., & Gross, J. J. (2008). *Gender Differences In Emotion Regulation: An Fmri Study Of Cognitive Reappraisal*. *Group Processes & Intergroup Relations*, 143–162.
- Moleong, L. J. (2014). *Metode Penelitian Kualitatif*. Bandung: Pt. Remaja Rosdakarya.
- Mukarromah, R., & Nuqul, F. L. (2012). *Pengambilan Keputusan Mahasiswa Menikah Saat Kuliah Pada Mahasiswa UIN Maulana Malik Ibrahim Malang*. *Proceeding National Conference* , 136-154.
- Mukhid, A. (2009). *Self Efficacy: Perspektif Teori Kognitif Sosial Dan Implikasinya Terhadap Pendidikan*. *Tadris* , Vol 4 (1), 106-122.
- Munandar, A. S. (2001). *Psikologi Industri Dan Organisasi*. Tangerang: Ui Press.
- Niedenthal, P., Krauth, G. S., & Ric, F. (2006). *Psychology Of Emotion: Interpersonal, Experiential, And Cognitive Approaches*. London: Psychology Press.
- Nindyaningrum, S. V. (2014). *Dinamika Penyesuaian Perkawinan Pada Mahasiswa Program Sarjana Strata I*. Skripsi, 1-169.
- Niven, K. (2015). *Why Do People Engage In Interpersonal Emotion Regulation At Work?* *Organizational Psychology Review*, Vol. 6 (4), 305–323.
- Oktaviani, K. (2014, April 25). *Ini Usia Yang Tepat Untuk Menikah*. Retrieved From Lifestyle Wolipop: [Http://Wolipop.Detik.Com/Read/2014/04/25/193911/2566088/852/Ini-Uusia-Yang-](http://Wolipop.Detik.Com/Read/2014/04/25/193911/2566088/852/Ini-Uusia-Yang-)

- Olson, D. H., Defrain, J., & Skogrand, L. (2011). *Marriages And Families: Intimacy, Diversity, And Strengths, Seventh Edition*. New York: Mcgraw Hill .
- Ong, B., & Cheong, K. (2009). *Sources Of Stress Among College Students: The Case Of A Credit Transfer Program*. *College Student Journal*, Vol.43 (4), 1279-1286.
- Pajares, F. (1997). *Current Directions In Self-Efficacy Research*. M. Maehr Dan P.R. Pintrich (Ed.) *Advances In Motivation And Achievement*, Vol. 10, 1-49.
- Pajares, F., & Miller, M. (1994). *The Role Of Self-Efficacy Beliefs And Self-Concept Beliefs In Mathematical Problem-Solving: A Path Analysis*. *Journal Of Educational Psychology*, No. 86,193-203.
- Papalia, D. E., & Feldman, R. D. (2012). *Experience Human Development: Twelfth Edition*. New York: Mcgraw Hill International Edition.
- Phyllis, F., & Ansah, C. O. (2012). *Family Roles And Coping Strategies Of Female Students In Ghanaian Public Universities*. *International Journal Of Academic Research In Business And Social Sciences*, Vol. 2 (5), 191-205.
- Pistole, M. (2010). *Long Distance Romantic Couples: An Attachment Theoretical Perspective*. *Journal Of Marital And Family Therapy*, 115-125.
- Planalp, S. (1999). *Communicating Emotion: Not Just For Interpersonal Scholars Anymore*. *Communication Theory*, 216–228
- Poyrazli, S., & Kavanaugh, P. R. (2006). *Marital Status, Ethnicity, Academic Achievement, And Adjustment Strains: The Case Of Graduate International Students*. *College Student Journal*, Vol.40 (4), 767-780.
- Ramadhini, S., & Hendriani, W. (2015). *Gambaran Trust Pada Wanita Dewasa Awal Yang Sedang Menjalani Long Distance Marriage*. *Jurnal Psikologi Klinis Dan Kesehatan Mental*, 15-20.

- Reivich, K., & Shatte, A. (2002). *The Resilience Factor: 7 Keys To Finding Your Inner Strength And Overcoming Life's Hurdles*. New York: Broadway Books.
- Roberton, T., Daffern, M., & Bucks, R. S. (2012). *Emotion Regulation And Aggression*. *Aggression And Violent Behavior*, 72-82.
- Salovey, P., & Sluyter, D. J. (1997). *Emotional Development And Emotional Intellegence*. New York: Harper Collins Publisher.
- Santrock, J. W. (2002). *Life Span Development: Perkembangan Masa Hidup (Edisi Kelima)*. Jakarta: Erlangga.
- Santrock, J. W. (2013). *Psikologi Pendidikan: Edisi Kedua*. Jakarta: Kencana.
- Setyowati, R. (2010). *Keefektifan Pelatihan Keterampilan Pelatihan Regulasi Emosi Terhadap Enurunan Stres Pada Ibu Yang Memiliki Anak Attention Deficit Dan Hyperactive Disorder*. Skripsi.
- Silk, J., Steinberg, L., & Morris, A. (2003). *Adolescents' Emotion Regulation In Daily Life: Links To Depressive Symptoms And Problem Behavior*. *Child Development*, 1869-1880.
- Slavin, R. E. (2011). *Psikologi Pendidikan Teori Dan Praktek Edisi Kesembilan Jilid 1*. Jakarta: PT Indeks.
- Sreeramareddy, C. T., Shankar, P. R., Binu, V., Mukhopadhyay, C., Ray, B., & Menezes, R. G. (2007). *Psychological Morbidity, Sources Of Stress And Coping Strategies Among Undergraduate Students Of Nepal*. *Bmc Medical Education* , 1-9 .
- Sugiyono. (2010). *Metode Penelitian Kuantitatif Kualitatif Dan R&D*. Bandung : Alfabeta.
- Taylor, S. E., Letitia, A. P., & Sears, D. O. (2009). *Psikologi Sosial Edisi Kedua Belas*. Jakarta: Kencana Prenada Media Group.
- Turliuc, M. N., & Bujor, L. (2013). *Emotion Regulation Between Determinants And Consequences* . *Social And Behavioral Sciences*, 848-852.
- Thompson, R. A. (1994). *Emotion Regulation: A Theme In Search Of Definition*. *Monographs Of The Society For Research In Child Development*, 25-52.

- Tyrell, J. (1992). *Sources Of Stress Among Psychology Undergraduates*. The Irish Journal Of Psychology, Vol. 13, 184-192.
- Uno, H. B. (2010). *Teori Motivasi & Pengukurannya*. Jakarta: Bumi Aksara.
- Utami, F. T. (2009). *Penyesuaian Diri Mahasiswa Putri Yang Menikah Di Usia Muda*. Skripsi.
- Utami, N. M. (2013). *Hubungan Antara Dukungan Sosial Keluarga Dengan Penerimaan Diri Individu Yang Mengalami Asma*. Jurnal Psikologi Udayana, Vol. 1, No. 1, 12-21.
- Utomo, H. B. (2015). *Keterkaitan Antara Kognitif Dengan Regulasi Emosi*. 1-9.
- Vierhaus, M., Lohaus, A., & Ball, J. (2007). *Developmental Changes In Coping: Situational And Methodological Influences*. Anxiety, Stress, And Coping, 267-282.
- Widuri, E. L. (2012). *Regulasi Emosi Dan Resiliensi*. Humanitas, Vol. 9 No 2, 147-156.