

**EXSPLORASI NILAI SOSIAL KOMUNITAS SEPEDA WANITA
DALAM PERSPEKTIF JENDER**

DISERTASI

Diajukan untuk memenuhi sebagian dari syarat untuk memperoleh
Gelar Doktor dalam Bidang Pendidikan pada Pendidikan Olahraga



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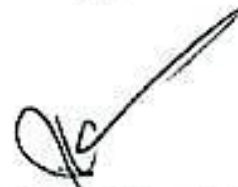
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ABSTRAK

Dwi Yulia Nur Mulyadi. NIM 1802963. Disertasi. Eksplorasi Nilai Sosial Komunitas Sepeda Wanita dalam Perspektif Gender. Disertasi ini dibimbing oleh Prof. Dr. Amung Ma'mun, M.Pd., Prof. Dr. Berliana, M.Pd., dan Prof. Dr. Hj. Tite Juliantine, M.Pd. Program Studi Pendidikan Olahraga, Sekolah Pascasarjana, Universitas Pendidikan Indonesia.

Penelitian ini bertujuan untuk mengeksplorasi nilai-nilai sosial yang berkembang dalam komunitas sepeda wanita, serta menelaah hubungan antara nilai-nilai tersebut dengan interaksi antar anggota, dinamika komunikasi, dan partisipasi aktif dalam kegiatan komunitas. Metode yang digunakan dalam penelitian ini adalah metode kualitatif dengan pendekatan studi kasus, penelitian ini mengumpulkan data melalui observasi, wawancara, dan dokumentasi. Data diperoleh dari tiga kelompok sumber utama: anggota komunitas sepeda wanita, keluarga anggota, dan ketua komunitas. Temuan penelitian menunjukkan bahwa nilai-nilai sosial Berorientasi kepada berbagai bentuk hubungan sosial, Sikap empatik, Tanggungjawab terhadap kelompok, Kasih sayang, Sikap loyal dan bersedia berkorban, Berpartisipasi di dalam kelompok atas dasar nilai-nilai yang berlaku dalam kehidupan sosial. Interaksi sosial dalam kegiatan bersepeda bersama memungkinkan anggota untuk berbagi pengalaman, membangun hubungan yang lebih erat, dan memperkuat kepercayaan. Selain itu, nilai-nilai ini berkontribusi pada peningkatan partisipasi dan loyalitas anggota terhadap komunitas. Penelitian ini juga menunjukkan bahwa komunitas sepeda wanita berfungsi sebagai ruang inklusif yang memperkaya pengalaman sosial anggota, memberikan dukungan emosional, dan memungkinkan mereka mengatasi hambatan sosial terkait peran gender. Secara keseluruhan, temuan ini mengonfirmasi bahwa komunitas sepeda wanita tidak hanya memberikan manfaat fisik, tetapi juga memperkuat pemberdayaan sosial perempuan dan memperjuangkan kesetaraan gender melalui interaksi sosial yang positif dan mendalam. Berdasarkan hasil penelitian, rekomendasi untuk memperkuat komunitas sepeda wanita mencakup perluasan penelitian mengenai dinamika sosial dan peran gender, pengembangan nilai sosial dalam komunitas, peningkatan dukungan dari pemangku kepentingan melalui kebijakan dan infrastruktur yang ramah perempuan, serta pengembangan kepemimpinan dan inklusivitas bagi anggota komunitas untuk memperluas jaringan sosial dan pemberdayaan perempuan.

Kata kunci: Nilai Sosial, Komunitas Sepeda, Wanita, Gender

ABSTRACT

Dwi Yulia Nur Mulyadi. Student ID 1802963. Dissertation. Exploration Of Social Values In Women's Cycling Communities From A Gender Perspective. This dissertation is supervised by Prof. Dr. Amung Ma'mun, M.Pd., Prof. Dr. Berliana, M.Pd., and Prof. Dr. Hj. Tite Juliantine, M.Pd. Sport Education Study Program, Graduate School, Universitas Pendidikan Indonesia.

This study aims to explore the social values developed within women's cycling communities, as well as to examine the relationship between these values and the interactions among members, communication dynamics, and active participation in community activities. The research uses a qualitative approach with a case study method, collecting data through observation, interviews, and documentation. Data were gathered from three main sources: members of the women's cycling community, their families, and the community leaders. The findings indicate that the social values are oriented toward various forms of social relationships, including empathy, responsibility to the group, affection, loyalty, willingness to sacrifice, and participation in the group based on shared social values. Social interactions during group cycling activities allow members to share experiences, build closer relationships, and strengthen trust. Additionally, these values contribute to increased participation and loyalty among members toward the community. This research also shows that women's cycling communities function as inclusive spaces that enrich members' social experiences, provide emotional support, and help them overcome social barriers related to gender roles. Overall, the findings confirm that women's cycling communities not only offer physical benefits but also strengthen women's social empowerment and advocate for gender equality through positive and meaningful social interactions. Based on the findings, recommendations to strengthen women's cycling communities include expanding research on social dynamics and gender roles, developing social values within the community, enhancing support from stakeholders through gender-friendly policies and infrastructure, and fostering leadership and inclusivity among members to expand social networks and empower women.

Keywords: Social Values, Cycling Community, Women, Gender

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