

HUBUNGAN MOTOR ABILITY DENGAN KETERAMPILAN DASAR
FUTSAL DI CLUB FUTSAL DELMA BANDUNG

SKRIPSI

Diajukan untuk Memenuhi Sebagian Dari Syarat Memperoleh Gelar Sarjana
Pendidikan Program Studi
Pendidikan Jasmani Kesehatan dan Rekreasi



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ABSTRAK
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Latar belakang penelitian yaitu untuk mengetahui hubungan motor ability terhadap kemampuan dasar futsal (passing-stopping, dribbling, shooting) dalam peningkatan kemampuan teknik dasar futsal untuk menunjang kinerja pemain/atlet saat bermain, dan pengujian menggunakan Barrow Test. Tujuan penelitian ingin mengetahui terdapat hubungan motor ability terhadap kemampuan dasar futsal dalam upaya peningkatan kualitas kemampuan teknik dasar futsal. Metode penelitian yang digunakan deskriptif dengan teknik korelasi. Penelitian dilaksanakan di Delma Futsal Academy dengan jumlah populasi 15 orang usia SMP. Teknik pengambilan data menggunakan Barrow Motor Ability Test, kemudian untuk pengukuran pengambilan data pada variabel terikat menggunakan tes keterampilan passing-stopping, dribbling, dan shooting dalam permainan olahraga futsal. Hasil penelitian melalui hasil uji korelasi variabel motor ability dengan keterampilan teknik passing-stopping memiliki hubungan dengan nilai korelasi nilai sebesar (0,84) sangat kuat, hubungan antara variabel motor ability dengan dribbling sebesar (0,81) artinya sangat kuat, hubungan motor ability dengan shooting sangat kuat yaitu (0,92), penilaian korelasi didasarkan pada pedoman interpretasi koefisien korelasi. Dengan demikian dapat disimpulkan bahwa terdapat hubungan yang signifikan antara motor ability dengan keterampilan dasar futsal yaitu passing-stopping, dribbling, dan shooting. Melalui hasil penelitian ini dapat berguna dalam upaya peningkatan kualitas kemampuan dasar futsal.

Kata Kunci : Barrow Test, Keterampilan Dasar Futsal, Motor Ability

ABSTRACT
**THE RELATIONSHIP BETWEEN MOTOR ABILITY AND BASIC
FUTSAL SKILLS AT THE DELMA BANDUNG FUTSAL CLUB**

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The background of the study is to determine the relationship between motor ability and basic futsal skills (passing-stopping, dribbling, shooting) in improving basic futsal technical skills to support the performance of players/athletes while playing, and testing using the Barrow Test. The purpose of the study was to determine whether there is a relationship between motor ability and basic futsal skills in an effort to improve the quality of basic futsal technical skills. The research method used was descriptive with correlation techniques. The study was conducted at Delma Futsal Academy with a population of 15 junior high school students. The data collection technique used the Barrow Motor Ability Test, then for measuring data collection on the dependent variable using a passing-stopping, dribbling, and shooting skill test in futsal sports games. The results of the study through the results of the correlation test of the motor ability variable with passing-stopping technical skills have a relationship with a correlation value of (0.84) very strong, the relationship between the motor ability variable and dribbling is (0.81) meaning very strong, the relationship between the motor ability variable and shooting is very strong, namely (0.92), the correlation assessment is based on the correlation coefficient interpretation guidelines. Thus, it can be concluded that there is a significant relationship between motor ability and basic futsal skills, namely passing-stopping, dribbling, and shooting. The results of this study can be useful in efforts to improve the quality of basic futsal skills.

Keywords: Barrow Test, Basic Futsal Skills, Motor Ability

DAFTAR ISI

LEMBAR KEASLIAN SKRIPSI	i
KATA PENGANTAR.....	ii
LEMBAR PENGESAHAN	iii
PERNYATAAN BEBAS PLAGIARISME	iv
UCAPAN TERIMA KASIH	v
DAFTAR ISI	ix
DAFTAR TABEL.....	xii
DAFTAR GAMBAR	xiii
DAFTAR LAMPIRAN	xiv
BAB I	1
PENDAHULUAN	1
1.1 Latar Belakang Penelitian	1
1.2 Rumusan Masalah	5
1.3 Tujuan Penelitian.....	6
1.4 Manfaat Penelitian.....	6
1.5 Strukur Organisasi Skripsi	7
BAB II.....	9
KAJIAN TEORI	9
2.1 Definisi Motor ability	9
2.2 Aspek-Aspek dalam Motor Ability	11
2.2.1 Kecepatan (<i>Speed</i>)	11
2.2.2 Kelincahan (<i>Agility</i>).....	12
2.2.3 Keseimbangan (<i>Balance</i>).....	12
2.2.4 Koordinasi (<i>Coordination</i>).....	12
2.2.5 Kekuatan (<i>Strength</i>)	12
2.2.6 Daya Ledak (<i>Power</i>).....	13
2.2.7 Daya Tahan (<i>Endurance</i>)	13
2.2.8 Kelentukan (<i>Flexibility</i>).....	13
2.3 Faktor-faktor yang mempengaruhi <i>Motor Ability</i>	13
2.4 Makna Gerak dan Kemampuan Gerak dalam Olahraga	16
2.5 Permainan Futsal	18
2.6 Peraturan Futsal.....	20
2.6.1 Ukuran Lapangan Permainan	20
2.6.2 Bola	21

2.6.3	Jumlah Pemain	21
2.6.4	Perlengkapan Pemain	22
2.6.5	Lama Permainan	22
2.7	Karakteristik Permainan Futsal	22
2.7.1	Faktor Penunjang Keberhasilan Bermain Futsal	23
2.7.2	Teknik Dasar Permainan Futsal	25
2.7.3	Teknik Mengoper Bola (<i>Passing</i>) dan Menghentikan Bola (<i>Stopping</i>) 25	
2.7.4	Menggiring Bola (<i>Dribbling</i>)	28
2.7.5	Menendang (<i>Shooting</i>)	29
2.8	Hubungan Kemampuan Gerak (Motor Ability) dengan Keterampilan Teknik Dasar Futsal (<i>Passing</i> , <i>Stopping</i> , <i>Dribbling</i> , dan <i>Shooting</i>)	30
2.8.1	Kecepatan (<i>Speed</i>)	31
2.8.2	Kelincahan (<i>Agility</i>)	32
2.8.3	Keseimbangan (<i>Balance</i>)	32
2.8.4	Koordinasi Mata dan Kaki	33
2.8.5	Daya Tahan (<i>Endurance</i>)	33
2.8.6	Kekuatan (<i>Strength</i>)	34
2.8.7	Kelenturan (<i>flexibility</i>)	34
2.8.9	Daya Ledak (<i>Power</i>)	34
2.9	Penelitian Terdahulu yang Relevan	35
2.10	Kerangka Berpikir	37
2.11	Hipotesis	41
BAB III		44
METODE PENELITIAN		44
3.1	Desain penelitian	44
3.2	Partisipan	46
3.3	Populasi Dan Sampel Penelitian	46
3.4	Instrumen Penelitian	47
3.4.1	Tes Motor Ability	48
3.4.2	Tes <i>Passing</i> dan <i>Stopping</i> Futsal (Iqbal Doewes, 2023)	51
3.4.3	Tes <i>Dribbling</i> (Susworo & Marhaendro, 2018)	52
3.4.4	Tes <i>Shooting</i> 8 meter	54
3.5	Prosedur Penelitian	56
3.6	Variabel Penelitian	57
3.7	Teknik Pengumpulan data	57
3.8	Teknik Analisis Data	57

BAB IV.....	60
HASIL PENELITIAN DAN PEMBAHASAN.....	60
4.1. Hasil Penelitian.....	60
4.1.1. Persiapan Tes Motor Ability dan Tes Keterampilan Dasar Futsal.	60
4.1.2. Uji Normalitas dan Homogenitas	64
4.1.3. Uji Hipotesis	70
4.2 Hasil dan Pembahasan	76
BAB V.....	81
KESIMPULAN DAN SARAN	81
5.1 Kesimpulan	81
5.2 Saran.....	81
DAFTAR PUSTAKA	83
Lampiran	89
Lampiran 1 (Standingbroad Jump Test)	89
Lampiran 2 (Softball Throw Test)	90
Lampiran 3 (Zig Zag Run Test)	90
Lampiran 4 (Wall Pass Test)	91
Lampiran 5 (Sprint 50 m Test).....	91
Lampiran 6 (Passing-Stopping)	92
Lampiran 7 (<i>Dribbling</i>).....	92
Lampiran 8 (<i>Shooting</i>).....	94
Lampiran 9 (Hasil Tes <i>Motor Ability</i> dan Tes Keterampilan Dasar Futsal)	95
Lampiran 10 (Hasil Tes Passing-Stopping)	101
Lampiran 11 (Hasil Tes Dribbling).....	102
Lampiran 12 (Hasil Tes Shooting).....	104
Lampiran 13 (Surat Balasan Delma Futsal Bandung)	105
Lampiran 14 (Buku Bimbingan)	106

DAFTAR TABEL

Tabel 4.1 Hasil Penghitungan Nilai Rata-rata, dan Simpangan Baku Motor ability, Passing- stopping, dribbling dan shooting	64
Tabel 4. 2 Hasil uji normalitas kelompok tes Motor Ability	65
Tabel 4. 3 Hasil uji normalitas kelompok tes Passing-Stopping	66
Tabel 4. 4 Hasil uji Normalitas kelompok Tes Dribbling	67
Tabel 4. 5 Hasil uji Normalitas kelompok tes Shooting 8m	68
Tabel 4. 6 Hasil uji normalitas seluruh kelompok tes.....	69
Tabel 4. 7 Hasil uji Homogenitas motor ability, passing-stopping, dribbling dan shooting	69
Tabel 4. 8 Hasil Penghitungan Korelasi Antara motor ability, passing-stoping, dribbling, dan shooting	70
Tabel 4. 9 Tabel pedoman interpretasi koefisien korelasi.....	71
Tabel 4. 10 Hasil Tes Standing Broad Jump	95
Tabel 4. 11 Hasil tes Softball Throw	95
Tabel 4. 12 Hasil tes Zig Zag Run	96
Tabel 4. 13 Hasil Tes Wall Pass	97
Tabel 4. 14 Hasil tes Sprint 50 m	98
Tabel 4. 15 Tes Motor Ability Sebelum t Skor	98
Tabel 4. 16 Hasil Tes Motor Ability Setelah t Skor	99
Tabel 4. 17 Tes Keterampilan Futsal Sebelum t Skor	100
Tabel 4. 18 Tes Keterampilan Passing-Stopping Sebelum t Skor.....	101
Tabel 4. 19 Tes Keterampilan Passing-Stopping Setelah t Skor	101
Tabel 4. 20 Tes Keterampilan Dribbling Sebelum t Skor	102
Tabel 4. 21 Tes Keterampilan Dribbling Setelah t Skor	103
Tabel 4. 22 Tes Keterampilan Shooting Sebelum t Skor	104

DAFTAR GAMBAR

Gambar 2. 1 Lapangan Futsal.....	20
Gambar 2. 2 Bola Futsal.....	21
Gambar 2. 3 Pyramid Aspek-Aspek Latihan.....	24
Gambar 2. 4 Teknik Menghentikan Bola Dengan Lengan Terbuka Untuk Menjaga Keseimbangan	26
Gambar 2. 5 Teknik Passing Menggunakan Kaki Bagian Dalam	28
Gambar 2. 6 Teknik Shooting Menggunakan Punggung Kaki	30
Gambar 3. 1 Desain Penelitian	44
Gambar 3. 2 Gambar Lapangan Tes Zig-Zag Run	49
Gambar 3. 3 Lapangan Tes Wallpass	50
Gambar 3. 4 Diagram Tes Passing-Stopping	52
Gambar 3. 5 Diagram Tes Keterampilan Dribbling	53
Gambar 3. 6 Gambar Tes Shooting 8 Meter	55
Gambar 3. 7 Prosedur Penelitian	56
Gambar 4. 1 Bersama pemilik Klub Futsal "Delma Futsal Academy"	64

DAFTAR LAMPIRAN

Lampiran 1 (Standingbroad Jump Test)	89
Lampiran 2 (Softball Throw Test)	90
Lampiran 3 (Zig Zag Run Test)	90
Lampiran 4 (Wall Pass Test)	91
Lampiran 5 (Sprint 50 m Test)	91
Lampiran 6 (Passing-Stopping)	92
Lampiran 7 (<i>Dribbling</i>).....	92
Lampiran 8 (<i>Shooting</i>)	94
Lampiran 9 (Hasil Tes <i>Motor Ability</i> dan Tes Keterampilan Dasar Futsal)	95
Lampiran 10 (Hasil Tes Passing-Stopping).....	101
Lampiran 11 (Hasil Tes Dribbling).....	102
Lampiran 12 (Hasil Tes Shooting).....	104
Lampiran 13 (Surat Balasan Delma Futsal Bandung).....	105
Lampiran 14 (Buku Bimbingan)	106

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