

**PENGEMBANGAN ASESMEN FORMATIF GROVE-ALPHA UNTUK
MELATIHKAN *SELF-REGULATED LEARNING* DAN *CONCEPTUAL-
CHANGE* PADA MATERI HUKUM NEWTON**

TESIS

Diajukan untuk Memenuhi Sebagian Syarat untuk Memperoleh Gelar magister
Pendidikan Fisika



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**PROGRAM STUDI MAGISTER PENDIDIKAN FISIKA
FAKULTAS PENDIDIKAN MATEMATIKA DAN ILMU PENGETAHUAN ALAM
UNIVERSITAS PENDIDIKAN INDONESIA
BANDUNG
2025**

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S.Pd. Universitas Kristen Satya Wacana, 2023

Sebuah Tesis yang Diajukan untuk Memenuhi Salah Satu Syarat Memperoleh
Gelar Magister Pendidikan (M. Pd.) pada Program Studi Pendidikan Fisika

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Universitas Pendidikan Indonesia

Juni 2025

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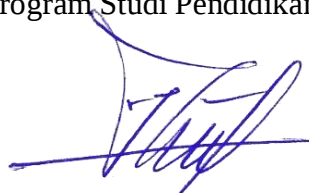
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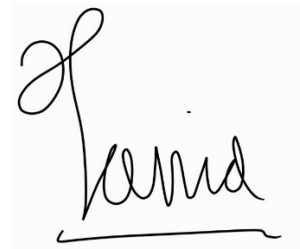
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PERNYATAAN

Dengan ini saya menyatakan bahwa tesis dengan judul “Pengembangan Asesmen Formatif GROVE_ALPHA untuk Melatihkan *Self-Regulated Learning* dan *Conceptual-Change* pada Materi Hukum Newton SMA” ini beserta seluruh isinya adalah benar-benar karya saya sendiri. Saya tidak melakukan penjiplakan atau pengutipan dengan cara-cara yang tidak sesuai dengan etika ilmu yang berlaku dalam masyarakat keilmuan. Atas pernyataan ini, saya siap menanggung risiko/sanksi apabila di kemudian hari ditemukan adanya pelanggaran etika keilmuan atau ada klaim dari pihak lain terhadap keaslian karya saya ini.

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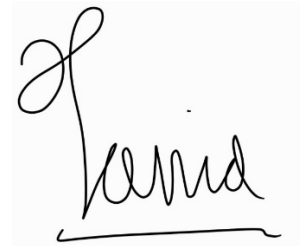
KATA PENGANTAR

Puji syukur penulis panjatkan ke hadirat Tuhan Yang Maha Esa atas segala rahmat, karunia, dan pertolongan-Nya sehingga tesis yang berjudul *“Pengembangan Asesmen Formatif GROVE-ALPHA untuk Melatihkan Self-Regulated Learning dan Conceptual Change pada Materi Hukum Newton SMA”* ini dapat diselesaikan dengan baik.

Tesis ini disusun untuk memenuhi salah satu syarat memperoleh gelar Magister Pendidikan pada Program Studi Pendidikan Fisika, Fakultas Pendidikan Matematika dan Ilmu Pengetahuan Alam, Universitas Pendidikan Indonesia. Penulis menyadari bahwa penyelesaian tesis ini tidak terlepas dari bantuan, dukungan, serta bimbingan dari berbagai pihak. Oleh karena itu, penulis menyampaikan penghargaan dan terima kasih yang tulus kepada semua pihak yang telah membantu, baik secara langsung maupun tidak langsung, dalam proses penyusunan tesis ini.

Penulis menyadari bahwa tesis ini masih jauh dari kesempurnaan. Oleh karena itu, penulis mengharapkan kritik dan saran yang membangun dari pembaca. Semoga tesis ini bermanfaat khususnya bagi penulis dan umumnya bagi pembaca.

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UCAPAN TERIMA KASIH

Pada kesempatan ini, penulis menyampaikan terima kasih yang sebesar-besarnya kepada:

1. Ibu Irma Rahma Suwarma, Ph.D., selaku Pembimbing I, atas arahan, bimbingan, dan motivasi yang diberikan sejak tahap awal penelitian hingga penyusunan tesis ini.
2. Bapak Prof. Dr. Endi Suhendi, M.Si., selaku Pembimbing II, atas masukan konstruktif dan dorongan yang sangat membantu penyempurnaan penelitian ini.
3. Bapak Dr. Achmad Samsudin, M.Pd., selaku Ketua Program Studi Pendidikan Fisika, beserta seluruh dosen dan staf Program Studi Magister Pendidikan Fisika UPI atas ilmu, dukungan akademik, dan bantuan administrasi selama masa studi.
4. Sekolah Santa Maria 3 Cimahi, beserta kepala sekolah, guru fisika, dan peserta didik yang telah menjadi subjek penelitian serta mendukung penuh proses pengambilan data.
5. Rekan-rekan seangkatan: Teh Sumiati, Beta, Bu Entang, Teh Santri, Teh Farika, Teh Andeh, Kang Alvin, Kang Zain, dan Kang Iky, atas dukungan dan semangat yang diberikan selama masa studi.
6. Ko Jovi, pasangan yang senantiasa memberikan ide segar, masukan berharga, dukungan tanpa henti, serta menjadi sumber semangat utama.
7. Keluarga tercinta, atas doa, dukungan, dan pengingat yang tiada henti sepanjang perjalanan studi ini.
8. Seluruh pihak lain yang tidak dapat disebutkan satu per satu atas bantuan langsung maupun tidak langsung dalam penyelesaian tesis ini.

Penulis berharap karya ini dapat memberikan kontribusi positif bagi pengembangan asesmen formatif, inovasi pembelajaran berbasis teknologi, dan peningkatan kualitas pendidikan fisika di Indonesia.

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ABSTRAK

Penelitian ini bertujuan untuk mengembangkan *Gamified Reward-Based Online Formative Assessment for Learning Physics with Artificial Intelligence* (GROVE-ALPHA) sebagai inovasi asesmen formatif untuk melatih *self-regulated learning* (SRL) dan *conceptual change* pada materi Hukum Newton di SMA. Penelitian menggunakan metode *mixed methods* dengan desain eksplorasi sekuensial yang melibatkan pengumpulan data kualitatif pada tahap awal, diikuti dengan pengumpulan data kuantitatif pada dua tahap berikutnya. Instrumen penelitian meliputi asesmen formatif berbasis gamifikasi dengan integrasi AI, *Motivated Strategies for Learning Questionnaire* (MSLQ), dan rubrik penilaian *conceptual change*. Validasi instrumen dilakukan oleh ahli dan peserta didik untuk menilai aspek konten dan konstruksi. Hasil penelitian menunjukkan bahwa GROVE-ALPHA memiliki tingkat validitas yang tinggi secara konten dan konstruksi. Penggunaan GROVE-ALPHA berdampak positif terhadap peningkatan SRL, yang terlihat dari kenaikan skor motivasi dan strategi belajar peserta didik pada instrumen MSLQ. Selain itu, terjadi peningkatan signifikan dalam *conceptual change*, dengan mayoritas peserta didik mengalami pergeseran pemahaman ke arah konsep ilmiah yang benar. Wawancara mendalam mengungkapkan bahwa peserta didik merasakan keterlibatan belajar yang lebih tinggi, terbantu dalam memonitor pemahaman mereka, serta lebih termotivasi untuk memperbaiki kesalahan konsep. Kesimpulannya, GROVE-ALPHA efektif digunakan sebagai asesmen formatif berbasis gamifikasi dan AI yang mampu memfasilitasi peningkatan SRL sekaligus memperbaiki miskonsepsi peserta didik pada materi Hukum Newton. Inovasi ini berpotensi diimplementasikan lebih luas sebagai bagian integral dari pembelajaran fisika interaktif dan adaptif.

Kata kunci: asesmen formatif, gamifikasi, kecerdasan buatan, *self-regulated learning*, *conceptual change*, Hukum Newton

ABSTRACT

This study aims to develop the *Gamified Reward-Based Online Formative Assessment for Learning Physics with Artificial Intelligence* (GROVE-ALPHA) as an innovative formative assessment tool to foster *self-regulated learning* (SRL) and *conceptual change* in Newton's Laws topics at the senior high school level. A mixed-methods approach with a sequential exploratory design was employed, beginning with qualitative data collection, followed by two stages of quantitative data collection. Research instruments included a gamified formative assessment integrated with AI, the *Motivated Strategies for Learning Questionnaire* (MSLQ), and a *conceptual change* assessment rubric. Instrument validation was conducted by experts and students to evaluate both content and construct aspects. The findings indicate that GROVE-ALPHA achieved high validity in both content and construct. Its implementation positively impacted SRL, as evidenced by increased motivation and learning strategy scores on the MSLQ. Moreover, a significant improvement in *conceptual change* was observed, with most students shifting their understanding toward scientifically accurate concepts. In-depth interviews revealed that students experienced higher learning engagement, improved self-monitoring of their understanding, and greater motivation to correct conceptual errors. In conclusion, GROVE-ALPHA is effective as a gamified, AI-integrated formative assessment tool that can enhance SRL and address students' misconceptions in Newton's Laws. This innovation holds potential for broader implementation as an integral part of interactive and adaptive physics learning.

Keywords: formative assessment, gamification, artificial intelligence, *self-regulated learning*, *conceptual change*, Newton's Laws

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