

**A Star Fighting Sexism: Internalized Sexism Analysis in *A Star Is Born*
(2018)**

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Written By

ALVIN SETIAWAN

NIM 2103582

ENGLISH LANGUAGE AND LITERATURE STUDY PROGRAM

FACULTY OF LANGUAGE AND LITERATURE EDUCATION

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Oleh
Alvin Setiawan

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A Star Fighting Sexism: Internalized Sexism Analysis in *A Star Is Born* (2018)

Alvin Setiawan

2103582

Approved by:

Supervisor 1



Dr. Rd. Safrina, M.A.

NIP.196207291987032003

Supervisor 2



Ayu Fitri Kusumaningrum, S.S., M.A.

NIP.920230219900517201

**Head of English Language and
Literature Study Program**



Nita Novianti, S.S., M.A., Ph.D.

NIP.198611102014042002

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Abstract

Sexism is not always visible or obvious. Sometimes it can also be observed in women's perceptions and interactions with themselves, which are shaped by societal norms and expectations. This study investigates how women can embody internalized sexism. This study uses a text analysis approach. Primary data is taken from the 2018 film *A Star Is Born*, with a specific focus on the character Ally, the female lead character. The theoretical framework for this study includes the analysis of internalized sexist behavior by Manne and Bearman & Arnheim, as well as the formal system of the film by Bordwell and Thompson. This study reveals that Ally internalizes sexism, and this is reflected through behaviors such as objectification, invalidation, and derogation. These things show that internalized sexism causes Ally to devalue herself and feel unable to compete in a male-dominated industry. The study concludes that the film depicts a society that perpetuates sexism as a tool to justify that women are considered submissive. The internalized sexism in the film should be brought to light and made to raise awareness of the issue that many people are unaware of. In a broader context, the study suggests that there is a need for more awareness and resistance against sexism and gender inequality.

Keyword: cinematography; gender inequality; internalized sexism; misogyny; sexism

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