

**PENGEMBANGAN PROGRAM PELATIHAN PANGGILAN JIWA  
GURU BIMBINGAN DAN KONSELING**

**DISERTASI**

Diajukan untuk memenuhi salah satu syarat memperoleh gelar  
Doktor Pendidikan dalam Bidang Bimbingan dan Konseling



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**PROGRAM STUDI BIMBINGAN DAN KONSELING  
FAKULTAS ILMU PENDIDIKAN  
UNIVERSITAS PENDIDIKAN INDONESIA  
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GURU BIMBINGAN DAN KONSELING**

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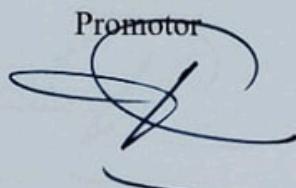
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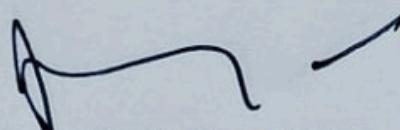
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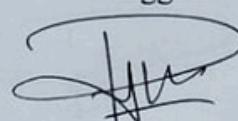
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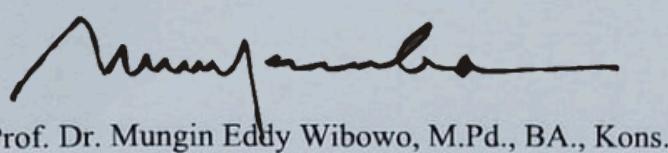
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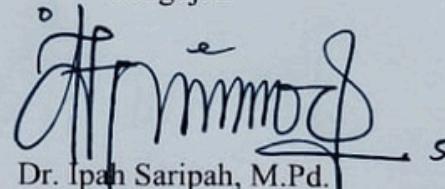
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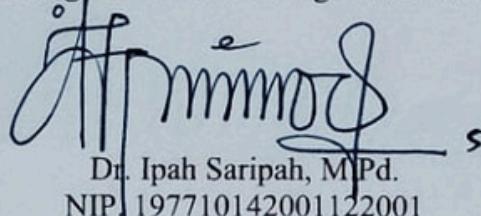
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## **ABSTRAK**

Robbani Alfan. 2025. Pengembangan Program Pelatihan Panggilan Jiwa Guru Bimbingan dan Konseling. Disertasi. Dibimbing oleh Prof. Dr. M Solehuddin, M.Pd., M.A (Promotor), Prof. Dr. Juntika Nurihsan, M.Pd (Ko-promotor), dan Dr. Yusi Riksa Yustiana, M.Pd (Anggota). Universitas Pendidikan Indonesia, Bandung.

Kekhasan profesi guru bimbingan dan konseling (BK) tercermin pada salah satu identitas profesionalnya yaitu panggilan jiwa. Perkembangan panggilan jiwa menjadi esensial bagi kesejahteraan psikologi guru BK dan kualitas layanan yang diselenggarakan untuk peserta didik. Penelitian ini bertujuan untuk menghasilkan program pelatihan panggilan jiwa guru BK. Program pelatihan dengan pendekatan pembelajaran naratif dikembangkan melalui tiga tahap dalam strategi *Educational Design Research*, yaitu (1) analisis dan eksplorasi masalah seputar panggilan jiwa guru BK, (2) perancangan dan konstruksi program pelatihan hingga tersusun buku panduan, dan (3) evaluasi dan refleksi melalui uji coba *micro-cycle* (2 kali iterasi). Konstruk panggilan jiwa guru BK diukur menggunakan Inventori Panggilan Jiwa (IPJ). Untuk memperoleh gambaran panggilan jiwa, inventori yang telah *valid* dan *reliable* tersebut disebarluaskan kepada 126 Guru BK di Provinsi Banten dan tahap uji coba melibatkan total 15 guru BK. Data kuantitatif dikumpulkan menggunakan IPJ dan dianalisis menggunakan analisis deskriptif berbasis modus. Data kualitatif dikumpulkan menggunakan pedoman observasi dan rekaman video dan dianalisis menggunakan analisis deskriptif kualitatif. Hasil penelitian menunjukkan 61,1% guru BK telah mencapai tahap keempat atau tahap tertinggi perkembangan panggilan jiwa, yaitu tahap menjalani panggilan jiwa (*living a calling*). Indikator panggilan jiwa yang paling berkembang yaitu indikator tujuan bermakna, hasrat mendalam, orientasi prososial dan keberlanjutan. Indikator perintah transenden dan pengorbanan ditemukan belum berkembang optimal di sebagian besar guru BK. Perbedaan jenis kelamin dan usia responden memperlihatkan perbedaan kecenderungan panggilan jiwa. Sebaliknya, kecenderungan panggilan jiwa berdasarkan latar belakang pendidikan dan sertifikasi tidak tampak berbeda. Penelitian juga menghasilkan program pelatihan panggilan jiwa yang fisibel bagi guru bimbingan dan konseling. Hasil penelitian ini direkomendasikan kepada peneliti selanjutnya untuk pengujian efektivitas program pelatihan panggilan jiwa.

Kata kunci: guru bimbingan dan konseling; identitas profesional; panggilan jiwa; program pelatihan dengan pendekatan naratif.

## **ABSTRACT**

*Robbani Alfan. 2025. Development of a Career Calling Training Program for School Counselors. Dissertation. Supervised by Prof. Dr. M. Solehuddin, M.Pd., M.A (Promoter), Prof. Dr. Juntika Nurihsan, M.Pd (Co-promoter), and Dr. Yusi Riksa Yustiana, M.Pd (Member). Universitas Pendidikan Indonesia, Bandung.*

*The distinctiveness of the school counselor is reflected in one of its core professional identities: career calling. The development of career calling is essential for the psychological well-being of school counselors and the quality of services provided to students. This study aimed to develop a training program to enhance the career calling of school counselors. The training program, which adopts a narrative learning approach, was developed through three stages based on the Educational Design Research (EDR) strategy: (1) analyzing and exploring issues related to the career calling of school counselors, (2) designing and constructing the training program, culminating in the development of a training manual, and (3) evaluating and reflecting through micro-cycle trials (two iterations). The construct of career calling for school counselors was measured using the Inventory Panggilan Jiwa (IPJ). To capture an overview of career calling, the validated and reliable inventory was distributed to 126 school counselors in the Banten Province, with 15 school counselors participating in the trial phase. Quantitative data were collected using the IPJ and analyzed descriptively based on the mode. Qualitative data were gathered through observation guidelines and video recordings and were analyzed using descriptive qualitative methods. The findings reveal that 61.1% of school counselors have reached the fourth or highest stage of career calling development: living a calling. The most developed indicators of career calling include meaningful purpose, deep passion, prosocial orientation, and sustainability. However, the indicators of transcendent summons and sacrifice were found to be less optimally developed among most school counselors. Differences in gender and age showed varying tendencies in career calling, while no significant differences were observed based on educational background or certification status. The study also resulted in a feasible career calling training program for school counselors. It is recommended that future researchers test the effectiveness of the developed program.*

*Keywords:* school counselors; professional identity; career calling; narrative-based training program

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