

## **ABSTRACT**

### **DEVELOPMENT PROGRAM FOR EMOTIONAL INTELLIGENCE OF GIFTED STUDENTS IN ACCELERATION CLASS OF SMA X MEDAN**

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Research design for development program of student emotional intelligence, specifically aimed to: (1) Determine the emotional intelligence of students; (2) Determine the distribution of emotional intelligence of students for each aspect; (3) Acquire the design program of emotional intelligence for gifted students. This research using quantitative and qualitative approaches. The research done in high school X Medan involving the vice principal, teachers, and a number of students as a data source. Data were collected through questionnaires and interviews. The results showed: (1) the emotional intelligence of students is in good category with a score of 3.35 (scale 84 of 100); (2) Aspects of the ability to manage emotions and empathy obtained a score of 3.3 (good). As for the aspects of self-awareness, the ability to use emotions productively and ability to build relationships obtained a score of 3.4 (good); (3) There are indications of problems that arise in the form of depression, excessive individualistic, lack of activity to facilitate the interest, talents and creativity of students, and excessive perfectionism (4) Programs compiled with the structure: title, background, objectives, materials, methods / strategies, time, and evaluation, to address the problems that arise.

**Keywords : Emotional Intelligence, Gifted students, Acceleration class**

## **ABSTRAK**

### **PROGRAM PENGEMBANGAN KECERDASAN EMOSI SISWA BERBAKAT DI KELAS AKSELERASI SMA X MEDAN**

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Penelitian perancangan program pengembangan kecerdasan emosi siswa, secara khusus bertujuan untuk : (1) Mengetahui kecerdasan emosi siswa; (2) Mengetahui distribusi kecerdasan emosi siswa untuk masing-masing aspek; (3) Memperoleh program kecerdasan emosi siswa berbakat. Penelitian menggunakan pendekatan kuantitatif dan kualitatif. Penelitian di lakukan di SMA X kota Medan yang melibatkan wakil kepala sekolah, wali kelas dan sejumlah siswa sebagai sumber data. Data dikumpulkan melalui angket dan wawancara. Hasil penelitian menunjukkan: (1) kecerdasan emosi siswa dalam kategori baik dengan skor 3,35 (84 skala 100); (2) Aspek kemampuan mengelola emosi dan empati memperoleh skor 3,3 (baik). Sedangkan untuk aspek kesadaran diri, kemampuan memanfaatkan emosi secara produktif dan kemampuan membina hubungan memperoleh skor 3,4 (baik); (3) Ada indikasi masalah yang muncul berupa depresi, sifat individualis yang berlebihan, kurangnya wadah untuk penyaluran minat bakat dan kreativitas siswa, serta perfeksionisme yang berlebihan (4) Program disusun dengan stuktur : judul, latar belakang, tujuan, materi, metode/strategi, waktu, dan evaluasi, untuk menanggulangi masalah-masalah yang muncul.

**Kata Kunci: Kecerdasan emosi, Anak berbakat, Kelas akselerasi**