

## DAFTAR PUSTAKA

- Aldao, Amelia. (2013). The Future of Emotion Regulation Research: Capturing Context. *Association For Psychological Science (aps). Perspective on Psychological Science* 9 (2) 155-172. Sagepub.com. Departement of Psychology, Ohio State University, Columbus.
- Azwar, Saifuddin. (2010). *Reliabilitas dan Validitas Edisi ke-3*. Pustaka Pelajar. Yogyakarta.
- Azwar, Saifuddin. (2013). *Penyusunan Skala Psikologi Edisi ke-2*. Pustaka Pelajar. Yogyakarta.
- Barrett & Gross. (2011). Emotion Generation and Emotion Regulation: One or Two Depends on Your Point of View. *The International Society for Research on Emotion Vol 3, No.1 8-15 ISSN 1754-0739*. Sagepub.com. USA.
- Benard, Bonnie. (2004). *Resiliency: What We Have Learned*. San Fransisco. WestEd.
- Bucks, Daffern, & Roberton. (2012). Emotion Regulation and Aggression. *Aggression and Violent Behavior*. Vol. 17, 72-82. Australia.
- Bujor & Turliuc. (2013). Emotion Regulation Between Determinants and Consequences. *Education Facong Contemporary World Issues. Procedia-Social and Behavioral Sciences* 76 (2013) 843-852. Faculty of Psychology and Education Sciences, Alexandru Ioan Cuza, University Iasi and Suceava. Romania.
- Cafferty & Sugarman. (1971). *Steppingstones to Professional Nursing*. C.V. Mosby Company. Saint Louis.
- Cash, and Gardner. (2011). Cognitive Hardiness, Appraisal, and Coping: Comparing Two Transactional Models. *Journal of Managerial Psychology*. Vol. 26 No. 8, 2011. <http://www.emeraldinsight.com/0268-3946.htm>
- Cole, Martin, and Dennis. (2004). Emotion Regulation as a Scientific Construct Methodological Challenges and Directions for Child Development Research. *Journal Child Development*. Vol. 75, Number 2, Pages 317-333.
- Eschleman & Bowling, (2010). A Meta-Analytic Examination of Hardiness. *International Journal of Stress Management*. Vol.17, No. 4. 277-307. American Psychological Assosiation. America.
- Fitroh, Siti. (2011). Hubungan antara Kematangan Emosi dan Hardiness dengan Penyesuaian Diri Menantu Perempuan yang Tinggal di Rumah Mertua. *PSIKOISLAMKA, Jurnal Psikologi Islam*. Vol.8 No.1 tahun 2011. Universitas Gajah Mada. Yogyakarta.
- Gini, and Sullivan. (1989). *It Comes with The Territory; An Inquiry Concerning Work and The Person*. United States. Random House, Inc.

- Gross, J.J. (1998). Antecedent and Response Focused Emotion Regulation; Divergent Consequences for Experience, Expression, and Physiology. *Journal of Personality and Social Psychology*. Vol. 74, No. 1,224-237. Stanford University.
- Gross, J.J. (2007). *Handbook of Regulation Emotion*. The Guilford Press. NewYork.
- Gross, J.J., & John, O.P. (2013). *Emotion Regulation Questionnaire*. Measurement Instrument Database for the Social Science. Retrieved from: [www.midss.ie](http://www.midss.ie)
- Gunarsa & Gunarsa. (2008). *Psikologi Perawatan*. Jakarta. PT. BPK Gunung Mulia.
- Haji, Mohammadkhani, & Hahtami. (2011). The Effectiveness of Life Skill Training on Happiness, Quality of Life and Emotion Regulation. *Procedia-Social and Behavioral Science*. Vol. 30 (2011) 407-411.Iran.
- Hansen. (2000). *Is There a relationship Between Hardiness and Burnout in Full-time Staff Nurses Versus Per Diem Nurses?*. Thesis. Grand Valley State University.
- Hardjana. A.M. (1994). *Stres Tanpa Distres*. Kanisius. Yogyakarta
- Hurlock, Elizabeth B. (1991). *Psikologi Perkembangan Suatu Pendekatan Sepanjang Rentang Kehidupan Edisi Kelima*. Jakarta: Erlangga
- Hystad, Sigurd. (2012). Exploring Gender Equivalence and Bias in a Measure of Psychological Hardiness. *International Journal of Psychological Studies*. Vol.4, No.4;2012. ISSN 1981-7211.Norway.
- Ingranurindani, Bella. (2008). *Hubungan antara Strategi Regulasi Emosi secara Kognitif dengan Hardiness pada Ibu Bekerja*. Skripsi. Tidak diterbitkan. Universitas Indonesia.
- Jahja, Yudrik. (2011). *Psikologi Perkembangan*. Jakarta: Kencana Prenada Media Group.
- Jomhari. (2002). *Relationship Hardiness and Tendency to Anxiety and Depression Among Male and Female Students of Tehran Universities*. Thesis. The Psychological Department of Allame TabatabaiUniversity.

- Kardum, Krapić & Knežević. (2012). The Structure of Hardiness, its Measurement Invariance across Gender and Relationships with Personality Traits and Mental Health Outcomes. *Psychological Topics Journal* 21 (2012), 3, 487-507. Croatia.
- Keliat (1999). *Proses Keperawatan Kesehatan Jiwa*, Edisi 1. Jakarta. EGC.
- Khaledian. Hasanvand. Pour. (2013). The Relationship of Psychological Hardiness with Workholism. *International Letters of Social and Humanistic Sciences*. 5(2013) 1-9. ISSN 2300-2697.
- Kobasa, S.C, Maddi, S.R, & Kahn, S. (1982). Hardiness and Health: A Prospective Study. *Journal of Psychology and Social Psychology*. Vol. 42, No. 1, 168-177.
- Martina, Anggra. (2012). *Gambaran Tingkat Stres Kerja Perawat di Ruang Rawat Inap Rumah Sakit Paru Dr. Moehammad Goenawan Partowidigdo Cisarua Bogor (RSPG)*. Skripsi. Jakarta. Universitas Indonesia.
- Maddi (2013). Personal Hardiness as The Basis for Resilience. *SpringerBriefs in Psychology*. DOI: 10.1007/978-94-007-5222-1\_2.
- Maddi & Khoshaba. (2005). *Resilience at Work: How to Succeed No Matter What Life Throws at You*. United States of America. AMACOM.
- Magai, Consedine, King, & Gillespie. (2003). Physical Hardiness and Styles of Socioemotional Functioning in Later Life. *Journal of Gerontology; PSYCHOLOGICAL SCIENCES*. Vol 58B, No.5, P269-P269. Newyork.
- McRae, Ochsner, Mauss, Gabrieli, & Gross. (2008). Gender Differences in Emotion Regulation: An fMRI Study of Cognitive Reappraisal. *Journal GPIR (Group Processes & Intergroup Relations)*. Vol. 11 (2) 143-162. Sagepub.com
- Morrisan. (2012). *Metode Penelitian Survei*. Jakarta. Kencana.
- Moustaka, E., & Constantinidis, T.C. 2010. Sources and effects of work-related stress in nursing. *Health science journal*, Vol 4, No 4, 210-216.
- Murray, Rachel. (2006). *Managing Your Stress; A Guide for Nurses*. London. Royal College of Nursing.
- Parkins, R. (2012). Gender and Emotional Expressiveness: An Analysis of Prosodic Features in Emotional Expression. *Journal. Griffith Working Paper in Pragmatics and Intercultural Communication*. 5, 1 (2012), 46-54.
- Reivich, and Shatte. (2002). *The Resilience Factor*. Newyork. Broadways Book
- Robbins, P. (2006). *Perilaku Organisasi*. New Jersey. Pearson Education, Inc.

- Sajadi, Kiakojouri, & Hatami. (2012). The Relationship Between Anxiety and Difficulties in Emotional Regulation with General Health and Psychological Hardiness in Students of Islamic Azad University, Tonekabon Branch (2011-2012). *Indian Journal of Fundamental and Applied Life Sciences*. Vol. 2 (3) July-September, pp. 117-125. ISSN: 2231-6345. Iran.
- Santrock, J.W. (2002). *Life Span Development Jilid 2*. Jakarta: Erlangga.
- Sami'an dan Revalicha. (2013). Perbedaan Stres Kerja ditinjau dari Shift Kerja pada Perawat di RSUD Dr. Soetomo Surabaya. *Jurnal Psikologi Industri dan Organisasi*. Vol. 2 No.1. Universitas Airlangga. Surabaya.
- Samosir & Syahfitri. (2008). Faktor Penyebab Stres Kerja Pustakawan pada Perpustakaan Universitas Sumatera Utara. *Jurnal Studi Perpustakaan dan Informasi*. Vol.4, No. 2, Desember 2008. Sumatera Utara.
- Sari, Indah. (2013). Hardiness dengan *Problem Focus Copying* pada Wanita Karir. *Jurnal Online Psikologi*. Vol. 01 No. 02, thn 2013. Malang
- Sheard, Michael. (2009). Hardiness Commitment, Gender, and Age Differentiate University Academic Performance. *British Journal of Educational Psychology* (2009), 79, 189-204. DOI: 10.1348/000709908X304406.
- Sheppes & Levin. (2013). Emotion Regulation Choice: Selecting Between Cognitive Regulation Strategies to Control Emotion. Article. *Frontiers in Human Neuroscience*. . DOI: 10.3389/fnhum.2013.00179. TelAviv, Israel.
- Silalahi, Ulber. (2010). *Metode Penelitian Sosial*. Bandung. PT Refika Aditama
- Siregar, Syofian. (2013). *Metode Penelitian Kuantitatif*. Jakarta. Kencana Prenada Media Group.
- Smith & Segal R. (2013). *Stress Management*. [Online]. Tersedia di: ([http://www.helpguide.org/mental/stress\\_management\\_relief\\_coping.htm](http://www.helpguide.org/mental/stress_management_relief_coping.htm)). Diakses pada: 06 Januari 2014.
- Sugiyono. (2013). *Metode Penelitian Pendidikan: Pendekatan Kuantitatif, Kualitatif, dan R & D*. Bandung: Alfabeta.
- Thompson, Ross. (2013). Emotion Regulation: A Theme in Search of Definition. *Society for Research in Child Development*.
- Umar, Husein. (2008). *Desain Penelitian MSDM dan Perilaku Karyawan*. Jakarta. Rajawali Press.
- Vogt, Rizvi, Shipherd, & Resick. (2008). Longitudinal Investigation of Reciprocal Relationship Between Stress Reactions and Hardiness. *Personality and Social Psychology Bulletin*, 34, 61-74.

- Welborn *et.al.* (2009). Variation in Orbitfrontal Cortex Volume: Relation to Sex, Emotion Regulation and Affect. *Social Cognitive and Affective Neuroscience*. Yale University.
- Widuri. (2012). Regulasi Emosi dan Resiliensi Mahasiswa Tahun Pertama. *Jurnal Humanitas*. Vol. IX, No. 2 Agustus 2012. Yogyakarta.
- Widhiarso & Sumintono. (2013). *Aplikasi Model Rasch Untuk Penelitian Ilmu-ilmu Sosial*". Bandung. Trim Komunikata Publishing House.
- Widyasari, Putri. (2010). *Stress Kerja*. [Online]. Tersedia di (<http://rumahbelajarpsikologi.com/index.php/area-terapan-mainmenu-30/organisasi-mainmenu-66/stres-kerja-mainmenu-72>). Diakses pada: 29 Desember 2013 pukul 23.38.
- Yuliani, Risa. (2013). Emosi Negatif Siswa Kelas XI SMA N Sungai Limau. *Jurnal Ilmiah Konseling*. Vol. 2, No. 1 hlm. 151-155. Padang.
- Yusuf, Syamsu. (2009). *Mental Hygiene: Terapi Psiko-Spiritual untuk Hidup Sehat Berkualitas*. Bandung. Maestro.