

DAFTAR PUSTAKA

- Arikunto, S (2002). *Prosedur Penelitian, Suatu Pendekatan Praktik*. Jakarta: PT. Rineka Cipta.
- Arikunto, S. (2006). *Prosedur Penelitian Suatu Pendekatan Praktik (Edisi Revisi VI)*. Jakarta : Rineka Cipta.
- Bompa. Tudor O., (1983). *Power Training for Sport. Plyometrics for Maximum Power Development*. Canada : Ontario
- Bompa, T. O. (1994). *Theory and Methodology of Training. the key to Athletic Performance*, Dubuque, Iowa Kendal/Hunt Publishing Company.
- Bompa, T. O. (1994). *Theory and Methodology of Training*. Iowa: Kendal/Hunt Publishing Company.
- Bompa, T. O. (1994). *Theory and Methodology of Training; the key to athletic performance Dubuque*. Iowa: Kendal/Hunt Publishing Company.
- Beachel, R. T, & Earle, W. R. (1996). *Bugardengan Latihan Beban*. Jakarta: PT. Gafindo Persada
- Brian Mac, *Endurance Training*, (2005)
(<http://www..brianmac.co.uk/weight.htm>).
- Damiri, Ahmad. (1992). *Anatomi Manusia*. Bandung: FPOK IKIP Bandung.
- Fox, E. L, Bowers, R. W., & Foss, M. L. (1988). *The Psysiological Basic of Psysical Education and Athletics*. New York : Saunders College Publishing.
- Harre, D. (1982). *Princilpes Of Sport Training*. Berlin: Sportverlag
- Harsono. (1988). *Coaching dan Aspek-aspek Psikologi dalam Coaching*. Jakarta: PT. Dirjen Dikti P2LPT.
- Hidayat, I. (1994). *Biomekanika*. FPOK UPI Bandung
- Hidayatullah, M.F. 1995. *Teori Umum Latihan .Terjemahan General Theory of Training Josef Nossek*. Surakarta : Sebelas Maret University Press.
- Johnson, B.L, & Nelson, J.K. (1986). *Practical Measurement For Evaluation in Psysical Education*. New York: Mac Millan scientific Publications.
- Jonath. (1987). *Atletik*. Jakarta: Rosita Jaya.
- Lutan, Rusli, (1991). *Pengantar Belajarketerampilan Motorik, Pengantardan Metode*. Jakarta : Depdikbud

Imam Munandar, 2016

Peningkatan Power Tungkai Melalui Metode Neural Activation pada Member VIP Fitness and Health Centre Yakes Telkom Bandung

Universitas Pendidikan Indonesia | repository.upi.edu | perpustakaan.upi.edu

- Nazir, Mohammad. (1999). *Metode Penelitian (Edisi Ketiga)*. Jakarta :Ghalia Indonesia.
- Nossek, Jossef. (1982). *General Theory of Training*. Lagos: Pan Africa Press, Ltd.
- Pate, R Russel, McClenaghan, Bruce & Rotella, R. (1993). *Dasar-dasar Ilmiah Kepeatihan*. Terjemahan Kasiyo Dwijanito. Semarang : IKIP Semarang Press.
- Ruseffendy, E.T. (1994). *Dasar-dasar Penelitian Pendidikan Dan Bidang Non Eksata Lainnya*. Semarang. IKIP Semarang Press.
- Satriya. (2007). *Metodologi Kepeatihan Olahraga*. Bandung: Jurusan Pendidikan Kepeatihan dan Olahraga. FPOK UPI.
- Satriya. Dkk. (2010). *Modul Metode Kepeatihan Olahraga*. Bandung FFPOK UPI.
- Santoso, Singgih. (2007). *Menguasai STATISTIK di ERA INFORMASI Dengan SPSS 15*. PT Elex Media Komputindo Gramedia, Jakarta.
- Santoso Griwijoyo. (2007). *Ilmu faal Olahraga*. Bandung : FPOK UPI Bandung.
- Schmolinsky, Gerhardt. (1983). *Track and Field*. German : DVL Sport verlag.
- Sugiyono. (2009). *Metode Penelitian Kuantitatif Kualitatif Dan R & D*. Bandung: CV. Alfabeta
- Sajoto. M. (1995). *Pembinaan Kondisi Fisik dalam Olahraga*. Jakarta: Depdikbud
- Wilmore, & Costil. (1994). *Physiology of sport and exercise*. America Human Kinetic
- Wilmore, Jack. H & Costill, David. L, 1994, *Physiology of Sport And Exercise*. 2nd Ed. Champaign, Illionis : Human Kinetics Published, Inc.
- Zafar Sidik, Dikdik. (2005). *Pembinaan Kondisi Fisik*. Bandung: Buku Ajar FPOK UPI.