

ABSTRAK

Tujuan dari penelitian ini yaitu tercapainya pemahaman siswa terhadap nilai estetika gerak tari yang dapat meningkatkan kemampuan siswa dalam melakukan gerak tari melalui VCT (*Value Clarification Technique*). VCT (*Value Clarification Technique*) pada pembelajaran seni tari merupakan pemahaman mengenai nilai-nilai estetika gerak tari dengan menganalisis suatu bentuk gerak tari, di dalamnya terdapat tiga proses klarifikasi nilai yaitu memilih (memilih gerak, menjelaskan gerak, dan membedakan gerak), menghargai/ menjunjung tinggi seni tari (melakukan alternatif gerak), dan bertindak (menciptakan gerak, ketepatan gerak, dan mengkombinasikan gerak). Jenis penelitian ini adalah *pre-experimental design* yaitu *one-group pretest-posttest design* untuk mengetahui sebelum dan setelah diterapkannya VCT (*Value Clarification Technique*). Rangkaian penelitian dilakukan dimulai dengan pengumpulan data, observasi lapangan, wawancara, serta tes, sedangkan teknik analisis data menggunakan analisis statistik deskriptif.

Berdasarkan hasil analisis data maka kemampuan gerak tari siswa dalam pembelajaran seni tari sebelum menggunakan VCT (*Value Clarification Technique*) memiliki kemampuan gerak tari rendah mencapai rata-rata (64,60), saat pembelajaran seni tari melalui VCT (*Value Clarification Technique*) dengan hasil data lapangan siswa mengalami peningkatan, siswa berhasil mencapai rata-rata (84,52), menunjukkan bahwa VCT (*Value Clarification Technique*) dapat memberi peningkatan terhadap kemampuan gerak tari siswa dengan t hitung = 31,94 dan t tabel = 1,697, dapat diketahui t hitung lebih besar dari t tabel, hasil perlakuan signifikan atau mengalami peningkatan.

Kata kunci : VCT (*Value Clarification Technique*), kemampuan gerak tari

ABSTRACT

The purpose of this study is to achieve student understanding toward dance motion aesthetics value which is able to increase student ability in doing dance motion through VCT (Value Clarification Technique). VCT in the dance art lesson is a comprehension of dance motion aesthetics values based analyze dance motion form, there are three value clarification processes, they are choose (choose, explain, and differentiate the motion), appreciate dance art (perform alternative motion) and act (create the motion, motion accuracy, and combine the motion). The genre of this study is pre-eksperimental design of one-group pretest-posttest to find out before and after the VCT was applied. The structure of study are begun by data collection, field observation, interview, and test, whereas data analysis technique use descriptive statistics analysis.

Based on data analysis result from the student ability in lesson of dance art before use VCT have low dance motion ability reach average (64,40), while lesson of dance art through VCT there is an increasing based on the result of field data, student able to reach average (84,52), it show that VCT able to give an increasing toward student dance motion ability with t count= 31,94 and t table 1,697, it can be seen that t count greater than t table, significant treatment results or has increased.

Key word : VCT (*Value Clarification Technique*), dance motion ability