

DAFTAR PUSTAKA

- Abdullah, N & Dan, S. (2011). A Study On Stress Level Among Part-Time Students In Higher Institution In Kuala Lumpur, Malaysia. *Journal of Global Management* 3(1).
- ABKIN. (2008). *Penataan Pendidikan Profesional Konselor dan Layanan Bimbingan dan Konseling dalam Jalur Pendidikan Profesional*. Bandung : Depdiknas.
- Agola & Ongori. (2009). An Assessment of Academic Stress Among Undergraduate StudentsL The Case of University of Botswana. *Educational Research and Review*, 4(2), pp. 63-70.
- Alkan, N. (2004). *Cognitive Appraisal, Emotion, and Coping: A Structural Equation Analysis of The Interacrional Model of Stress and Coping*. (Thesis). Department of Educational Sciences.
- Bannink, F. (2007). *Solution-Focus Brief Therapy*. Springer Science+Business Media.
- Bannink, F. (2008). Posttraumatic Succes: Solution-Focus Brief Therapy. *Oxford University Press*, 8(3), pp. 215-225
- Bartram, D & Gardner, D. (2008) Coping With Stress. *In Practice*, 30, pp. 228-231.
- Berkel, H. (2009). *The Relationship Between Personality, Coping Styles and Stress, Anxiety and Depression*. (Thesis). University of Canterbury.
- Calaguas, G. (2011). Curriculum And Sex-Specific Differences In Academic Stress Arising From Perceived Expectations. *International Journal Of Human And Social Sciences*, 6(1), pp.63-66.
- Calaguas, G. (2013). Parents/Teachers And Self-Expectations as Sources of Academic Stress. *International Journal of Research Studies in Psychology*, 2(1), pp. 43-52.
- Casey, *et al.* (2010). The Storm and Stress of Adolescence: Insight from Human Imaging and Mouse Genetics. *Dev Psychobiol* 52(3), pp. 225-235.
- Chapman, Cook, & Kearney. (2007) *School stress and School Refusal Behavior*. USA: University of Nevada, Las Vegas.
- Chen *et al.* (2013). The Impact of Academic Stress on Medical Students Attending College in The Inner Mongolia Area of China. *Open Journal of Preventive Medicine*, 3(2), pp. 149-154.

Fima Febrianti, 2014

Efektivitas Konseling Singkat Berfokus Solusi untuk Meningkatkan Kemampuan Mengelola Stres Akademik

Universitas Pendidikan Indonesia | repository.upi.edu | perpustakaan.upi.edu

- Clemmit, M. (2007). Student Under Stress. *CQ Reseracher*, 17(25), pp. 577-600.
- Cleveland, P. H., & Lindsey, E. W. (1995). *Solution-Focused Family Interventions*. In A. C. Kilpatrick & T. P. Holland (Eds.), *Working with families* (pp. 145-160). Boston: Allyn & Bacon.
- Corey, G. (2012). *Theory & Practice of Group Counseling eight edition*. USA
- Creswell, J W. (2012). *Educational Research: Planning, Conducting, And Evaluating Quantitave and Qualitative Research Fourth Edition*. Boston: Pearson Educationa, Inc.
- Cunanan, E. (2003). *What Work When Learning Solution Focused Brief Therapy: A Qualitative Analysis of Trainees' Experiences*. (Thesis). Virginia: Virginia Polytechnic Institute and State University.
- Dahlan, T. (2008). *Model Konseling Singkat Berfokus Solusi (Solution Focused Brief Counseling) Untuk Meningkatkan Daya Psikologis Mahasiswa*. Desertasi SPS UPI Bandung: Tidak diterbitkan
- Dedeyn, R. (2008). A comparison of Academic Stress Among Australian and International Students. *Journal of Undergraduate XI*.
- Desmita. (2012). *Psikologi Perkembangan Peserta Didik: Panduan Bagi Orang Tua Dan Guru Dalam Memahami Psikologi Anak Usia SD, SMP, Dan SMA*. Bandung: Remaja Rosdakarya.
- Desmita. (2013). *Psikologi Perkembangan*. Bandung: Remaja Rosdakarya
- Djebarni, R. (1996). The Impact of Stress In Site Management Effectiveness. *Construction Management and Economics*, 14, pp. 281-293.
- Donkoh, Yelkpieri & Donkoh. (2011). Coping stress: Strategies Adopted by Students at the Winneba campus of University of Education. *US-China Education Review B*, 2, pp. 290-299.
- Durak, M. (2007). *The Relationship Between Cognitive Appraisal of Stress, Coping Strategies And Psychological Distress Among Correctional Officers: Personal And Environmental Factors*. (Thesis). Middle East Technical University.
- Eccles, J. (1999). The Development of Children Ages 6 to 14. *The Future of Children When School Is Out*, 9(2), pp. 30-44.
- Furqon. (2008). *Statistika Terapan untuk Penelitian*. Bandung: Alfabeta.

- Gingerich & Eisengart. (2000). Solution-Focused Brief Therapy: A Review of the Outcome Research. *Family Process, Vol. 39(4)*, pp. 477-481. Retrieved from http://www.researchgate.net/publication/227537083_SolutionFocused_Brief_Therapy_A_Review_of_the_Outcome_Research%2A
- Herreo, Ramírez, & González. (2008). Personality, Cognitive Appraisal and Adjustment in Chronic Pain Patients. *The Spanish Journal of Psychology, 11(2)*, pp. 531-342.
- Horner, R. H. *et al.* (2005). The Use of Single-Subject Research to Identify Evidence-Based Practice in Special Education. *Council for Exceptional Children, 71, (2)*, 165-179.
- Hurlock, E.B. (1980). *Development Psychologi: A Life Span Approach*. Alih Bahasa. Istiwidayanti dan Soedjarwo. *Psikologi Perkembangan: Pendekatan Sepanjang Rentang Kehidupan*. Jakarta: Erlangga.
- Hussain, Kumar & Husain. (2008). Stress and Adjustment Among High School Students. *Journal of the Indian Academy of Applied Psychology, 34*, pp 70-73.
- Irvine, A. R. (1997). *Between Two Worlds*. London: Mowbray.
- Jacobs, E., Masson, R. & Harvil, R. (2009). *Group Counseling Strategies and Skills sixth edition*. USA
- Jennifer, Smith & Flaschbart. (2007). Relations Between Personality and Coping: A Meta-Analysis. *Journal of Personality and Social Psychology Vol. 93(66)*, pp. 1080-1107.
- Kate, Kulkarni, Shetty, Deshmukh & Moghe. (2010). Acknowledging Stress in Undergraduate Medical Education and Methods if Overcoming It. *Current Research Journal of Social Science, 2(5)*, pp. 282-287.
- Kegley, B.J. (2000). *Perceptions of Elementary School Counselors Regarding the Utility of Solution-Focused Brief Counseling In the School Setting. (Dissertation)* Virginia: Faculty of the Virginia Polytechnic Institute and State University.
- Kim. (2014). *Examining the Effectiveness of Solution-Focused Brief Therapy: A Meta-Analysis Using Random affects Modeling*. Austin, Texas: University of Texas.
- Kirschner, J. (2011). The Stress Coping Skills of Undergraduate Sollegiates Aviators. *College of Technology Masters Theses*. Paper 51

Fima Febrianti, 2014

Efektivitas Konseling Singkat Berfokus Solusi untuk Meningkatkan Kemampuan Mengelola Stres Akademik

Universitas Pendidikan Indonesia | repository.upi.edu | perpustakaan.upi.edu

- Kremer *et al.* (2014). Effectiveness of a Web-Based Solution-focused Brief Chat Treatment for Depressed Adolescents and Young Adults: Randomized Cptrolled Trial. *Journal Of Medical Internet Research, Vol. 16.*
- Krohne, H. (2002). *Stress and Coping Theories*. Universität Mainz Germany: Johannes Gutenberg.
- Kusz, M. (2009). *Stress In Elementary School. (Theses)*. Northern Michigan University.
- Langer, S. (2013). *Solution Focused Brief Therapy: What Is It & What's The Evidence?.* Olimpia: Northwest Brief Therapy Training Center.
- Lazarus & Folkman. (1984). *Stress, Appraisal, And Coping*. New York: Springer Publishing Company.
- Lazarus, R. (1993). From Psychological Stress to The Emotion: A History of Changing Outlooks. *California: University of California, Department of Psychology.*
- Lebraty, Lièvre, Récopé & Rix-Lièvre. (2013). Stress and Decision: The Role of Experience. *US: 10th International Conference on Naturalistic Decision Making: Florida, (1-10)*, pp. 266-270.
- McNeely & Blanchard. (2013). Teen Stress. *Center for Adolescence Health.*
- Moosa, E & Munaf, S. (2012). Emotion and Problem Focused Coping Strategies: A Comparative Study of Psychiatric Patients and Normal Adulits. *Institute of Clinical Psychology, University of Karachi, Karachi, Pakistan, 53(21)*, pp. 96-100.
- Nandamuri & Gowthami. (2013). Sources Of Academic Stress – Study On Management Students. *ITM Business School; Hunter Road, Warangal: India.*
- Nasution, I. (2007). Stres Pada Remaja. *Makalah, USU Repository*. Retrieved from <http://repository.usu.ac.id/handle/123456789/3637>
- Nayak, J. (2008). *Factors influencing Stress Anda Coping Strategies Among The Degree College Teachers of Dhaward City, Karanataka. (Thesis)*. Dhaward: Univertsity of Agricultural Scienses.
- Newness, K. (2011). Stress and Coping Style. An Extension to the Transactional Cognitive-Appraisal Model. *FIU Electronic Theses and Dessertations, Paper 346*. Retrieved from <http://digitalcommons.fiu.edu/etd/346>

- Newsome, S. (2013). *The Effectiveness and Utility of Solution Focused Brief Therapy (SFBT) with at-Risk Junior High School Students: A Quasi-Experimental Study*. Ohio: Ohio State University, pp. 50-57.
- Nourbakhsh & Ottenbacher. (1994). The Statistical Analysis of Single Subject Data: A Comparative Examination. *Journal of the American Physical Therapy Association*, Vol 74(8), pp. 768-776.
- Nurdini, K. (2009). *Efektivitas Konseling Kognitif Perilaku untuk Mengelola Stres Akademik Siswa SMK*. Skripsi FIP UPI Bandung: Tidak diterbitkan.
- Nurmalasari, Y. (2011). *Efektivitas Restrukturisasi Kognitif Dalam Menangani Stres Akademik Siswa*, Skripsi FIP UPI Bandung: Tidak Diterbitkan.
- O'Connell, B. (2004). *Solution-Focused Stress Counseling*. SAGE Publication Ltd.
- Pakenham, Chiu, Bursnall & Cannon. (2007). Relations between Social Support, Appraisal and Coping and Both Positive and Negative Outcomes in Young Carers. *Journal of Health Psychology*, 12(1), pp. 89-102.
- Pandaya, Deshpande & Karani. (2012). A Study On Impact Of Academic stress On MBA Students of Gujarat Technological University. *International Refereed Research Journal*, III, 3(3), pp. 20-28.
- Parilla, E. (2012). Level of Stress Experienced by NWU Employees: Towards Developing a Stress Management. *Asian Journal of Management Research*. 2 (2).
- Pereira, P. (2013). *The Stress of Life: Understanding and Managing Stress*. Stress Booklet.
- Posella, D. (2014). *Coping Styles Used by Introverts and Extroverts in Varying Stress Situations*. St. Bonaventure University. Retrieved from <http://web.sbu.edu/psychology/lavin/daniella.htm>
- Purwati, S. (2012). *Tingkat Stres Akademik Pada Mahasiswa Reguler Angkatan 2010 Fakultas Ilmu Keperawatan Universitas Indonesia*. Skripsi FIK UI Jakarta: Retrived from lontar.ui.ac.id/file?file=digital/20299163-S1958.
- Rahmawati, D. (2012). *Pengaruh Self-Efficacy Terhadap Stres Akademik Pada Siswa Kelas Rintisan Sekolah Bertaraf Internasional (RSBI) di SMP Negeri 1 Medan*. Skripsi Fak. Psikologi Sumatera Utara: Retrieved from <http://repository.usu.ac.id/handle/123456789/32182>.
- Rahmayati. (2013). *Stres dan Coping Remaja yang mengalami perceraian pada Orangtua*. Depok: Universitas Gunadarma.

- Ramya & Parthasarathy. (2009). A Study on Coping Patterns of Junior College Students. *Indian Journal Psychol Med, Vol 31(1)*. pp (45-47). Retrieved from <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3168080/>
- Rao, A.S. (2008). Accademic Stress and Addolescent Distress: The Experiences of 12th Standard Students In Chennai, India. (*Dissertation*) India: Universon of Arizona
- Roberson, J. B. (1985). *The Effect Of Stress Inoculation Training In A Classroom Setting On State-Trait Anxiety Level And Self Concept Of Early Adolescents*. (*Dissertation*). Texas : Graduate Faculty Of Texas Tech University.
- Rusmana, N. (2009). *Bimbingan dan Konseling Kelompok Di Sekolah (Metode, Teknik, dan Aplikasi)*. Bandung: RIZQI PRESS.
- Saadatzaade & Khalili. (2012). Effects Solution – Focused Group Counseling on Student’s Self – Regulation an Academic Achievement. *International Journal for Cross Disciplinary in Education (IJCDSE)*, 3 (3), pp. 780-787.
- Sahin, Guler, & Basim. (2009). The Relationship between Cognitive Intellegence, Emotional Intellegence, Coping and Stress Symptomps in the context of Type A Personality Pattern. *Turkish Journal of Psyciatry*, pp. 1-9.
- Sangabakti, S. (2011). *Strategi Bimbingan Kelompok Untuk Meningkatkan Kemampuan Siswa Dalam Mengelola Stres*. Tesis SPS UPI Bandung: Tidak Diterbitkan.
- Santrock, J.W. (2003). *Adolescence, sixth edition*. Alih Bahasa Adelar & Saragih. *Adolescence*, edisi keenam. Jakarta: Erlangga.
- Santrock, J. W. (2007). *Child Development, eleventh edition*. Alih Bahasa Rahmawati & Kusniati. Perkembangan Anak, edisi ketujuh jilid dua. Jakarta: Erlangga.
- Schraml, Perski, Grossi, Makower. (2012). Chronic Stress and Its Consequences on Subsequent Academic Achievement among Adolescents. *Journal of Educational and Developing Psychology*.2(1), pp. 69-79.
- Shing, C & Wen, C. (2013). *Study of Solution Focused Brief Groip Counseling for Low Self-Concept Vocantional High School Students*. Taiwan: National Changhua University of Education.
- Singh, Sharma & Sharma. (2011). Level of Stress And Coping Strategies Used by Nursing Interns. *Nursing and Mideifery Research Journal*, 7(4), pp. 152-160

- Sugiyono. (2011). *Metode Penelitian Kuantitatif Kualitatif dan R&D*. Bandung: Alfabeta
- Suratno. (2013). *Konsep Kemampuan Sumberdaya Manusia*. Kab. Kepl. Sitaro: Kantor Tata Usaha Kemenag.
- Suryani, Y. (2012). *Program Bimbingan Kelompok Untuk Meningkatkan Kemampuan Siswa Mengelola stres Sekolah*. Tesis FIP UPI Bandung: Tidak diterbitkan
- Swanson. (2007). Adolescence. *USA: Allegheny General Hospital, Pittsburgh, PA, 1*, pp. 32-41.
- Syaodih, N. (2013). *Metode Penelitian Pendidikan*. Bandung: Rosdakarya.
- Tanpa nama. (2005). Helping Teenagers Deal with Stress. *American Academy of Child & Adolescent Psychiatry*, 66.
- Tyran, J. (2013). Coping. *International Encyclopedia of The Social Sciences, 2nd edition*, pp. 128-130.
- Wan, Chapman & Biggs. (1992). *Academic Stress of International Students Attending U.S Universities*. *Research in Higher Education*. Vol.33 (5).
- Wahyuningsih, W. (2010). *Perbedaan Tingkat Stres Akademik dan Strategi Pengelolaannya Antara Siswa SMP Program Akselerasi Dengan Kelas Reguler*. Skripsi FIP UPI Bandung: Tidak diterbitkan.
- Wen, C. (2013). A Study of Stress Sources Among College In Taiwan. *Journal of Academic and Business Ethics*, pp 1-8.
- Wilks, S. E. (2008). Resilience A Mid Academic Stress: The Moderating Impact Of Social Support Among Social Work Students. *International Journal Of Social Work*, 9(2), pp. 106-125.
- Woods, Bond, Humprey & Symes. (2011). Sistematic Review of Solution Focused Brief Therapy (SFBT) With Children and Families. *Research Brief*.
- Xiao, J. (2013). Acadmic stress, Test Anxiety, and Performance in a Chinese High School Sample: The Moderating Effects of Coping Strategies and Perceived Social Support. *Counseling and Psychological Service Dissertations*. Paper 88
- Yusoff, Muhamad. (2010). *Stress, Stressor and Coping Strategies among Secondary School Student In Malaysian Government Secondary School: Initial Finding*. *ASEAN Journal of Psychiatry*. Vol. 11(2).

Yusuf, S. (2006). *Mental Hygiene*. Bandung: Maestro.

Yusuf, S. (2009). *Program Bimbingan & Konseling Di Sekolah*. Bandung: Rizqi Press.