

**PENGARUH MODEL PEMBELAJARAN TERHADAP KETERAMPILAN
SOSIAL DAN PENAMPILAN BERMAIN BOLA BASKET SISWA
BERDASARKAN TINGKAT *FEAR OF NEGATIVE EVALUATION***

Tesis

Diajukan untuk memenuhi salah satu syarat untuk mendapatkan gelar Magister
Pendidikan

Program Studi Pendidikan Olahraga



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**PENDIDIKAN OLAHRAGA
SEKOLAH PASCASARJANA
UNIVERSITAS PENDIDIKAN INDONESIA**

2025

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S.Pd. Universitas Pendidikan Indonesia, 2024

Sebuah tesis yang diajukan untuk memenuhi salah satu syarat memperoleh gelar
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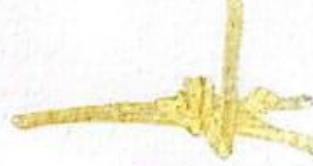
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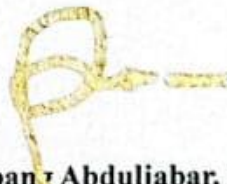
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Penulis berharap penelitian ini dapat memberikan kontribusi yang berarti dalam pengembangan model pembelajaran yang lebih efektif dan dapat meningkatkan keterampilan sosial dan penampilan bermain bola basket berdasarkan tingkat *fear of negative evaluation*. Kami juga mengucapkan terima kasih kepada semua pihak yang telah memberikan dukungan dan bimbingan dalam penyusunan proposal ini. Semoga penelitian ini dapat bermanfaat bagi pengembangan pendidikan olahraga di Indonesia

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ABSTRAK
PENGARUH MODEL PEMBELAJARAN TERHADAP KETERAMPILAN
SOSIAL DAN PENAMPILAN BERMAIN BOLA BASKET SISWA
BERDASARKAN TINGKAT *FEAR OF NEGATIVE EVALUATION*

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Dalam konteks pendidikan jasmani, masalah keterampilan sosial dan penampilan bermain bola basket tampak lebih nyata ketika siswa terlibat dalam aktivitas permainan. Masih banyak siswa yang enggan bekerja sama dalam tim, cenderung bersikap egois dalam permainan, atau bahkan menunjukkan perilaku agresif saat mengalami kekalahan. Tujuan utama dari penelitian ini yaitu pengaruh model pembelajaran tgfU dan tGT terhadap keterampilan sosial dan penampilan bermain bola basket siswa berdasarkan tingkat *fear of negative evaluation* tinggi dan rendah. Metode penelitian yang digunakan adalah eksperimen dengan desain faktorial 2x2. Penelitian ini dilaksanakan di SMA Laboratorium Percontohan UPI. Sampel terdiri dari 64 siswa yang dibagi menjadi empat kelompok perlakuan. Instrumen penelitian menggunakan skala *Fear of negative evaluation* (FNE), skala keterampilan sosial, dan tes penampilan bermain bola basket. Analisis data menggunakan MANOVA dua jalur dan Uji Poshoc menggunakan Uji Tukey. Hasil penelitian menunjukkan: (1) terdapat perbedaan pengaruh antara model TGfU dan TGT terhadap keterampilan sosial dan penampilan bermain bola basket siswa; (2) terdapat interaksi antara model pembelajaran dan tingkat FNE terhadap keterampilan sosial dan penampilan bermain bola basket; (3) siswa dengan tingkat FNE tinggi lebih baik belajar keterampilan sosial menggunakan model TGT dan siswa dengan tingkat FNE rendah lebih baik belajar keterampilan sosial menggunakan model TgfU pada siswa dengan tingkat FNE tinggi lebih baik belajar penampilan bermain bola basket menggunakan model TgfU namun siswa dengan tingkat FNE rendah lebih baik belajar penampilan bermain bola basket menggunakan model TGT.

Kata Kunci: Model Pembelajaran TGfU, Model Pembelajaran TGT, *Fear of negative evaluation*, Keterampilan Sosial, Penampilan bermain Bola Basket.

ABSTRACT

THE EFFECT OF LEARNING MODELS ON SOCIAL SKILLS AND BASKETBALL PLAYING SKILLS OF STUDENTS BASED ON THEIR LEVEL OF FEAR OF NEGATIVE EVALUATION

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In the context of physical education, issues of social skills and basketball performance appear more apparent when students are involved in game activities. Many students are still reluctant to work together in teams, tend to be selfish in the game, or even exhibit aggressive behavior when they lose. The main objective of this study is to examine the effect of the TGfU and TGT learning models on students' social skills and basketball performance based on high and low levels of fear of negative evaluation. The research method used was an experiment with a 2x2 factorial design. This study was conducted at the UPI Laboratory High School. The sample consisted of 64 students divided into four treatment groups. The research instruments used were the Fear of Negative Evaluation (FNE) scale, the social skills scale, and the basketball performance test. Data analysis used two-way MANOVA and post hoc testing using Tukey's test. The results showed: (1) there was a difference in the effect of the TGfU and TGT models on students' social skills and basketball performance; (2) there was an interaction between the learning model and FNE level on social skills and basketball performance; (3) students with high FNE levels learn social skills better using the TGT model, and students with low FNE levels learn social skills better using the TGfU model; students with high FNE levels learn basketball performance better using the TGfU model, but students with low FNE levels learn basketball performance better using the TGT model.

Keywords: *TGfU Learning Model, TGT Learning Model, Fear of negative evaluation, Social skills, Basketball Skills.*

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