

**BIMBINGAN KARIER BERBASIS *THE CHAOS THEORY OF CAREER*
UNTUK MENGEMBANGKAN ADAPTABILITAS KARIER
MAHASISWA**



TESIS

**Diajukan untuk Memenuhi Sebagian Syarat Memperoleh Gelar Magister
Pendidikan (M.Pd) dalam Bimbingan dan Konseling**

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**PROGRAM STUDI BIMBINGAN DAN KONSELING
FAKULAS ILMU PENDIDIKAN
UNIVERSITAS PENDIDIKAN INDONESIA
2025**

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Rika Mia Raudotussolehah

S.Pd Universitas Sultan Ageng Tirtayasa, 2018

Sebuah Tesis yang diajukan untuk memenuhi salah satu syarat memperoleh gelar
Magister Pendidikan (M.Pd) pada Fakultas Ilmu Pendidikan

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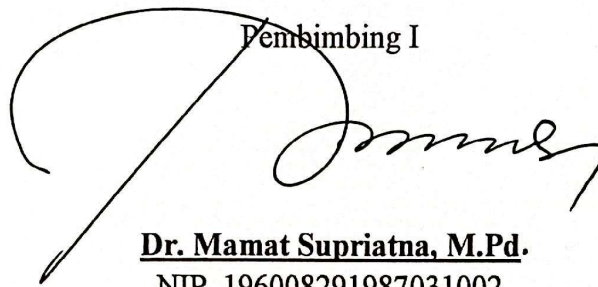
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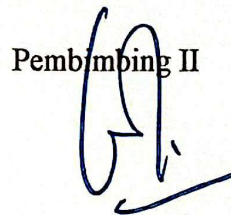
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**BIMBINGAN KARIER BERBASIS *THE CHAOS THEORY OF CAREER* UNTUK
MENGEMBANGKAN ADAPTABILITAS KARIER MAHASISWA**

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Tesis berjudul “Bimbingan Karier Berbasis *The Chaos Theory of Career* untuk Mengembangkan Adaptabilitas Karier Mahasiswa” merupakan laporan ilmiah yang menjadi salah satu syarat mengikuti ujian sidang Magister Pendidikan dalam rangka menyelesaikan studi jenjang strata dua (S2) Program Studi Bimbingan dan Konseling, Fakultas Ilmu Pendidikan, Universitas Pendidikan Indonesia. Tesis ini merupakan penelitian yang bertujuan menghasilkan produk bimbingan karier yang bertujuan mengembangkan adaptabilitas karier mahasiswa. Adaptabilitas karier merupakan kemampuan mahasiswa yang perlu dikembangkan terkait kemampuan individu dalam menghadapi tugas dan transisi pekerjaan atau kelanjutan studi baik yang dapat diprediksi maupun tidak dapat diprediksi dengan berbagai strategi dalam menyesuaikan diri dengan perubahan lingkungan.

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ABSTRAK

Rika Mia Raudotussolehah. (2025). Bimbingan Karier Berbasis *The Chaos Theory of Career* untuk Mengembangkan Adaptabilitas Karier Mahasiswa. Dibimbing oleh Dr. Mamat Supriatna, M.Pd., dan Dr. Setiawati, M.Pd. Program Studi Magister Bimbingan dan Konseling. Fakultas Ilmu Pendidikan. Universitas Pendidikan Indonesia.

Tujuan dari penelitian ini menghasilkan bimbingan karier berbasis *The Chaos Theory of Career* untuk mengembangkan adaptabilitas karier mahasiswa. Penelitian ini menggunakan pendekatan kuantitatif dengan metode pre-eksperimental *one-group pretest-posttest design*. Pengambilan sampel dilakukan dengan Teknik *convenience sampling* terhadap mahasiswa semester 4 Universitas Mathla'ul Anwar Banten. Instrumen adaptabilitas karier mahasiswa dikembangkan dan digunakan untuk mengumpulkan data adaptabilitas karier mahasiswa. Analisis data menggunakan statistik non-parametrik dengan Wilcoxon test. Hasil penelitian ini menunjukkan bahwa Bimbingan Karier Berbasis *The Chaos Theory of Career* teruji efektif untuk mengembangkan adaptabilitas karier mahasiswa. Penelitian ini memberikan kontribusi bagi praktik bimbingan dan konseling pada perguruan tinggi, serta menjadi dasar bagi pengembangan program bimbingan yang lebih komprehensif untuk mengembangkan adaptabilitas karier mahasiswa.

Kata Kunci: Bimbingan Karier, *The Chaos Theory of Career*, Adaptabilitas Karier Mahasiswa

ABSTRACT

Rika Mia Raudotussolehah. (2025). Career Guidance Based on the Chaos Theory of Career to Develop Students' Career Adaptability. Supervised by Dr. Mamat Supriatna, M.Pd., and Dr. Setiawati, M.Pd., Master's Program in Guidance and Counseling, Faculty of Education, Indonesian University of Education.

The purpose of this study is to develop career guidance based on the Chaos Theory of Careers to enhance students' career adaptability. This study employs a quantitative approach with a pre-experimental one-group pretest-posttest design. Sampling was conducted using a convenience sampling technique among fourth-semester students at Mathla'ul Anwar University in Banten. An instrument measuring students' career adaptability was developed and used to collect the data. Data analysis was performed using non-parametric statistics with the Wilcoxon test. The results of this study show that career guidance based on the Chaos Theory of Careers has been proven effective in improving students' career adaptability. This study contributes to career guidance and counseling practices in higher education and serves as a foundation for developing more comprehensive career guidance programs to further enhance students' career adaptability.

Keywords: Career Guidance, The Chaos Theory of Career, Student Career Adaptability

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