

**PRAKTIKUM BIOKIMIA ISOLASI DNA JERUK LOKAL BENGKULU  
UNTUK MENINGKATKAN KETERAMPILAN  
BERPIKIR SISTEM MAHASISWA**

**DISERTASI**

Diajukan untuk Memenuhi Sebagian dari Syarat untuk Memperoleh Gelar Doktor  
Pendidikan Ilmu Pengetahuan Alam



Oleh

**NADIA AMIDA  
NIM. 2106682**

**PROGRAM STUDI PENDIDIKAN ILMU PENGETAHUAN ALAM  
FAKULTAS PENDIDIKAN MATEMATIKA DAN  
ILMU PENGETAHUAN ALAM  
UNIVERSITAS PENDIDIKAN INDONESIA  
2025**

## **LEMBAR HAK CIPTA**

**Praktikum Biokimia Isolasi DNA Jeruk Lokal Bengkulu untuk  
Meningkatkan Keterampilan Berpikir Sistem Mahasiswa**

Oleh

Nadia Amida

S.Pd., Universitas Negeri Padang, 2013

M.Pd., Universitas Pendidikan Indonesia, 2016

Sebuah Disertasi yang diajukan untuk memenuhi salah satu syarat memperoleh gelar Doktor Pendidikan IPA (Dr.) pada Fakultas Pendidikan Matematika dan Ilmu Pengetahuan Alam

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Agustus 2025

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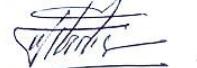
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UNTUK MENINGKATKAN KETERAMPILAN  
BERPIKIR SISTEM MAHASISWA**

Disetujui dan disahkan oleh panitia disertasi

Promotor,  


**Prof. Dr. Nahadi, M.Pd, M.Si.**  
NIP. 197102041997021002

Ko-Promotor



**Prof. Dr. F. M. Titin Supriyanti, M.S.**  
NIP. 195810141986012001

Anggota,



**Prof. Dr. Liliyansari, M.Pd.**  
NIP. 920191119490927201

Ketua Program Studi Pendidikan IPA  
Fakultas Pendidikan Matematika dan Ilmu Pengetahuan Alam  
Universitas Pendidikan Indonesia



**Prof. Dr. phil. Ari Widodo, M.Ed.**  
NIP. 196705271992031001

## **PERNYATAAN BEBAS PLAGIARISME**

Saya yang bertanggung jawab di bawah ini:

Nama : Nadia Amida  
NIM : 2106682  
Program Studi : Pendidikan Ilmu Pengetahuan Alam (S3)  
Judul Karya : Praktikum Biokimia Isolasi DNA Jeruk Lokal Bengkulu  
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Penulis

**PRAKTIKUM BIOKIMIA ISOLASI DNA JERUK LOKAL BENGKULU**  
**UNTUK MENINGKATKAN KETERAMPILAN**  
**BERPIKIR SISTEM MAHASISWA**

Nadia Amida  
S3 Pendidikan IPA  
[nadia.amida@gmail.com](mailto:nadia.amida@gmail.com)

**ABSTRAK**

Penelitian ini bertujuan untuk menghasilkan program praktikum biokimia isolasi DNA jeruk lokal Bengkulu untuk meningkatkan keterampilan berpikir sistem mahasiswa. Penelitian menggunakan metode *mixed-methods research* dengan desain *exploratory sequential design* (*QUAN emphasized*), melibatkan 72 mahasiswa program studi kimia yang sedang mengikuti praktikum biokimia. Instrumen yang digunakan meliputi tes tertulis, lembar kerja mahasiswa (LKM), dan kuesioner respon mahasiswa. Teknik analisis data melalui *gain*, uji beda, dan *N-gain*. Hasil penelitian menunjukkan bahwa; 1) Program praktikum yang dikembangkan memiliki karakteristik; kontekstual, menggunakan alat laboratorium modern, serta keterampilan berpikir sistem, 2) Program ini meningkatkan penguasaan konsep, yaitu penguasaan tertinggi pada konsep tujuan isolasi DNA dan terendah pada konsep elektroforesis 3) Keterampilan berpikir sistem mahasiswa meningkat, dengan kategori tinggi pada level kognitif mengevaluasi (C5) untuk indikator mengenali interkoneksi, mengidentifikasi umpan balik, dan membuat model simulasi, serta pada level menganalisis (C4) untuk indikator memahami perilaku dinamis dan menggunakan model konseptual, 4) Program ini memiliki keunggulan dalam meningkatkan keterlibatan mahasiswa secara langsung dan pengembangan keterampilan berpikir sistem. Terdapat keterbatasan seperti keterbatasan daya dukung instrumen laboratorium, variasi sampel yang terbatas, serta prosedur praktikum yang cukup panjang. Peneliti selanjutnya dapat mengembangkan praktikum biokimia dengan meningkatkan keterampilan berpikir sistem.

**Kata kunci:** praktikum biokimia, isolasi DNA, jeruk lokal Bengkulu, keterampilan berpikir sistem, penguasaan konsep

## **BIOCHEMISTRY PRACTICUM ON DNA ISOLATION OF BENGKULU LOCAL CITRUS TO ENHANCE STUDENTS' SYSTEMS THINKING SKILLS**

### **ABSTRACT**

This study aims to develop a biochemistry practicum program for the DNA isolation of Bengkulu local citrus to enhance students' systems thinking skills. The research employed a mixed-methods research with an exploratory sequential design (QUAN emphasized), involving 72 chemistry students enrolled in a biochemistry practicum course. The instruments used included written tests, student worksheets, and student response questionnaires. Data were analyzed using gain, t-test, and N-gain. The results showed that: (1) the developed practicum program was characterized by contextual, the use of modern laboratory equipment, and incorporates systems thinking skills; (2) the program proved effective in enhancing students' conceptual mastery, with the highest improvement observed in the concept of the purpose of DNA isolation and the lowest in the concept of electrophoresis; (3) The biochemistry practicum on DNA isolation enhances students' systems thinking skills, with high-level improvements at the evaluating level (C5) for the indicators of recognizing interconnections, identifying feedback, and constructing simulation models, as well as at the analyzing level (C4) for the indicators of understanding dynamic behavior and using conceptual models; (4) the program offered benefits in enhancing direct student engagement and the development of systems thinking skills, although some limitations remained, including limited laboratory equipment capacity, narrow sample variation, and relatively lengthy practicum procedures. Future researchers can develop biochemistry practicum programs by enhancing systems thinking skills.

**Keywords:** biochemistry practicum, DNA isolation, Bengkulu local citrus, systems thinking skills, conceptual mastery

## DAFTAR ISI

	Halaman
<b>LEMBAR HAK CIPTA.....</b>	i
<b>LEMBAR PENGESAHAN .....</b>	ii
<b>PERNYATAAN BEBAS PLAGIARISME.....</b>	iii
<b>KATA PENGANTAR.....</b>	iv
<b>ABSTRAK .....</b>	vii
<b>DAFTAR ISI.....</b>	ix
<b>DAFTAR TABEL .....</b>	xii
<b>DAFTAR GAMBAR.....</b>	xiv
<b>DAFTAR LAMPIRAN .....</b>	xvi
<b>BAB I PENDAHULUAN</b>	
1.1 Latar Belakang .....	1
1.2 Rumusan Masalah .....	8
1.3 Pertanyaan Penelitian.....	8
1.4 Tujuan Penelitian .....	8
1.5 Manfaat Penelitian .....	8
1.6 Kontribusi Penelitian.....	9
1.7 Definisi Operasional.....	9
1.8 Sistematika Penulisan Disertasi .....	10
<b>BAB II TINJAUAN PUSTAKA</b>	
2.1 Praktikum Biokimia Tentang DNA Tumbuhan .....	12
2.2 Tahapan DNA Tumbuhan .....	14
2.2.1 DNA dalam Sel Tumbuhan.....	14
2.2.2 Struktur DNA Tumbuhan .....	15
2.2.3 Isolasi DNA Tumbuhan.....	16
2.2.3.1 Lisis Sel Tumbuhan .....	17
2.2.3.2 Pemisahan DNA dari komponen seluler lain.....	18
2.2.3.3 Kuantifikasi DNA Tumbuhan.....	19

2.2.3.4 Karakterisasi DNA Tumbuhan dengan Elektroforesis .....	20
2.2.3.5 PCR ( <i>Polimerase Chain Reaction</i> ) pada DNA Tumbuhan .....	22
2.2.4 Sekuensing DNA Tumbuhan .....	25
2.2.5 Hubungan Kekerabatan Tumbuhan .....	26
2.3 DNA Jeruk Lokal Bengkulu.....	27
2.4 Penguasaan Konsep pada Praktikum DNA Tumbuhan.....	32
2.5 Keterampilan Berpikir Sistem pada Praktikum DNA Tumbuhan.....	33

### **BAB III METODOLOGI PENELITIAN**

3.1 Paradigma Penelitian.....	38
3.2 Metode dan Desain Penelitian.....	41
3.3 Prosedur Penelitian.....	41
3.3.1 Tahapan studi pendahuluan .....	43
3.3.1.1 Analisis kurikulum dan RPS praktikum biokimia .....	43
3.3.1.2 Survei mahasiswa dan lulusan tentang praktikum biokimia.....	46
3.3.1.3 Penelitian skala laboratorium: isolasi DNA jeruk lokal Bengkulu .....	50
3.3.2 Tahapan Pengembangan.....	57
3.3.2.1 Rancangan Program Praktikum Isolasi DNA Jeruk Lokal Bengkulu .....	59
3.3.2.2 Validasi Program Praktikum.....	69
3.3.2.3 Validasi Ahli dan empirik soal keterampilan berpikir sistem...	72
3.4 Lokasi dan Subjek Penelitian .....	80
3.5 Variabel Penelitian .....	81
3.6 Instrumen Penelitian.....	81
3.7 Teknik Pengumpulan Data .....	115
3.8 Teknik Analisa Data.....	116

### **BAB IV HASIL PENELITIAN**

4.1 Hasil uji coba program praktikum isolasi DNA jeruk lokal Bengkulu .....	121
4.2 Hasil Implementasi Program Praktikum Biokimia Isolasi DNA Jeruk Lokal Bengkulu .....	131
4.2.1 Karakteristik Praktikum Biokimia Isolasi DNA Jeruk Lokal Bengkulu .	131

4.2.2 Peningkatan Penguasaan Konsep Mahasiswa.....	146
4.2.3 Peningkatan Keterampilan Berpikir Sistem Mahasiswa .....	152
4.2.4 Keunggulan dan Keterbatasan Program Praktikum .....	184
<b>BAB V PEMBAHASAN</b>	
5.1 Hasil Uji Coba Program Praktikum Biokimia Isolasi DNA Jeruk Lokal Bengkulu .....	190
5.2 Hasil Implementasi Program Praktikum Biokimia Isolasi DNA Jeruk Lokal Bengkulu .....	192
5.2.1 Karakteristik praktikum biokimia Isolasi DNA jeruk lokal Bengkulu .	192
5.2.2 Peningkatan Penguasaan Konsep Mahasiswa.....	195
5.2.3 Peningkatan Keterampilan Berpikir Sistem Mahasiswa.....	197
5.2.4 Keunggulan dan keterbatasan program praktikum .....	202
<b>BAB VI SIMPULAN DAN IMPLIKASI</b>	
6.1 Simpulan.....	206
6.2 Implikasi.....	207
6.3 Rekomendasi .....	207
<b>DAFTAR PUSTAKA .....</b>	209

## DAFTAR TABEL

Tabel 2.1 Ringkasan topik isolasi DNA beberapa perguruan tinggi Indonesia .....	13
Tabel 2.2 Sekuen nukleotida ITS2 .....	24
Tabel 2.3 Produksi jeruk di Bengkulu selama 5 tahun terakhir .....	28
Tabel 3.1 Rangkuman capaian pembelajaran mata kuliah praktikum biokimia .....	43
Tabel 3.2 Topik praktikum biokimia perguruan tinggi di Indonesia .....	44
Tabel 3.3 Hasil Spektrofotometer DNA Daun Jeruk kalamansi dan Jeruk gerga.....	52
Tabel 3.4 Korelasi CPMK terhadap Sub-CPMK .....	61
Tabel 3.5 Distribusi indikator keterampilan berpikir sistem dan Sub-CPMK .....	63
Tabel 3.6 Rancangan program praktikum isolasi DNA jeruk lokal Bengkulu .....	64
Tabel 3.7 Hasil validasi ahli terhadap rancangan program .....	69
Tabel 3.8 Hasil perhitungan CVR program perkuliahan .....	71
Tabel 3.9 Analisis CVR soal keterampilan berpikir sistem dan penguasaan konsep	73
Tabel 3.10 Hasil distribusi tingkat kesulitan soal .....	78
Tabel 3.11 Sebaran level kognitif tes tertulis.....	82
Tabel 3.12 Kisi-kisi kuisioner respon mahasiswa.....	83
Tabel 3.13 Instrumen Tes Soal Pilihan Ganda.....	85
Tabel 3.14 Instrumen Tes: Soal uraian .....	97
Tabel 3.15 Rubrik penilaian Lembar Kerja Mahasiswa.....	102
Tabel 3.16 Teknik pengumpulan data.....	115
Tabel 3.17 Kategori skor N-Gain.....	117
Tabel 4.1 Jadwal kegiatan ujicoba program praktikum isolasi DNA .....	119
Tabel 4.2 Rangkuman refleksi hasil uji coba program serta perbaikannya .....	120
Tabel 4.3 Hasil LKM Tahap Uji Coba Program .....	121
Tabel 4.4 Hasil Uji Statistik Pada Tahap Uji Coba.....	124
Tabel 4.5 Skor <i>Pretes, Postest, Gain</i> dan N-Gain Tahap Uji Coba.....	125
Tabel 4.6 Hasil Persepsi Mahasiswa Kelas Ujicoba .....	127
Tabel 4.7 Jadwal Kegiatan Implementasi Program Praktikum Isolasi DNA.....	131

Tabel 4.8 Jawaban Pertanyaan Orientasi Mahasiswa .....	133
Tabel 4.9 Contoh pengamatan fenotip berbagai jeruk .....	134
Tabel 4.10 Contoh rumusan masalah dan hipotesis mahasiswa .....	135
Tabel 4.11 Hasil Uji Statistik Penguasaan Konsep Mahasiswa.....	144
Tabel 4.12 Skor Pretest, Posttest, Gain, dan N-Gain Mahasiswa .....	144
Tabel 4.13 Rata-rata Skor Penguasaan Konsep .....	148
Tabel 4.14 Hasil Uji Statistik Keterampilan Berpikir Sistem Mahasiswa .....	149
Tabel 4.15 Hasil statistik indikator mengenali interkoneksi .....	150
Tabel 4.16 Analisis jawaban mahasiswa pada indikator mengenali interkoneksi ....	151
Tabel 4.17 Hasil statistik indikator mengidentifikasi umpan balik.....	152
Tabel 4.18 Analisis jawaban mahasiswa pada indikator mengidentifikasi umpan balik.....	154
Tabel 4.19 Hasil statistik indikator memahami perilaku dinamis.....	155
Tabel 4.20 Analisis jawaban mahasiswa pada indikator memahami perilaku dinamis .....	157
Tabel 4.21 Hasil statistik indikator menggunakan model konseptual .....	158
Tabel 4.22 Analisis jawaban mahasiswa pada indikator menggunakan model konseptual .....	160
Tabel 4.23 Hasil statistik indikator membuat model simulasi .....	162
Tabel 4.24 Analisis jawaban mahasiswa pada indikator membuat model simulasi	163
Tabel 4.25 Analisis isian LKM terkait dengan indikator keterampilan berpikir sistem.....	166
Tabel 4.26 Persentase respon mahasiswa.....	184

## DAFTAR GAMBAR

Gambar 1.1: Jaringan visualisasi riset keterampilan berpikir sistem dalam biokimia .....	7
Gambar 2.1: DNA Tumbuhan.....	15
Gambar 2.2: Struktur <i>Deoxyribonucleic acid</i> (DNA).....	16
Gambar 2.3: Pemisahan DNA dari komponen seluler lain .....	18
Gambar 2.4: Kuantifikasi DNA menggunakan spektrofotometer.....	19
Gambar 2.5: Protokol elektroforesis gel agarosa .....	22
Gambar 2.6: Komponen dan proses PCR .....	23
Gambar 2.7: Pola pertumbuhan eksponensial (Vierstraete, 1999).....	25
Gambar 2.8: Peta dan Gambar Provinsi Bengkulu .....	27
Gambar 2.9: Jeruk kalamansi .....	30
Gambar 2.10: Jeruk gerga .....	31
Gambar 2.11: Taksonomi keterampilan berpikir sistem Stave dan Hopper (2008)...	35
Gambar 3.1: Paradigma Penelitian.....	40
Gambar 3.2: Desain Penelitian <i>exploratory sequential design (QUAN emphasized)</i> 42	
Gambar 3.3: Persepsi mahasiswa dari Aspek metode pembelajaran yang digunakan .....	47
Gambar 3.4: Persepsi mahasiswa dari Aspek ketersediaan fasilitas .....	47
Gambar 3.5: Persepsi mahasiswa dari Aspek kemampuan dosen.....	48
Gambar 3.6: Persepsi mahasiswa dari Aspek ruang lingkup kajian .....	49
Gambar 3.7: Sampel daun jeruk (a) gerga dan (b) kalamansi.....	51
Gambar 3.8: Elektroforesis Isolat DNA dengan gel agarose 1% (K3) Jeruk kalamansi dan (G3) Jeruk gerga.....	54
Gambar 3.9: Elektroforesis hasil PCR dengan gel agarose 1% .....	54
Gambar 3.10: Pohon filogenetik jeruk jeruk gerga.....	56
Gambar 3.11: Pohon filogenetik jeruk kalamansi.....	57
Gambar 3.12: Tahapan pengembangan program .....	58

Gambar 3.13: Hasil asumsi unidimensionalitas dan independensi lokal .....	75
Gambar 3.14: Hasil analisis reliabilitas .....	76
Gambar 3.15: Hasil distribusi tingkat kesulitan soal .....	79
Gambar 3.16: Hasil analisis <i>item fit</i> .....	80
Gambar 4.1: Peningkatan Keterampilan Berpikir Sistem Mahasiswa Tahap Uji Coba .....	127
Gambar 4.2: Antusias mahasiswa dalam eksperimen .....	130
Gambar 4.3: Visualisasi Karakteristik Program Praktikum .....	132
Gambar 4.4: Pengamatan mahasiswa dalam menemukan fenomena .....	134
Gambar 4.5: Eksperimen destruksi fisik dan lisis sel sampel daun jeruk .....	137
Gambar 4.6: Hasil pengamatan mahasiswa pada eksperimen pemisahan komponen DNA .....	139
Gambar 4.7: Hasil pengamatan mahasiswa pada eksperimen penentuan konsentrasi DNA .....	140
Gambar 4.8: Hasil pengamatan mahasiswa pada eksperimen elektroforesis .....	141
Gambar 4.9: Hasil pengamatan mahasiswa pada eksperimen filogenetik .....	142
Gambar 4.10: Pohon filogenetik jeruk sampel .....	143
Gambar 4.11: Peningkatan Penguasaan Konsep Mahasiswa .....	147
Gambar 4.12: Peningkatan level kognitif mahasiswa pada indikator mengenali interkoneksi .....	150
Gambar 4.13: Peningkatan level kognitif mahasiswa pada indikator mengidentifikasi umpan balik .....	153
Gambar 4.14: Peningkatan level kognitif mahasiswa pada indikator memahami perilaku dinamis .....	156
Gambar 4.15: Peningkatan level kognitif mahasiswa pada indikator menggunakan model konseptual .....	159
Gambar 4.16: Peningkatan level kognitif mahasiswa pada indikator membuat model simulasi .....	162

## **DAFTAR LAMPIRAN**

Lampiran 1 Kuisioner Mahasiswa .....	220
Lampiran 2 Lembar Validasi Program.....	221
Lampiran 3 Lembar Validasi Soal .....	224
Lampiran 4 Lembar Observasi Program.....	227
Lampiran 5 Hasil Uji Statistik Tahap Uji Coba.....	230
Lampiran 6 Hasil Uji Statistik Penguasaan Konsep Mahasiswa .....	232
Lampiran 7 Hasil Uji Statistik Keterampilan Berpikir Sistem .....	234

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