

ABSTRAK

HUBUNGAN KECERDASAN EMOSIONAL DENGAN TINGKAT AGRESIVITAS ATLET BELA DIRI KARATE (Studi Deskriptif di UKM Karate UPI)

Pembimbing I : Dr. Komarudin, M.Pd

Pembimbing II : Drs. Basiran, M.Pd

Muhamad Hilmanudin

Penelitian ini membahas mengenai hubungan kecerdasan emosional dengan tingkat agresivitas atlet UKM karate UPI. Tujuan penelitian untuk mengetahui tingkat signifikan hubungan kecerdasan emosional dengan tingkat agresivitas atlet UKM karate UPI. Metode yang digunakan dalam penelitian ini adalah metode deskriptif. Populasi atlet UKM karate UPI berjumlah 15 orang. Sampel atlet UKM karate UPI sebanyak 15 orang yang diambil dengan teknik sampel keseluruhan (*total sampling*). Instrumen tes angket kecerdasan emosional dan tingkat agresivitas. Teknik pengolahan data menggunakan korelasional sederhana, diperoleh bahwa terdapat hubungan yang signifikan kecerdasan emosional dengan tingkat agresivitas atlet UKM karate UPI dengan koefisien korelasi sebesar 0.86 yang berarti kecerdasan emosional memiliki hubungan yang kuat dengan tingkat agresivitas atlet UKM karate UPI. Berdasarkan hasil penelitian tersebut, penulis memberikan saran bahwa dalam pembinaan atlet kecerdasan emosional perlu ditingkatkan, karena kecerdasan emosional dapat mempengaruhi tingkat agresivitas atlet, sehingga berdampak pada prestasi atlet, karena semakin tinggi kecerdasan emosional semakin baik tingkat agresivitas atlet.

Kata-kata kunci : Kecerdasan emosional, Tingkat Agresivitas Atlet, Atlet UKM karate UPI.

Muhamad Hilmanudin, 2015

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ABSTRACT

THE RELATIONSHIP OF EMOTIONAL INTELLIGENCE WITH THE LEVEL OF AGGRESIVENES ATHLETES KARATE (Descriptive Study of Karate as Students Activity Unit in UPI)

The first supervisor : Dr. Komarudin, M.Pd
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This research explained about the relationship of Emotional Intelligence with The Level of Aggressiveness Athletes Karate on student activity units in UPI. The purpose of this research was to find out the level of emotional intelligence significant correlation with the level of aggressiveness athletes karate on student activity units in UPI. The research used descriptive method. The population of karate athletes on student activity units in UPI consist 15 students. The sample of athletes karate on students activity units in UPI consisted 15 students were taken with the overall technique samples (total sampling). The instrument used questionnaire test. Data processing technique used simple correlations, show that there was a significant relationship emotional intelligence with the level of aggressiveness athlete karate in UPI with a correlations coeffisien of 0.86 which means the emotional intelligence has a strong relationship with the level of aggressiveness athlete karate in UPI. Based on the result, the writer suggest that the emotional intelligence coaching athletes need to be improve, because emotional intelligence can be affect the level of aggressiveness of athletes. So the impact on the athletes performance, because the higher emotional intelligence the better level of aggressiveness athlete.

Key words : emotional intelligence, aggressiveness athlete, athletes of student activity units.

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