

**HUBUNGAN TINGKAT *MINDFULNESS* DENGAN KUALITAS TIDUR PADA
MAHASISWA PROFESI NERS**



SKRIPSI

Diajukan untuk memenuhi sebagian syarat untuk memperoleh gelar sarjana
keperawatan

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**PROGRAM STUDI S1 KEPERAWATAN KAMPUS SUMEDANG
UNIVERSITAS PENDIDIKAN INDONESIA
2025**

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Sumedang, Mei 2025

Pembuat pernyataan



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