

ABSTRAK

ANALISIS KEBUTUHAN LATIHAN TEKNIK PEMAIN SEPAKBOLA DALAM LIGA SUPER INDONESIA (Studi Analisis Terhadap Salah Satu Pemain Gelandang Persib Bandung)

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Tujuan dari penelitian ini adalah ingin mengetahui berapa kebutuhan latihan teknik pemain Persib Bandung. Metode penelitian yang digunakan yaitu deskriptif. Sampel yang digunakan adalah satu orang pemain gelandang sepak bola Persib Bandung, diambil menggunakan metode *purposive sampling*. Instrumen yang digunakan adalah *Video Recording* dan *Scoring Sheet*. Hasil yang diperoleh dianalisis dengan Uji Statistik Deskriptif. Dari analisis data diperoleh hasil Range *dribbling* adalah 4, *passing* 5, *shooting* 2, *longpassing* 3, *heading* 2 (range = max - min). Nilai minimum data *dribbling* 18, *passing* 21, *shooting* 1, *longpassing* 13, *heading* 1. Nilai maksimal data *dribbling* 22, *passing* 26, *shooting* 3, *longpassing* 16, *heading* 3. Nilai sum data *dribbling* 59, *passing* 69, *shooting* 5, *longpassing* 44, *heading* 6. Nilai mean (rata-rata) *dribbling* 19.67, *passing* 23, *shooting* = 1.67, *longpassing* 14.67, *heading* 2. Nilai standar deviasi *dribbling* 2.08, *passing* 2.64, *shooting* 1.15, *longpassing* 1.52, *heading* 1. Nilai variansi *dribbling* 4.3, *passing* = 7, *shooting* 1.33, *longpassing* 2.33, *heading* 1.

Kata kunci: Sepakbola, *dribbling*, *passing*, *shooting*, *long passing*, *heading*

ABSTRACT

THE TRAINING NEEDS ANALYSIS TECHNIQUES SOCCER PLAYER IN THE INDONESIAN SUPER LEAGUE (Study Analysis of One Midfielder Player in Persib Bandung)

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This research aims to point out the needs of technical training players Persib Bandung. The research method used is descriptive. The sample that used was one midfielder soccer player Persib Bandung, taken by using purposive sampling method. The instrument used is the Video Recording and Scoring Sheet. Results were analyzed with descriptive statistics test. Based on data analysis results dribbling Range is 4, 5 passing, shooting 2 longpassing 3, heading 2 (range = max - min). The minimum value of the data dribbling 18, 21 passing, shooting 1, longpassing 13, heading 1. The maximum value of the data dribbling 22, 26 passing, shooting 3 longpassing 16, heading 3. The sum value of the data dribbling 59, 69 passing, shooting 5, longpassing 44 , heading 6. The mean (average) 19.67 dribbling, passing 23 shooting = 1.67, longpassing 14.67, heading 2. The standard deviation 2:08 dribbling, passing 2.64, shooting 1:15, 1:52 longpassing, heading 1. Value variance dribbling 4.3, passing = 7, shooting 1:33, 2:33 longpassing, heading 1.

Kata kunci: *Soccer, dribbling, passing, shooting, long passing, heading*