

**MODEL PEMBELAJARAN PENDIDIKAN KARAKTER BERBASIS
PERMAINAN BOLA BESAR DALAM PENDIDIKAN JASMANI**

DISERTASI

diajukan untuk memenuhi sebagian syarat untuk memperoleh gelar doktor
pada Program Studi Pendidikan Olahraga



Oleh

Hayudi

NIM 2106651

**PROGRAM STUDI PENDIDIKAN OLAHRAGA
SEKOLAH PASCASARJANA
UNIVERSITAS PENDIDIKAN INDONESIA
2025**

HAYUDI
2106651

**MODEL PEMBELAJARAN PENDIDIKAN KARAKTER BERBASIS
PERMAINAN BOLA BESAR DALAM PENDIDIKAN JASMANI**

DISETUJUI DAN DISAHKAN OLEH:

Promotor



Prof. Dr. H. Adang Suherman, M.A
NIP. 196306181988031002

Kopromotor



Prof. Dr. Nina Sutresna, M.Pd.
NIP. 196412151989012001

Anggota,



Prof. Dr. H. Yunyun Yuliana, M.Pd.
NIP. 196506141990011001

Mengetahui,
Ketua Program Studi Pendidikan Olahraga



Prof. Dr. Sucipto, M.Kes., AIFO.
NIP. 1961061219870311002

**MODEL PEMBELAJARAN PENDIDIKAN KARAKTER BERBASIS PERMAINAN BOLA
BESAR DALAM PENDIDIKAN JASMANI**

Oleh

Hayudi

S.Pd. IKIP PGRI KALTIM, 2011

M.Pd. in Universitas Negeri Jakarta, 2015

Sebuah Disertasi yang diajukan untuk memenuhi salah satu syarat memperoleh gelar
Doktor Pendidikan (Dr.) pada Sekolah Pascasarjana

© Hayudi 2025

Universitas Pendidikan Indonesia

Maret 2025

Hak Cipta dilindungi undang-undang.

Disertasi ini tidak boleh diperbanyak seluruhnya atau sebagian,
dengan dicetak ulang, difoto kopi, atau cara lainnya tanpa ijin dari penulis.

ABSTRAK

Penelitian ini bertujuan untuk menghasilkan model pembelajaran pendidikan karakter berbasis permainan bola besar di Sekolah Menengah Pertama. Penelitian pengembangan ini dilakukan dengan menggunakan Model ADDIE yaitu *Analysis, Design, Development, Implementation, Evaluation*. Produk yang dihasilkan berupa model pembelajaran pendidikan karakter berbasis permainan bola besar (Model P2K-BPB2). Pengumpulan data dilakukan dengan observasi, wawancara, angket dan tes. Sampel berjumlah 84 responden yang dibagi dalam 4 kelas. Data dianalisis menggunakan analisis deskriptif. Hasil penelitian menunjukkan model pembelajaran pendidikan karakter yang telah dikembangkan berada pada kategori sangat layak. Model pembelajaran pendidikan karakter berbasis permainan bola besar divalidasi oleh para pakar pendidikan jasmani. Hasil validasi menunjukan model pendidikan karakter tersebut dinyatakan valid dengan mengalami beberapa revisi. Implementasi di lapangan menunjukkan model pembelajaran pendidikan karakter berbasis permainan bola besar sudah berkualifikasi sangat layak di implementasikan.

Kata Kunci: Pendidikan Karakter, Permainan Bola Besar, Pendidikan Jasmani

ABSTRACT

This study aims to produce a learning model for character education based on big ball games in Junior High School. This development research was conducted using the ADDIE Model, namely Analysis, Design, Development, Implementation, Evaluation. The resulting product is a big ball game-based character education learning model (P2K-BPB2 Model). Data collection was carried out by observation, interviews, questionnaires and tests. The sample amounted to 84 respondents divided into 4 classes. Data were analyzed using descriptive analysis. The results showed that the character education learning model that had been developed was in the very feasible category. The big ball game-based character education learning model was validated by physical education experts. The validation results showed that the character education model was declared valid with several revisions. Implementation in the field shows that the character education learning model based on big ball games is qualified to be very feasible to implement.

Keywords: *Character Education, Big Ball Games, Physical Education*

DAFTAR ISI

HALAMAN JUDUL.....	i
HALAMAN PENGESAHAN.....	ii
HALAMAN PERNYATAAN BEBAS PLAGIARISME	iii
HALAMAN UCAPAN TERIMA KASIH	iv
ABSTRAK	vi
DAFTAR ISI.....	viii
DAFTAR TABEL	xi
DAFTAR GAMBAR	xiii
DAFTAR RINGKASAN	xvi
DAFTAR LAMPIRAN.....	xvii
BAB I PENDAHULUAN	1
1.1 Latar Belakang Masalah	1
1.2 Perumusan Masalah.....	11
1.3 Tujuan Penelitian.....	12
1.4 Manfaat Penelitian.....	12
1.5 Ruang Lingkup Penelitian	13
BAB II KAJIAN TEORI.....	14
2.1 Teori Belajar Konstruktivisme	14
2.2 Model Pembelajaran.....	18
2.3 Hakikat Pendidikan Karakter.....	24
2.4 Nilai-Nilai Pendidikan Karakter.....	29
2.5 Pentingnya Pendidikan Karakter Di Sekolah	34
2.5.1 Kejujuran.....	36
2.5.2 Kerjasama.....	39
2.5.3 Sportivitas	42
2.6 Implementasi Pendidikan Karakter.....	44
2.6.1 Strategi Implementasi Pendidikan Karakter.....	44
2.6.2 Langkah-Langkah Pendidikan Karakter	47
2.6.3 Tahapan Pembentukan Karakter	53
2.6.4 Pembentukan Karakter Berbasis Kebudayaan.....	55

2.7 Pendekatan Pendidikan Karakter	56
2.8 Pendidikan Karakter Dalam Pendidikan Jasmani	60
2.9 Hakikat Pendidikan Jasmani	64
2.10 Permainan Bola Besar	66
2.11 Perkembangan Remaja	77
2.12 Kerangka Berfikir	83
2.13 Penelitian Terdahulu.....	86
BAB III METODOLOGI PENELITIAN.....	89
3.1 Jenis Penelitian	89
3.2 Prosedur Pengumpulan Data	95
3.3 Teknik Sampling.....	96
3.4 Instrumen Penelitian.....	98
3.5 Teknik Analisis Data	108
BAB IV HASIL PENELITIAN	113
4.1 Kebutuhan Model Pembelajaran Pendidikan Karakter Berbasis Permainan Bola Besar Dalam Pendidikan Jasmani	113
4.2 Rancangan Model Pembelajaran Pendidikan Karakter Berbasis Permainan Besar Dalam Pendidikan Jasmani	126
4.3 Pengembangan Model Pembelajaran Pendidikan Karakter Berbasis Permainan Bola Besar Dalam Pendidikan Jasmani	137
4.4 Implementasi Model Pembelajaran Pendidikan Karakter Berbasis Permainan Bola Besar Dalam Pendidikan Jasmani	155
4.4.1 Ujicoba Pertama.....	155
4.4.1.1 Deskripsi Temuan Ujicoba Pertama	189
4.4.1.2 Temuan Setelah Ujicoba Pertama.....	195
4.4.1.3 Desain Model P2K-BPB2 Setelah Ujicoba Pertama	196
4.4.2 Ujicoba Kedua	198
4.4.2.1 Deskripsi Temuan Ujicoba Kedua.....	217
4.4.2.2 Temuan Setelah Ujicoba Kedua	223
4.5 Produk Akhir Model Pembelajaran Pendidikan Karakter Berbasis Permainan Bola Besar Dalam Pendidikan Jasmani	226

4.5.1 Rasional Model.....	226
4.5.2 Tujuan Pembelajaran	228
4.5.3 Sintak.....	229
4.5.4 Sistem Sosial.....	233
4.5.5 Prinsip Reaksi	234
4.5.6 Sistem Pendukung	236
4.5.7 Dampak Instruksional.....	236
4.5.8 Lingkungan Belajar	237
4.5.9 Evaluasi	238
BAB V PEMBAHASAN	240
5.1 Kebutuhan Model Pembelajaran Pendidikan Karakter Berbasis Permainan Bola Besar Dalam Pendidikan Jasmani	240
5.2 Rancangan Model Pembelajaran Pendidikan Karakter Berbasis Permainan Bola Besar Dalam Pendidikan Jasmani	244
5.3 Pengembangan Model Pembelajaran Pendidikan Karakter Berbasis Permainan Bola Besar Dalam Pendidikan Jasmani	247
5.4 Implementasi Model Pembelajaran Pendidikan Karakter Berbasis Permainan Bola Besar Dalam Pendidikan Jasmani	250
5.5 Produk Akhir Model Pembelajaran Pendidikan Karakter Berbasis Permainan Bola Besar Dalam Pendidikan Jasmani	256
BAB VI SIMPULAN, IMPLIKASI, DAN REKOMENDASI.....	265
6.1 Simpulan.....	265
6.2 Implikasi	270
6.3 Rekomendasi	271
DAFTAR PUSTAKA	272
LAMPIRAN.....	309

DAFTAR TABEL

Tabel 2.1 Perilaku dan Nilai Pekerti	30
Tabel 2.2 Bentuk Kurikulum Karakter di Georgia.....	30
Tabel 2.3 Nilai-Nilai Karakter	33
Tabel 2.4 Penyatuan Mata Pelajaran dengan Pendidikan Karakter	45
Tabel 2.5 Dampak Psikologis Saat Pubertas.....	80
Tabel 3.1 Waktu Pelaksanaan Penelitian	99
Tabel 3.2 Kisi-Kisi Instrumen Pedoman Wawancara	100
Tabel 3.3 Kisi-Kisi Instrumen Tes Kognitif	101
Tabel 3.4 Kisi-Kisi Instrumen Penilaian Psikomotorik	101
Tabel 3.5 Kriteria Instrumen Penilaian Afektif.....	102
Tabel 3.6 Kriteria Penilaian Afektif.....	103
Tabel 3.7 Kisi-Kisi Lembar Pengamatan Kegiatan Siswa	103
Tabel 3.8 Kisi-Kisi Angket Analisis Kebutuhan.....	104
Tabel 3.9 Kisi-Kisi Angket Validasi Ahli.....	105
Tabel 3.10 Angket Instrumen Respon Siswa Terhadap Pembelajaran	107
Tabel 3.11 Kisi-Kisi Instrumen Respon Siswa Terhadap Karakter	107
Tabel 3.12 Perhitungan Analisis Data Validasi Ahli	108
Tabel 3.13 Perhitungan Analisi Data Respon Guru Dan Siswa.....	109
Tabel 3.14 Interpretasi Analisis Data Hasil Belajar.....	110
Tabel 3.15 Pembagian N-Gain Score.....	111
Tabel 3.16 Kategori Tafsiran Efektivitas N-Gain	111
Tabel 4.1 Skenario Sintak Rancangan Awal Model P2K-BPB2	131
Tabel 4.2 Skenario Sintak Model P2K-BPB2 Setelah Validasi Ahli.....	145
Tabel 4.3 Perubahan Sintak Antara Rancangan Awal dan Setelah Validasi Ahli	150
Tabel 4.4 Jumlah Pertemuan Ujicoba Pertama	155
Tabel 4.5 Data Aktivitas Siswa Ujicoba Pertama	189
Tabel 4.6 Nilai N-Gain Kognitif Ujicoba Pertama	193
Tabel 4.7 Nilai N-Gain Afektif Ujicoba Pertama	194

Tabel 4.8 Nilai N-Gain Psikomotorik Ujicoba Pertama	194
Tabel 4.9 Nilai N-Gain Gabungan Ujicoba Pertama	195
Tabel 4.10 Skenario Model P2K-BPB2 Setelah Ujicoba Pertama	197
Tabel 4.11 Jumlah Pertemuan Ujicoba Kedua.....	199
Tabel 4.12 Data Aktivitas Siswa Ujicoba Kedua.....	218
Tabel 4.13 Nilai N-Gain Kognitif Ujicoba Kedua	221
Tabel 4.14 Nilai N-Gain Afektif Ujicoba Kedua	221
Tabel 4.15 Nilai N-Gain Psikomotorik Ujicoba Kedua	222
Tabel 4.16 Nilai N-Gain Gabungan Ujicoba Kedua	223
Tabel 4.17 Skenario Model P2K-BPB2 Setelah Ujicoba Kedua	230

DAFTAR GAMBAR

Gambat 1.1 Pengembangan Olahraga	6
Gambat 2.1 Perilaku Jujur Masyarakat Dunia	39
Gambat 2.2 Tahapan Pembentukan Karakter.....	54
Gambar 2.3 Kerangka Berfikir.....	86
Gambar 3.1 Desain Model ADDIE	94
Gambar 3.2 Bagan Prosedur Penelitian	96
Gambar 4.1 Hasil Belajar Siswa	122
Gambar 4.2 Rancangan Awal Komponen Model P2K-BPB2	127
Gambar 4.3 Rancangan Model P2K-BPB2.....	128
Gambar 4.4 Sintak Rancangan Awal Model P2K-BPB2	130
Gambar 4.5 Diagram Validasi Ahli	139
Gambar 4.6 Sintak Model P2K-BPB2 Setelah Validasi Ahli	145
Gambar 4.7 Passing Bawah Menggunakan Satu Tangan.....	160
Gambar 4.8 Passing Bawah Menggunakan Dua Tangan	161
Gambar 4.9 Aktivitas Kompetisi Passing Bawah	164
Gambar 4.10 Aktivitas Servis Bawah Berpasangan	165
Gambar 4.11 Aktivitas Permainan Servis Bawah	168
Gambar 4.12 Aktivitas Modifikasi Permainan Bola Voli.....	169
Gambar 4.13 Aktivitas Menendang Bola Secara Berpasangan	171
Gambar 4.14 Aktivitas Menendang Bola Menggunakan Kaki Bagian Luar	172
Gambar 4.15 Aktivitas Menendang Bola Menggunakan Punggung Kaki.....	173
Gambar 4.16 Menggiring Bola Secara Berpasangan	175
Gambar 4.17 Menggiring Bola Melewati Banyak Cone.....	176
Gambar 4.18 Menggiring Bola Melewati Satu Cone	177
Gambar 4.19 Aktivitas Modifikasi Sepak Bola	179

Gambar 4.20 Aktivitas Mengoper Bola Berpasangan.....	181
Gambar 4.21 Aktivitas Mengoper Bola Berkelompok	182
Gambar 4.22 Menggiring Bola Sambil Berjalan	185
Gambar 4.23 Menggiring Bola Secara Berpasangan	185
Gambar 4.24 Aktivitas Modifikasi Permainan Bola Basket	188
Gambar 4.25 Respon Guru Pada Ujicoba Pertama	193
Gambar 4.26 Sintak Model P2K-BPB2 Setelah Ujicoba Pertama.....	197
Gambar 4.27 Aktivitas Passing Bawah Berpasangan	202
Gambar 4.28 Aktivitas Permainan Servis Bawah Berkelompok	204
Gambar 4.29 Aktivitas Modifikasi Permainan Bola Voli.....	206
Gambar 4.30 Menggiring bola Melewati Satu Cone	207
Gambar 4.31 Menggiring Bola Melewati Banyak Cone.....	209
Gambar 4.32 Aktivitas Modifikasi Permainan Sepak Bola	211
Gambar 4.33 Menangkap Bola Secara Berpasangan	213
Gambar 4.34 Menggiring Bola Secara Berpasangan	215
Gambar 4.35 Aktivitas Modifikasi Permainan Bola Basket	217
Gambar 4.36 Respon Guru Pada Ujicoba Kedua.....	220
Gambar 4.37 Rasional Model	228
Gambar 4.38 Tujuan Pembelajaran	229
Gambar 4.39 Sintak Model P2K-BPB2	230
Gambar 4.40 Bagan Skenario Pembelajaran Model P2K-BPB2	233
Gambar 4.41 Sistem Sosial Model P2K-BPB2.....	234
Gambar 4.42 Prinsip Reaksi Model P2K-BPB2	235
Gambar 4.43 Sistem Pendukung Model P2K-BPB2	236
Gambar 4.44 Dampak Instruksional Model P2K-BPB2	237
Gambar 4.45 Lingkungan Pembelajaran Model P2K-BPB2	238
Gambar 4.46 Evaluasi Model P2K-BPB2.....	239

Gambar 4.47 Produk Akhir Model P2K-BPB2.....	239
--	-----

DAFTAR SINGKATAN

Model P2K-BPB2	:	Model pembelajaran pendidikan karakter berbasis permainan bola besar
Penjas	:	Pendidikan jasmani
PJOK	:	Pendidikan jasmani, olahraga dan kesehatan

DAFTAR LAMPIRAN

Lampiran 1. Pedoman Wawancara	309
Lampiran 2. Tes Kognitif.....	310
Lampiran 3. Lembar Observasi Penilaian Afektif	316
Lampiran 4. Lembar Penilaian Psikomotorik	317
Lampiran 5. Lembar Observasi Aktivitas Siswa.....	321
Lampiran 6. Angket Analisis Kebutuhan.....	322
Lampiran 7. Angket Respon Siswa Terhadap Pembelajaran	324
Lampiran 8. Angket Respon Siswa Terhadap Karakter	326
Lampiran 9. Nilai Hasil Belajar Kelompok Ujicoba Pertama.....	330
Lampiran 10. Nilai Hasil Belajar Kelompok Ujicoba Kedua	332
Lampiran 11. Perhitungan Nilai Aktivitas Siswa Kelompok Ujicoba Pertama dan Ujicoba Kedua	335
Lampiran 12. Perhitungan Analisis Kebutuhan Pembelajaran	336
Lampiran 13. Perhitungan Validasi Ahli	337
Lampiran 14. Lembar Respon Guru Kelompok Ujicoba Pertama.....	340
Lampiran 15. Lembar Respon Guru Pada Kelompok Ujicoba Kedua.....	344
Lampiran 16. Perhitungan Respon Siswa Pada Pembelajaran Untuk Ujicoba Pertama & Kedua.....	346
Lampiran 17. Perhitungan Respon Siswa Pada Karakter Untuk Ujicoba Pertama dan Kedua.....	349
Lampiran 18. Perhitungan Validasi Instrumen Respon Siswa Pada Pembelajaran	352
Lampiran 19. Perhitungan Validasi Instrumen Respon Siswa Pada Karakter	353
Lampiran 20. Surat penelitian.....	354
Lampiran 21. Surat Selesai Penelitian Dari Sekolah	355
Lampiran 30. Riwayat Hidup	356

DAFTAR PUSTAKA

- Abad, D. (2010). Sportsmanship. *Sport, ethics and philosophy*, 4(1), 27-41.
- Abaci, A., Gönül, Ç., & Büyükgebiz, A. (2013). Physical and sexual development in adolescent. *Turkish Clinics J Pediatr Sci*, 9(2), 1-9.
- Abram, P., Scarloss, B., Holthuis, N., Cohen, E., Lotan, R., & Schultz, S. E. (2002). The use of evaluation criteria to improve academic discussion in cooperative groups. *Asia Pacific Journal of Education*, 22(1), 16-27.
- Accord, A. S. S. (1999). Arizona sports summit accord: Implementation strategies. Scottsdale, Arizona. CA: JICSE. Josephine Institute Center for Sports Ethics.
- Adams, N. E. (2015). Bloom's taxonomy of cognitive learning objectives. *Journal of the Medical Library Association: JMLA*, 103(3), 152.
- Adeoye, M. A., Wirawan, K. A. S. I., Pradnyani, M. S. S., & Septiarini, N. I. (2024). Revolutionizing education: unleashing the power of the addie model for effective teaching and learning. *JPI (Jurnal Pendidik. Indones., vol. 13, no. 1, pp. 202–209, 2024, doi: 10.23887/jpiundiksha. v13i1. 68624.*
- Afifi, Rima, Alex Ezech, Susan Sawyer, and George Christopher Patton. (2013). "Assessing the Capacity and Characteristics of Research Networks as Fora for Capacity Building and Knowledge Production View Project." <https://www.researchgate.net/publication/258048400>.
- Agi, C. I., Aduloju, M. O., & Kpum, M. M. (2018). Beyond Cognitive Assessment: Teachers Attitudes towards Assessing Psychomotor and Affective Domains of Students' Behaviors in Classrooms in North Central-Nigeria. *JEP*, 9(16).
- Agung, L. (2011). Character education integration in social studies learning. *Historia: Jurnal Pendidik dan Peneliti Sejarah*, 12(2), 392-403.
- Agustin, R., & Amelia, I. (2023). Early Moral Cultivation to Build and Improve the Character of Millennial Youth. *Solo International Collaboration and Publication of Social Sciences and Humanities*, 1(02), 132-142.
- Aisyah, N. (2019). The Cultivation Of The Religious Values As Character Forming Students. *EDUTEC: Journal of Education And Technology*, 3(1), 12-19.
- Aldoobie, Nada. (2015). 5 American International Journal of Contemporary Research *ADDIE Model*. www.aijcrnet.com.
- Alfat, A., Pajariato, H., & Nurhayati, A. (2023). Strengthening the Character of Sportsmanship and Cooperation in Football Games. *ACTIVE: Journal of Physical Education, Sport, Health and Recreation*, 12(2), 194-200.
- Alfianika, N. (2021). *Pengembangan Model Pembelajaran Terbuka Berbasis Literasi Informasi Dalam Pembelajaran Menulis Karya Ilmiah Mahasiswa*

- Pendidikan Bahasa dan Sastra Indonesia di Perguruan Tinggi* (Disertasi). Sekolah Pascasarjana, Universitas Pendidikan Indonesia. Bandung.
- Alfiyana, N. K. N., Dewi, A. A. S. L., & Widyantara, I. M. M. (2022). Tinjauan Kriminologi Tindak Kekerasan Bullying di Kalangan Pelajar. *Jurnal Interpretasi Hukum*, 3(2), 269-274.
- Algan, Y., & Cahuc, P. (2013). Trust and growth. *Annu. Rev. Econ.*, 5(1), 521-549.
- Alimron, A., Syarnubi, S., & Maryamah, M. (2023). Character Education Model in Islamic Higher Education. *Al-Ishlah: Jurnal Pendidikan*, 15(3), 3334-3345.
- Alkadir, Jemal, Ken Hardman, Pilvikki Heikinaro-Johansson, and Eileen Mcevoy. (2008). 40 *Physical Education In Schools: A Global Perspective Embracing Change and Increasing Physical Act Ivit y in Finnish Schools UNESCO-NWCPEA: World-Wide Survey of School Physical Educat Ion; Final Report Physical Education In Schools: A Global Perspective*.
- Almelhi, A. M. (2021). Effectiveness of the ADDIE model within an E-learning environment in developing creative writing in EFL students. *English Language Teaching*, 14(2), 20-36.
- Amini, A. A., Yurnita, S. Y., & Hasnidar, H. H. (2017). The development of character education model trough an integrated curriculum at elementary education level in Medan City. *International Journal on Language, Research and Education Studies*, 1(2), 298-311.
- Alnajdi, S. M. (2018). The Effectiveness of Designing and Using a Practical Interactive Lesson Based on ADDIE Model to Enhance Students' Learning Performances in University of Tabuk. *Journal of Education and Learning*, 7(6), 212-221.
- Al-Tabany, T. I. B. (2017). *Mendesain model pembelajaran inovatif, progresif, dan kontekstual*. Prenada Media.
- Althof, Wolfgang, and Marvin W. Berkowitz. (2006). "Moral Education and Character Education: Their Relationship and Roles in Citizenship Education." *Journal of Moral Education* 35(4): 495–518.
- Anggraeni, N. E. (2019). Strategi pembelajaran dengan model pendekatan pada peserta didik agar tercapainya tujuan pendidikan di era globalisasi. *ScienceEdu*, 2(1), 72-79.
- Anwar, Y., Rustaman, N. Y., & Widodo, A. (2014). Hypothetical model to developing pedagogical content knowledge (PCK) prospective biology teachers in consecutive approach. *International Journal of Science and Research*, 3(12), 138-143.
- Amollo, Odundo P., and Ganira K. Lilian. (2017). "Teacher Position in Spurring Value Based Education in Early Learning in Nairobi County, Kenya: Addressing Support of Values in School Environment." *Journal of Education and Learning* 6(3): 194.

- Arif, S. (2021). Incorporating student-centered learning in an ecosystems course. *Journal of College Science Teaching*, 51(2), 41-45.
- Arifin, Ramadhan, Mita Erliana, and Ahmad Faisal. (2021). "Improving Learning Outcomes Of Big Ball Games Using Coopertive Methods In Primary Schools." *Kinestetik : Jurnal Ilmiah Pendidikan Jasmani* 5(1): 179–85.
- Arikunto S. (2015). *Dasar-Dasar Evaluasi Pembelajaran*. Bumi Aksara. Jakarta.
- Arikunto S. (2014). *Prosedur Penelitian: Suatu Pendekatan Praktek*. Rineka Cipta. Jakarta.
- Arkün, S., & Akkoyunlu, B. (2008). A Study on the development process of a multimedia learning environment according to the ADDIE model and students' opinions of the multimedia learning environment. *Interactive Educational Multimedia*, 1-19.
- Arnett, J. J. (2000). Emerging adulthood: A theory of development from the late teens through the twenties. *American psychologist*, 55(5), 469.
- Arrow, K. J. (1972). Gifts and exchanges. *Philosophy & Public Affairs*, 343-362.
- Arthur, J., Kristjánsson, K., Cooke, S., Brown, E., & Carr, D. (2015). The good teacher: Understanding virtues in practice.
- Asal, V., & Kratoville, J. (2013). Constructing international relations simulations: Examining the pedagogy of IR simulations through a constructivist learning theory lens. *Journal of Political Science Education*, 9(2), 132-143.
- Aslan, M. (2011). Handbook of moral and character education, ed. Larry P. Nucci and Darcia Narvaez. *International Journal of Instruction*, 4(2), 211-214.
- Astle, A., Leberman, S., & Watson, G. (2019). *Sport Development in Action*. Routledge.
- Asyafah, A. (2019). Menimbang model pembelajaran (kajian teoretis-kritis atas model pembelajaran dalam pendidikan islam). *TARBAWY: Indonesian Journal of Islamic Education*, 6(1), 19-32.
- Austin, M. (2010). How can character be built through sports. *Psychology Today* (Online). <http://www.psychologytoday.com/blog/ethics-everyone/201006/how-cancharacter-be-built-through-sports> www. thevib.org/HOL. html# code.
- Ayu Risma Putri, Siti. (2020). "Variation of Volleyball Basic Tech-Nique Through Games Approach." *Journal of Physical Education* 9(2): 131–36. <http://journal.unnes.ac.id/sju/index.php/peshr>.
- Bada, S. O., & Olusegun, S. (2015). Constructivism learning theory: A paradigm for teaching and learning. *Journal of Research & Method in Education*, 5(6), 66-70.

- Baena-Morales, Salvador, and Sixto González-Víllora. (2022). "Physical Education for Sustainable Development Goals: Reflections and Comments for Contribution in the Educational Framework." *Sport, Education and Society*.
- Bahagia, B., Rangkuti, Z., & Noor, Z. M. (2021). Playing Football Creating Education Character In Youth Perspective In Nighborhood Environment. *Jurnal Basicedu*, 5(3), 1593-1603.
- Bailey, R. (2006). Physical education and sport in schools: A review of benefits and outcomes. *Journal of school health*, 76(8), 397-401.
- Bailey, R., Armour, K., Kirk, D., Jess, M., Pickup, I., Sandford, R., & Education, B. P. (2009). The educational benefits claimed for physical education and school sport: an academic review. *Research papers in education*, 24(1), 1-27.
- Baker, E. R., Fisher, M., & Goethert, W. (2007). Basic principles and concepts for achieving quality.
- Balci, O., Arthur, J. D., & Ormsby, W. F. (2011). Achieving reusability and composability with a simulation conceptual model. *Journal of Simulation*, 5(3), 157-165.
- Bandura, A. (2002). Selective moral disengagement in the exercise of moral agency. *Journal of moral education*, 31(2), 101-119.
- Barrouillet, P. (2015). Theories of cognitive development: From Piaget to today. *Developmental Review*, 38, 1-12.
- Basu, R. (2018). Instructional design models: benefits and challenges. *UGC Approved Journal*, 41(2249), 31-36.
- Bean, Corliss, and Tanya Forneris. (2016). "Examining the Importance of Intentionally Structuring the Youth Sport Context to Facilitate Positive Youth Development." *Journal of Applied Sport Psychology* 28(4): 410–25.
- Becker, G. S. (1974). A theory of social interactions. *Journal of political economy*, 82(6), 1063-1093.
- Bereiter, C. (1994). Constructivism, socioculturalism, and Popper's world 3. *Educational researcher*, 23(7), 21-23.
- Berkowitz, M. W., & Grych, J. H. (2000). Early character development and education. *Early Education and Development*, 11(1), 55-72.
- Berkowitz, Marvin W., and Melinda C. Bier. (2004). "Research Based Character Education." *Annals of the American Academy of Political and Social Science* 591: 72–85.
- Berkowitz, M. W., & Schwartz, M. (2006). Character education. *Children's needs III: Development, prevention, and intervention*, 15-27.
- Beyer, C. J., Delgado, C., Davis, E. A., & Krajcik, J. (2009). Investigating teacher learning supports in high school biology curricular programs to inform the design of educative curriculum materials. *Journal of Research in Science*

- Teaching: The Official Journal of the National Association for Research in Science Teaching*, 46(9), 977-998.
- Biggs, J. (2003). Aligning teaching and assessing to course objectives. *Teaching and learning in higher education: New trends and innovations*, 2(4), 13-17.
- Biggs, J. (1999). What the student does: Teaching for enhanced learning. *Higher education research & development*, 18(1), 57-75.
- Billing, H. (2013). Effect of inductive thinking model on achievement motivation of students in relation to their learning approach. *International Journal of Education and Psychological Research*, 2(4), 49-59.
- Birhan, Wohabie et al. (2021). "Exploring the Context of Teaching Character Education to Children in Preprimary and Primary Schools." *Social Sciences & Humanities Open* 4(1): 100171.
- Bisa, M. (2023). Sports Education as a Means of Building Student Character: Values and Benefits. *Al-Ishlah: Jurnal Pendidikan*, 15(2), 1581-1590.
- Bogin, B. (1994). Adolescence in evolutionary perspective. *Acta Paediatrica*, 83, 29-35.
- Bouwmeester, M., Carbaugh, D., Hart, T., Ju, B., Leighter, J. L., Lie, S., & Wallace, M. R. (2015). *Communicating user experience: Applying local strategies research to digital media design*. Lexington Books.
- Booth, V. M., Rowlands, A. V., & Dollman, J. (2015). Physical activity temporal trends among children and adolescents. *Journal of science and medicine in sport*, 18(4), 418-425.
- Bowlby, J. (2018). The influence of early environment in the development of neurosis and neurotic character. In *Influential Papers from the 1940s* (pp. 251-277). Routledge.
- Boyer, K. E., Lahti, W., Phillips, R., Wallis, M. D., Vouk, M. A., & Lester, J. C. (2010, March). Principles of asking effective questions during student problem solving. In *Proceedings of the 41st ACM technical symposium on Computer science education* (pp. 460-464).
- Brackett, M. A., & Rivers, S. E. (2014). Transforming students' lives with social and emotional learning. In *International handbook of emotions in education* (pp. 368-388). Routledge.
- Branch, R. M., & Kopcha, T. J. (2014). Instructional design models. *Handbook of research on educational communications and technology*, 77-87.
- Bredemeier, B. L., & Shields, D. L. (2006). Sports and character development. *Journal of Physical Activity and Health*, 3(2), 255-256.
- Brophy, J. (1999). Toward a model of the value aspects of motivation in education: Developing appreciation for.. *Educational psychologist*, 34(2), 75-85.

- Brown, A. L., & Campione, J. C. (2013). Psychological theory and the design of innovative learning environments: On procedures, principles, and systems. In *Innovations in learning* (pp. 289-325). Routledge.
- Brunsdon, J. J. (2023). 'it's about bringing people together': one middle school physical education teacher's attempt at deploying character education. *Physical Education and Sport Pedagogy*, 1-13.
- Brunsdon, Jamie Jacob, and David Ian Walker. (2022) "Cultivating character through physical education using memetic, progressive and transformative practices in schools." *Journal of Moral Education* 51, no. 4: 477-493.
- Buchholz, S., Hofäcker, D., Mills, M., Blossfeld, H. P., Kurz, K., & Hofmeister, H. (2009). Life courses in the globalization process: The development of social inequalities in modern societies. *European sociological review*, 25(1), 53-71.
- Bukit, S., Marcela, E. D., & Ernawati, E. (2023). Teacher's Strategy to Create Fun Learning in Elementary School. *Journal Corner of Education, Linguistics, and Literature*, 2(3), 244-249.
- Burden, P. R, and D. M Byrd. (1996). "Method for Effective Teaching." *second edition*. Boston: Allyn and Bacon.
- Burleson, W. (2005). Developing creativity, motivation, and self-actualization with learning systems. *International Journal of Human-Computer Studies*, 63(4-5), 436-451.
- Buyukgebiz, B. (2013). Nutrition in Adolescents Age Group. *Turkey Clinical J Pediatr Sci*, 9(2), 37-47.
- Cahyani, L. I., & Hidayat, M. T. (2023). Tinjauan pustaka sistematis: Program kantin kejujuran untuk meningkatkan karakter jujur di sekolah dasar. *Jurnal Pemikiran Dan Pengembangan Sekolah Dasar (JP2SD)*, 11(1), 84-94.
- Camiré, Martin, and Pierre Trudel. (2010). "High School Athletes' Perspectives on Character Development through Sport Participation." *Physical Education and Sport Pedagogy* 15(2): 193–207.
- Carr, D. (2003). Character and moral choice in the cultivation of virtue. *Philosophy*, 78(2), 219-232.
- Cary, P. (2004). Fixing kids' sports. *US News & World Report*, 136(20), 44-8.
- Carsiwan, C., Sanusi, A., Iriantara, Y., & Rostini, D. (2021). Implementation of Strengthening Character Education in Physical Education. *Journal of Physical Education for Secondary Schools*, 1(2), 51-57.
- Castle, S., Deniz, C. B., & Tortora, M. (2005). Flexible grouping and student learning in a high-needs school. *Education and urban society*, 37(2), 139-150.
- Cauffman, E., & Steinberg, L. (2000). (Im) maturity of judgment in adolescence: Why adolescents may be less culpable than adults. *Behavioral sciences & the law*, 18(6), 741-760.

- Carvalho, C., Martins, D., Santana, L. E., & Feliciano, L. (2014). Teacher feedback: Educational guidance in different school contexts. *Procedia-Social and Behavioral Sciences*, 159, 219-223.
- Casmana, A. R., Dewantara, J. A., Timoera, D. A., Kusmawati, A. P., & Syafrudin, I. (2023). Global citizenship: preparing the younger generation to possess pro-environment behavior, mutual assistance and tolerance awareness through school engagement. *Globalisation, Societies and Education*, 21(1), 15-32.
- Catalano, R. F., Hawkins, J. D., & Toumbourou, J. W. (2008). Positive youth development in the United States: History, efficacy, and links to moral and character education. In *Handbook of moral and character education* (pp. 475-499). Routledge.
- Cavanagh, T., Macfarlane, A., Glynn, T., & Macfarlane, S. (2012). Creating peaceful and effective schools through a culture of care. *Discourse: Studies in the cultural politics of education*, 33(3), 443-455.
- CDC. (2010). *The Association Between School-Based Physical Activity, Including Physical Education, and Academic Performance*. www.cdc.gov/HealthyYouth.
- Chang, B. (2019). Reflection in learning. *Online learning*, 23(1), 95-110.
- Chatterjee, D., & Corral, J. (2017). How to write well-defined learning objectives. *The journal of education in perioperative medicine: JEPM*, 19(4).
- Cheah, Charissa S.L., Hatice Gürsoy, and Merve Balkaya-Ince. (2021). "Parenting and Social Identity Contributors to Character Development in Muslim American Adolescents." *International Journal of Intercultural Relations* 81: 68–78.
- Chen, A., & Ennis, C. D. (2004). Goals, interests, and learning in physical education. *The Journal of Educational Research*, 97(6), 329-339.
- Chen, A., & Darst, P. W. (2001). Situational interest in physical education: A function of learning task design. *Research Quarterly for exercise and sport*, 72(2), 150-164.
- Chen, C. M., & Kuo, C. H. (2019). An optimized group formation scheme to promote collaborative problem-based learning. *Computers & Education*, 133, 94-115.
- Chin, C., & Osborne, J. (2008). Students' questions: a potential resource for teaching and learning science. *Studies in science education*, 44(1), 1-39.
- Choi, H. S., Johnson, B., & Kim, Y. K. (2014). Children's development through sports competition: Derivative, adjustive, generative, and maladaptive approaches. *Quest*, 66(2), 191-202.
- Christie, D., & Viner, R. (2005). Adolescent development. *Bmj*, 330(7486), 301-304.

- Clark, S., Harbaugh, A. G., & Seider, S. (2019). Fostering adolescent curiosity through a question brainstorming intervention. *Journal of adolescence*, 75, 98-112.
- Clarke, D., & Hollingsworth, H. (2002). Elaborating a model of teacher professional growth. *Teaching and teacher education*, 18(8), 947-967.
- Clifford, C. (2010). Sport and character: Reclaiming the principles of sportsmanship. *Human Kinetics*.
- Clouse, Boonnidel. (2000). Character Education: Borrowing Forom the Past to Advance the Future.
- Coakley, J. (2006). The good father: Parental expectations and youth sports. *Leisure studies*, 25(2), 153-163.
- Coccea, M., & Magoulas, G. D. (2010, September). Group formation for collaboration in exploratory learning using group technology techniques. In *International Conference on Knowledge-Based and Intelligent Information and Engineering Systems* (pp. 103-113). Berlin, Heidelberg: Springer Berlin Heidelberg.
- Codó, E. (2008). Interviews and questionnaires. *The Blackwell guide to research methods in bilingualism and multilingualism*, 158-176.
- Cohen, E. G., Lotan, R. A., Abram, P. L., Scarloss, B. A., & Schultz, S. E. (2002). Can groups learn?. *Teachers College Record*, 104(6), 1045-1068.
- Cohn, A., Maréchal, M. A., Tannenbaum, D., & Zünd, C. L. (2019). Civic honesty around the globe. *Science*, 365(6448), 70-73.
- Comadena, M. E., Hunt, S. K., & Simonds, C. J. (2007). The effects of teacher clarity, nonverbal immediacy, and caring on student motivation, affective and cognitive learning. *Communication Research Reports*, 24(3), 241-248.
- Cooperstein, S. E., & Kocevar-Weidinger, E. (2004). Beyond active learning: A constructivist approach to learning. *Reference services review*, 32(2), 141-148.
- Costley, K. C., & Harrington, K. (2012). Character Education: A Growing Need in American Schools. *Online Submission*.
- Coulter, M., McGrane, B., & Woods, C. (2020). 'PE should be an integral part of each school day': parents' and their children's attitudes towards primary physical education. *Education 3-13*, 48(4), 429-445.
- Crisianita, S., & Mandasari, B. (2022). The Use Of Small-Group Discussion To Imprpove Students'speaking Skill. *Journal of English Language Teaching and Learning*, 3(1), 61-66.
- Crosby, R. H. J. (2000). AMEE Guide No 20: The good teacher is more than a lecturer-the twelve roles of the teacher. *Medical teacher*, 22(4), 334-347.
- Crum, B. J. (1993). Conventional thought and practice in physical education: Problems of teaching and implications for change. *Quest*, 45(3), 339-356.

- Culp, R. (2007). Tempering Bodies, Molding Moral Characters: Training, Cultivation, and Cultural Citizenship. In *Articulating Citizenship* (pp. 163-208). Harvard University Asia Center.
- Cunningham, C. (2015). Imagination: Active in teaching and learning.
- Danasasmita, W. (2013). Model pembelajaran dan pendekatannya. *Bandung: Direktori Universitas Pendidikan Indonesia*.
- Darmawan, D., & Wahyudin, D. (2018). Model pembelajaran di sekolah.
- Dasgupta, P. (2000). Trust as a commodity. *Trust: Making and breaking cooperative relations*, 4, 49-72.
- Davies, I., Grammes, T., & Kuno, H. (2017). Citizenship education and character education. *JSSE-Journal of Social Science Education*.
- Davis, A. L. (2013). Using instructional design principles to develop effective information literacy instruction: The ADDIE model. *College & Research Libraries News*, 74(4), 205-207.
- Davis, Michael. (2003). "What's Wrong with Character Education?" *American Journal of Education* 110(1): 32-57.
- Dengfeng, W. (2020). Goals of Integration of Sports and Education in New Era and Reform Direction of School Physical Education. *Journal of Shanghai University of Sport*, 44(10), 1-4.
- Destani, Fitni, James C. Hannon, Leslie Podlog, and Timothy A. Brusseau. (2014). "Promoting Character Development through Teaching Wrestling in Physical Education." *Journal of Physical Education, Recreation & Dance* 85(5): 23-29.
- Dewey, J. (1916). Dewey, John, *Democracy and Education: An Introduction to the Philosophy of Education* (Macmillan, 1916). In John Dewey: The Middle Works, 1899-1924, ed. JA Boydston, Volume 9: 1916, pp. 1-402. Carbondale, IL: Southern Illinois University, 1980.
- Dewey, J. (1930). The quest for certainty: A study of the relation of knowledge and action. *The Journal of Philosophy*, 27(1), 14-25.
- Dewi, E. R., & Alam, A. A. (2020). Transformation model for character education of students. *Cypriot Journal of Educational Sciences*, 15(5), 1228-1237.
- Dewi, P. Y. A., & Primayana, K. H. (2019). Effect of learning module with setting contextual teaching and learning to increase the understanding of concepts. *International Journal of Education and Learning*, 1(1), 19-26.
- Di Cesare, M., Sorić, M., Bovet, P., Miranda, J. J., Bhutta, Z., Stevens, G. A., ... & Bentham, J. (2019). The epidemiological burden of obesity in childhood: a worldwide epidemic requiring urgent action. *BMC medicine*, 17, 1-20.
- Dieu, O., Llena, C., Davids, K., & Potdevin, F. (2022). Enriching organisational design for games: the case of badminton in physical education. *Physical Education and Sport Pedagogy*, 1-15.

- Dillenbourg, Pierre. (1999). *What Do You Mean by "Collaborative Learning"*.
- Dismore, H., & Bailey, R. (2011). Fun and enjoyment in physical education: Young people's attitudes. *Research papers in education*, 26(4), 499-516.
- Dixon-Mueller, R. (2008). How young is "too young"? Comparative perspectives on adolescent sexual, marital, and reproductive transitions. *Studies in family planning*, 39(4), 247-262.
- Djailani, A. R. (2013). Strategy character building of students at excellent schools in the City Of Banda Aceh. *IOSR Journal of Research & Method in Education (IOSR-JRME)*, 1(5), 49-59.
- Djalal, F. (2017). Optimalisasi pembelajaran melalui pendekatan, strategi, dan model pembelajaran. *Sabilarrasyad: Jurnal Pendidikan dan Ilmu Kependidikan*, 2(1).
- Dodge, K. A., & Pettit, G. S. (2003). A biopsychosocial model of the development of chronic conduct problems in adolescence. *Developmental psychology*, 39(2), 349.
- Dong, B., Morrison, C. N., Branas, C. C., Richmond, T. S., & Wiebe, D. J. (2020). As violence unfolds: A space-time study of situational triggers of violent victimization among urban youth. *Journal of quantitative criminology*, 36, 119-152.
- Doty, J. (2006). Sports build character?! *Journal of College and Character*, 7(3), 1-9.
- Driscoll, M. P. (1994). *Psychology of learning for instruction*. Allyn & Bacon.
- Du, Y., & Liu, B. (2021, May). On the Renewal of Basketball Concepts Based on the Reform of Basketball Teaching in Colleges. In *2021 2nd International Conference on Computers, Information Processing and Advanced Education* (pp. 959-961).
- Du, Xuegong. (2016). *Study on Reforms in College Volleyball Teaching*.
- Duckworth, E. R. (1990). Science education: A minds-on approach for the elementary years.
- Duda, J. L., Olson, L. K., & Templin, T. J. (1991). The relationship of task and ego orientation to sportsmanship attitudes and the perceived legitimacy of injurious acts. *Research quarterly for exercise and sport*, 62(1), 79-87.
- Dupri, D, Oki Candra, Alfi Candra, and Desi Alif Suryani. (2020). "The Implementation of Problem Based Learning Model in Improving Cooperation and Learning Outcomes in Physical Education." *Jurnal Pendidikan Jasmani dan Olahraga* 5(1): 86–90.
- Dyson, B. (2001). Cooperative learning in an elementary physical education program. *Journal of teaching in Physical Education*, 20(3), 264-281.

- Dyson, B. (2014). Quality physical education: A commentary on effective physical education teaching. *Research Quarterly for Exercise and Sport*, 85(2), 144-152.
- Dwitiyanti, N., Kumala, S. A., & Widiyatun, F. (2020). Using the ADDIE model in development of physics unit conversion application based on Android as learning media. *Formatif: Jurnal Ilmiah Pendidikan MIPA*, 10(2).
- Eccles, J., Templeton, J., Barber, B., & Stone, M. (2003). Adolescence and emerging adulthood: The critical passage ways to adulthood. In *Well-being* (pp. 383-406). Psychology Press.
- Edgington, William D. (2002). "To Promote Character Education, Use Literature for Children and Adolescents." *The Social Studies* 93(3): 113–16.
- Edwards, D., & Mercer, N. (2013). *Common Knowledge (Routledge Revivals): The Development of Understanding in the Classroom*. Routledge.
- Ekasari, R. D., & Nurkhairina, N. (2021). Integration of Character Education in Social Studies Learning. *Indonesian Journal of Primary Education*, 5(1), 13-22.
- Elias, M. J. (2009). Social-emotional and character development and academics as a dual focus of educational policy. *Educational Policy*, 23(6), 831-846.
- Eliasa, Eva Imania. (2014). "Increasing Values of Teamwork and Responsibility of the Students through Games: Integrating Education Character in Lectures." *Procedia - Social and Behavioral Sciences* 123: 196–203. <http://dx.doi.org/10.1016/j.sbspro.2014.01.1415>.
- Elkady, E., & Bauzá-Capart, D. (2023). Developing Habits of Mind through Character Education. *Mindfulness and Thoughtfulness: Leading and Teaching with Habits of Mind in Research and Practice*, 135.
- Engh, F. (2002). *Why Johnny hates sports*. Square One Publishers, Inc..
- Ergün, S., & Conk, Z. (2011). Effect of individualized education efforts by a nurse to increase self-care capacity in adolescents. *Acta paul enferm*, 24(6), 821-7.
- Erlina, A. (2014, April). Big Ball Game Modification For Learning Physical Education. In *International Seminar of Sport Culture and Achievement* (p. 53).
- Ertikanto, C., Herpratiwi, H., Yunarti, T., & Andrian, S. (2017). Development and evaluation of a model-supported scientific inquiry training program for elementary teachers in Indonesia. *International Journal of Instruction*, 10(3), 93-198.
- Ertmer, P. A., & Newby, T. J. (2013). Behaviorism, cognitivism, constructivism: Comparing critical features from an instructional design perspective. *Performance improvement quarterly*, 26(2), 43-71.
- Estupiñán, A. A. P., Naranjo, P. F. F., Mora, A. B. C., & Tenorio, W. O. J. (2022). Continuing Education and its Contribution to the Integral Formation of Soccer Coaches. *Revista Iberoamericana de la Educación*, 5(1), 13-31.

- Evans, J., & Roberts, G. C. (1987). Physical competence and the development of children's peer relations. *Quest*, 39(1), 23-35.
- Fatu, S., Sutrisno, S., & Manik, N. D. Y. (2022). Dampak Pergaulan Bebas Di Kalangan Pelajar. *SERVIRE: Jurnal Pengabdian Kepada Masyarakat*, 2(1), 103-116.
- Fajarwati, R., Triyanto, T., & Hartanto, R. V. P. (2023). Implementing the Caring Character Education Reinforcement Program through Young Red Cross Activities. *Indonesian Journal of Multidisciplinary Science*, 2(12), 4163-4169.
- Farmer, A. (2018). The impact of student-teacher relationships, content knowledge, and teaching ability on students with diverse motivation levels. *Language Teaching and Educational Research*, 1(1), 13-24.
- Fehr, E., Glätzle-Rützler, D., & Sutter, M. (2013). The development of egalitarianism, altruism, spite and parochialism in childhood and adolescence. *European Economic Review*, 64, 369-383.
- Felder, R. M., & Brent, R. (2005). Understanding student differences. *Journal of engineering education*, 94(1), 57-72.
- Fernández-Espínola, Carlos, Manuel Tomás Abad Robles, and Francisco Javier Giménez Fuentes-Guerra. (2020). "Small-Sided Games as a Methodological Resource for Team Sports Teaching: A Systematic Review." *International Journal of Environmental Research and Public Health* 17(6).
- Fernando, S. Y., & Marikar, F. M. (2017). Constructivist teaching/learning theory and participatory teaching methods. *Journal of Curriculum and Teaching*, 6(1), 110-122.
- Figley, G. E. (1984). Moral education through physical education. *Quest*, 36(1), 89-101.
- Filgona, J., Sababa, L. K., & Filgona, J. (2016). Effect of hands-on learning strategies on senior secondary school students' academic achievement in topographical map studies in Ganye educational zone, Adamawa State, Nigeria. *International Journal of Social Science and Humanities Research*, 4(3), 276-287.
- Fitri, Agus Zaenul. (2012). *Pendidikan Karakter Berbasis Nilai Dan Etika Di Sekolah*. ed. Fitri. Agus Zaenul. Jogjakarta: Ar-Ruzz Media.
- Fluckiger, J., Vigil, Y. T. Y., Pasco, R., & Danielson, K. (2010). Formative feedback: Involving students as partners in assessment to enhance learning. *College teaching*, 58(4), 136-140.
- Frameiliada, D., Setiawan, S., Azizah, T., & Margarida, K. (2023). Learning Facilities in Supporting the Process Learning and Learning Motivation. *Sciencetchno: Journal of Science and Technology*, 2(2), 118-124.
- Fraser-Thomas, J. L., Côté, J., & Deakin, J. (2005). Youth sport programs: An avenue to foster positive youth development. *Physical education & sport pedagogy*, 10(1), 19-40.

- Frith, U., & Frith, C. (2010). The social brain: allowing humans to boldly go where no other species has been. *Philosophical Transactions of the Royal Society B: Biological Sciences*, 365(1537), 165-176.
- Furstenberg Jr, F. F. (2010). On a new schedule: Transitions to adulthood and family change. *The future of children*, 67-87.
- Gabriele, A. J., & Montecinos, C. (2001). Collaborating with a skilled peer: The influence of achievement goals and perceptions of partners' competence on the participation and learning of low-achieving students. *The Journal of Experimental Education*, 69(2), 152-178.
- Garn, Alex C., and Donetta J. Cothran. (2006). "The Fun Factor in Physical Education." *Journal of Teaching in Physical Education* 25(3): 281–97.
- Gentry, J. W. (1990). What is experiential learning. *Guide to business gaming and experiential learning*, 9(1), 20-32.
- Gestsdottir, S., & Lerner, R. M. (2008). Positive development in adolescence: The development and role of intentional self-regulation. *Human Development*, 51(3), 202-224.
- Ghani, M. T. A., & Daud, W. A. A. W. (2018). Adaptation of ADDIE instructional model in developing educational website for language learning. *Global Journal Al-Thaqafah*, 8(2), 7-16.
- Gholy, M. S., Sumardi, S., & Hadi, S. R. (2021). Pengembangan Model Pembelajaran PJOK Melalui Program SIBBER Untuk Meningkatkan Kebugaran Jasmani Berkarakter Sportivitas. *JOSSAE (Journal of Sport Science and Education)*, 134-145.
- Giebink, M. P., & McKenzie, T. L. (1985). Teaching sportsmanship in physical education and recreation: An analysis of interventions and generalization effects. *Journal of Teaching in Physical Education*, 4(3), 167-177.
- Gill, Diane L, Lavon Williams, and Erin J Reifsteck. (2017). *Psychological Dynamics of Sport and Exercise*.
- Gillies, R. M. (2003). The behaviors, interactions, and perceptions of junior high school students during small-group learning. *Journal of educational psychology*, 95(1), 137.
- Gillies, Robyn M. (2008). "The Effects of Cooperative Learning on Junior High School Students' Behaviours, Discourse and Learning during a Science-Based Learning Activity." *School Psychology International* 29(3): 328–47.
- Gillies, R. M., & Ashman, A. F. (1998). Behavior and interactions of children in cooperative groups in lower and middle elementary grades. *Journal of educational psychology*, 90(4), 746.
- Glasbeek, H. (2004). Solving problems on your own: how do exercises in tutorials interact with software learners' level of goal-orientedness?. *IEEE transactions on professional communication*, 47(1), 44-53.

- Goff, M., & Ackerman, P. L. (1992). Personality-intelligence relations: Assessment of typical intellectual engagement. *Journal of Educational Psychology*, 84(4), 537.
- Golding, C. (2013). The teacher as guide: A conception of the inquiry teacher. *Educational Philosophy and Theory*, 45(1), 91-110.
- Goldstein, J. D., & Iso-Ahola, S. E. (2006). Promoting sportsmanship in youth sports: Perspectives from sport psychology. *Journal of Physical Education, Recreation & Dance*, 77(7), 18-24.
- Gomes, R., & Buckley, O. (2017). 10 Reason to play volleyball. Virginia: Oakbrook Court, Sterling.
- Goodwin, J., & O'Connor, H. (2009). Youth and generation: In the midst of an adult world. In *Handbook of youth and young adulthood* (pp. 38-46). Routledge.
- Gottfried, A. E. (1990). Academic intrinsic motivation in young elementary school children. *Journal of Educational psychology*, 82(3), 525.
- Gough, Russell W. (1998). "A Practical Strategy for Emphasizing Character Development in Sport and Physical Education." *Journal of Physical Education, Recreation & Dance* 69(2): 18–20.
- Green, B. C. (2009). Sport as an agent for social and personal change. In *Management of sports development* (pp. 143-160). Routledge.
- Green T, and Gabbard C. (1999). "Do We Need Sportsmanship Education in Secondary School Athletics?" *Physical Educator; Urbana* 56(2).
- Gülay, O., Mirzeoğlu, D., & Çelebi, M. (2010). Effects of cooperative games on social skill levels and attitudes toward physical education. *Eurasian journal of educational research*, 40(1), 77-92.
- Gumus, H., Saracli, S., Yagmur, R., Isik, O., & Ersoz, Y. (2020). The investigation of sportsmanship behaviors of university students. *Revista de Psicología del Deporte (Journal of Sport Psychology)*, 29(1), 13-20.
- Guru, Buku, Pendidikan Jasmani, dan Kesehatan, and dan Kesehatan Buku Guru HET ZONA. (2017). (*Jilid 1*) VII. <http://buku.kemdikbud.go.id>.
- Hake, R. R. (1999). Analyzing change/gain scores. AREA-D American education research association's division. D. *Measurement and Research Methodology*, 1(4), 48-56.
- Hallinger, P. (2003). Leading educational change: Reflections on the practice of instructional and transformational leadership. *Cambridge Journal of education*, 33(3), 329-352.
- Hallmann, K., Bogner, L., Sander, K., & Reuß, K. (2022). Sport for a Livelihood and Well-being: From Leisure Activity to Occupational Devotion. *International Journal of the Sociology of Leisure*, 5(1), 55-77.

- Hamann, K., Pollock, P. H., & Wilson, B. M. (2012). Assessing student perceptions of the benefits of discussions in small-group, large-class, and online learning contexts. *College Teaching*, 60(2), 65-75.
- Hambali, Sumbara, and Sutiswo Sutiswo. (2020). *Under-Passing Learning Using a Playful Approach in Volleyball Game*.
- Hamjah, S. H., Ismail, Z., Rasit, R. M., & Rozali, E. A. (2011). Methods of increasing learning motivation among students. *Procedia-Social and Behavioral Sciences*, 18, 138-147
- Han, Hyemin. (2014a). "Analysing Theoretical Frameworks of Moral Education through Lakatos's Philosophy of Science." *Journal of Moral Education* 43(1): 32-53.
- Han, H. (2014). Analysing theoretical frameworks of moral education through Lakatos's philosophy of science. *Journal of Moral Education*, 43(1), 32-53.
- Hanrahan, M. (1998). The effect of learning environment factors on students' motivation and learning. *International journal of science education*, 20(6), 737-753.
- Hariyadi, A., & Yanti, D. R. (2019). The importance of needs analysis in materials development. *Jurnal Ilmiah Profesi Pendidikan*, 4(2), 94-99.
- Harney, J. (2014). Character Education Integration in Secondary School English Curriculum.
- Haroswinarti, K., Sasongko, R. N., Kristiawan, M., & Mentari, E. G. (2021). A Case Study of Honest Character Development in Early Childhood in Bengkulu City. *Al-Athfaal: Jurnal Ilmiah Pendidikan Anak Usia Dini*, 4(1), 124-136.
- Harper, A. (2015). Nietzsche's Thumbscrew: Honesty as Virtue and Value Standard. *Journal of Nietzsche Studies*, 46(3), 367-390.
- Harvard, Chris Dede. (2009). *Comparing Frameworks for "21 St Century Skills."*
- Haug, B. S., & Ødegaard, M. (2015). Formative assessment and teachers' sensitivity to student responses. *International Journal of Science Education*, 37(4), 629-654.
- Hayudi, H., Suherman, A., Sutresna, N., Yudiana, Y., Handayani, S. R., & Pratama, L. The Use Of Big Ball Games In Improving Understanding Of Human Body Health. *Journal of Engineering Science and Technologi*, 19(5), 77-84.
- Hassed, C., & Chambers, R. (2014). *Mindful learning: Reduce stress and improve brain performance for effective learning* (Vol. 3). Exisle Publishing.
- Hazen, E., Schlozman, S., & Beresin, E. (2008). Adolescent psychological development: a review. *Pediatrics in review*, 29(5), 161-168.
- Heidari, Mohammad Hossein, Reza Ali Nowrozi, and Parvaneh Ahmadpoor. (2016). "Recognition and Applying Character Education Approaches in Schools." *Review of European Studies* 8(3): 125.

- Hein, G. E. (1991). Constructivist learning theory. *Institute for Inquiry*. Available at: <http://www.exploratorium.edu/ifi/resources/constructivistlearning.html>.
- Herdiana, A., & Prakoso, G. P. W. (2016). Pembelajaran pendidikan jasmani yang mengacu pada pembiasaan sikap fair play dan kepercayaan pada peserta didik. *Jorpres (Jurnal Olahraga Prestasi)*, 12(1).
- Hermens, N., Super, S., Verkooijen, K. T., & Koelen, M. A. (2017). A systematic review of life skill development through sports programs serving socially vulnerable youth. *Research quarterly for exercise and sport*, 88(4), 408-424.
- Hernández, R. M., Gómez, R. M. M., & Padorno, C. M. (2019). Verbal interaction amongst students during physical education. *Journal of Human Sport and Exercise*, 14(3), 560-570.
- Heryadi, A., & Subandi, S. (2021). Honesty education for children from a very early age: An Islamic perspective on psychology. *Psikis: Jurnal Psikologi Islami*, 7(2), 180-187.
- Hidayah, E. N., Murdiono, M., Wiratomo, G. H., & Hermawan, D. (2023). The role of youth and scouting education in enhancing student character development. *Jurnal Civics: Media Kajian Kewarganegaraan*, 20(1), 94-103.
- Hidayati, A., Zaim, M., Rukun, K., & Darmansyah, D. (2014). The development of character education curriculum for elementary student in West Sumatera. *International Journal of Education and Research*, 2(6), 189-198.
- Hiskya, Hendra Jondry. (2019). "Article ID: IJMET_10_03_189 Cite This Article Hendra Jondry Hiskya, Level of Understanding of Education Health and Recreation Students on Basic Techniques and Volleyball Game Regulation." *International Journal of Mechanical Engineering and Technology (IJMET)* 10(3): 1867-72. <http://www.iaeme.com/IJMET/index.asp>1867<http://www.iaeme.com/ijmet/issues.asp?JType=IJMET&VType=10&IType=3><http://www.iaeme.com/IJMET/issues.asp?JType=IJMET&VType=10&IType=3>.
- Hoque, M. E. (2016). Three domains of learning: Cognitive, affective and psychomotor. *The Journal of EFL Education and Research*, 2(2), 45-52.
- Holt, N. L., Tamminen, K. A., Tink, L. N., & Black, D. E. (2009). An interpretive analysis of life skills associated with sport participation. *Qualitative research in sport and exercise*, 1(2), 160-175.
- Honebein, P. (1996). Seven goals for the design of constructivist learning environments. *Constructivist Learning Environments/Educational Technology Publications*.
- Hoyos-Valdés, D. (2018). The notion of character friendship and the cultivation of virtue. *Journal for the Theory of Social Behaviour*, 48(1), 66-82.
- Hsbollah, H. M., & Hassan, H. (2022). Creating meaningful learning experiences with active, fun, and technology elements in the problem-based learning

- approach and its implications. *Malaysian Journal of Learning and Instruction (MJLI)*, 19(1), 147-181.
- Hudson, C. C., & Whisler, V. R. (2007). Contextual teaching and learning for practitioners. *Journal of Systemics, Cybernetics and Informatics*, 6(4), 54-58.
- Hughes, J. M., Oliveira, J., & Bickford, C. (2024). The power of storytelling to facilitate human connection and learning. *Impact: The Journal of the Center for Interdisciplinary Teaching & Learning*, 11(2).
- Ibrahim, B., Ali, I., & Ahmad, S. (2017). Cultivating character education through transforming school cultural values. *Studia Humanitatis*, (4), 6.
- ICAI. (2019). 3 *The Fundamental Values Of Academic Integrity Third Edition*. www.academicintegrity.org/the-fundamental-values-.
- Idharuddin, A. J., Samsuddin, S., & Rahman, R. (2024). Implementasi Model Apersepsi dalam Pembelajaran Al-Qur'an Hadis pada Siswa Madrasah Tsanawiyah al-Islamiyah Tonjong Bogor: Implementation of the Apperception Model in Learning Al-Qur'an Hadith Among Students of Madrasah Tsanawiyah al-Islamiyah Tonjong Bogor. *TARBIYAH: Jurnal Pendidikan dan Pembelajaran*, 1(1), 57-70.
- Ishwarya, M. S., & Kumar, C. A. (2020). Quantum aspects of high dimensional conceptual space: A model for achieving consciousness. *Cognitive Computation*, 12(3), 563-576.
- Jahrir, A. S., Adam, A., & Kamaruddin, S. A. (2024). Values of Physical Education and sports As character development and strengthening. *JOURNAL RESPECS (Research Physical Education and Sports)*, 6(2), 220-229.
- Jais, N. F. M., Ishak, S. A., & Yunus, M. M. (2022). Developing the self-learning interactive module using ADDIE model for year 5 primary school students. *International Journal of Academic Research in Progressive Education and Development*, 11(1), 615-630.
- Jakee, K. (2011). Overhauling Technical Handouts for Active Student Participation: A Model for Improving Lecture Efficiency and Increasing Attendance. *International Journal of Teaching and Learning in Higher Education*, 23(1), 98-108.
- Jasmani, Pendidikan, dan Kesehatan, and Het Zona. *Pendidikan Jasmani, Olahraga, Dan Kesehatan (Jilid 1)*. <http://buku.kemdikbud.go.id>.
- Jayawickreme, E., & Dahill-Brown, S. E. (2016). Developing well-being and capabilities as a goal of higher education: A thought-piece on educating the whole student. *Handbook of eudaimonic well-being*, 473-484.
- Jeon, Wonjae, Goomyeung Kwon, and Kihong Joung. (2021). "Subjective Perceptions and Their Characteristics of Middle School Students Regarding the Effectiveness of the '0th Period Physical Education Class' in South Korea: The q Methodology Application." *Sustainability (Switzerland)* 13(21).

- Johnson, D. W., & Johnson, F. P. (1991). *Joining together: Group theory and group skills*. Prentice-Hall, Inc.
- Jones, S., & Mean, M. (2010). Resilient places: Character and community in everyday heritage. *Demos, London*, 17.
- Josephine Institute Center for Sports Ethics (2006). Survey of high school athletes 2006: Are coaches teaching our young athletes the right way to play? CA: JICSE.
- Joyce, B., & Calhoun, E. (2024). *Models of teaching*. Taylor & Francis.
- Juhrocin, J., Saputra, Y. M., Ma'mun, A., & Yudiana, Y. (2023). The integration of the universal values of sport into physical education: Positive Youth Development (PYD) framework. *Jurnal SPORTIF: Jurnal Penelitian Pembelajaran*, 9(2), 260-273.
- Kadarisman, M. (2010). Faktor Geografi Dalam Mencegah Disintegrasi Bangsa (Upaya Mempertahankan Nasionalisme Indonesia). *Sociae Polites*, 11(30), 39-52.
- Kamaruddin, S. A. (2012). Character education and students social behavior. *Journal of Education and Learning (EduLearn)*, 6(4), 223-230.
- Kaplan, A. (2000). Teacher and student: Designing a democratic relationship. *Journal of Curriculum Studies*, 32(3), 377-402.
- Kaput, K. (2018). Evidence for Student-Centered Learning. *Education evolving*.
- Karadamar, M., Yiğit, R., & Sungur, M. A. (2014). Evaluation of healthy lifestyle behaviours in adolescents. *Anadolu Hemşirelik ve Sağlık Bilimleri Dergisi*, 17(3), 131-139.
- Kastur, A., & Riyanto, Y. (2020). Feasibility of Developing Direct Learning Models With a Life Based Learning Approach. *IJORER: International Journal of Recent Educational Research*, 1(3), 261-270.
- Kay, Ken, and Valerie Greenhill. (2011). "Bringing Schools into the 21st Century." *Bringing Schools into the 21st Century*: 41–65.
- Kemdikbud, R. I. (2022). Kurikulum Merdeka Jadi Jawaban untuk Atasi Krisis Pembelajaran. *Siaran Pers Kementerian Pendidikan, Kebudayaan, Riset, dan Teknologi*.
- Kemendiknas. (2010). Desain induk pendidikan karakter. Jakarta. Kemendiknas.
- Kendellen, Kelsey et al. (2017). "Integrating Life Skills into Golf Canada's Youth Programs: Insights into a Successful Research to Practice Partnership." *Journal of Sport Psychology in Action* 8(1): 34–46.
- King, A. (2002). Structuring peer interaction to promote high-level cognitive processing. *Theory into practice*, 41(1), 33-39.
- Kintsch, W. (2009). Learning and constructivism. In *Constructivist instruction* (pp. 235-253). Routledge.

- Köbis, N. C., van Prooijen, J. W., Righetti, F., & Van Lange, P. A. (2016). Prospection in individual and interpersonal corruption dilemmas. *Review of General Psychology*, 20(1), 71-85.
- Koh, M. H., & Hill, J. R. (2009). Student perceptions of groupwork in an online course: Benefits and challenges. *International Journal of E-Learning & Distance Education/Revue internationale du e-learning et la formation à distance*, 23(2), 69-92.
- Kohlberg, L., & Hersh, R. H. (1977). Moral development: A review of the theory. *Theory into practice*, 16(2), 53-59.
- Kohrt, W. M., Bloomfield, S. A., Little, K. D., Nelson, M. E., & Yingling, V. R. (2004). Physical activity and bone health. *Medicine & Science in Sports & Exercise*, 36(11), 1985-1996.
- Konert, J., Burlak, D., & Steinmetz, R. (2014). The group formation problem: an algorithmic approach to learning group formation. In *Open Learning and Teaching in Educational Communities: 9th European Conference on Technology Enhanced Learning, EC-TEL 2014, Graz, Austria, September 16-19, 2014, Proceedings 9* (pp. 221-234). Springer International Publishing.
- Kotlova, J. O. (2019). Honesty in the system of ethical categories. *GESJ: Education Sciences and Psychology*, (4), 22-28.
- Kretschmann, R. (2014). The purposes of physical education and their practical implications. *Sport Scientific and Practical Aspects*, 11(1), 25-28.
- Krisno, A. (2016). *Sintaks 45 Metode Pembelajaran Dalam Student Centered Learning (SCL)*. Ummpress.
- Kroger, J. (2006). Identity development during adolescence. *Blackwell handbook of adolescence*, 205-226.
- Krueger, J. I., Grüning, D. J., Heck, P., & Freestone, D. (2024). Inductive reasoning model. *Psychological Inquiry*, 35(1), 11-25.
- Kyei-Blankson, L., Ntuli, E., & Donnelly, H. (2019). Establishing the importance of interaction and presence to student learning in online environments. *Journal of Interactive Learning Research*, 30(4), 539-560.
- Lai, Emily R. (2011). *Collaboration: A Literature Review Research Report*. <http://www.pearsonassessments.com/research>.
- Lai, E. R. (2011). Motivation: A literature review. *Person Research's Report*, 6, 40-41.
- Laker, Anthony. (2002). *Developing Personal, Social and Moral Education through Physical Education: A Practical Guide for Teachers*.
- Landrum, R. E., Brakke, K., & McCarthy, M. A. (2019). The pedagogical power of storytelling. *Scholarship of Teaching and Learning in Psychology*, 5(3), 247.

- Lapsley, Daniel, and Ryan Woodbury. (2016). "Moral-Character Development for Teacher Education." *Action in Teacher Education* 38(3): 194–206.
- Lardika, R. A., Suherman, A., Sutresna, N., Yudiana, Y., & Ray, H. R. D. (2023). Sustainable Development of Character Education in Physical Education: Bibliometric Analysis Using VOSviewer. *Journal of Law and Sustainable Development*, 11(8), e1432-e1432.
- Larson, R. W., Richards, M. H., Moneta, G., Holmbeck, G., & Duckett, E. (2013). Changes in adolescents' daily interactions with their families from ages 10 to 18: Disengagement and transformation. In *Adolescents and Their Families* (pp. 118-128). Routledge.
- Larson, R., & Wilson, S. (2004). Adolescence across place and time. *Handbook of adolescent psychology*, 297-330.
- Lawson, H. A. (2005). Empowering people, facilitating community development, and contributing to sustainable development: The social work of sport, exercise, and physical education programs. *Sport, education and society*, 10(1), 135-160.
- Leberman, S. I., & Martin, A. J. (2004). Enhancing transfer of learning through post-course reflection. *Journal of Adventure Education & Outdoor Learning*, 4(2), 173-184.
- Lee, S. E. (2024). Becoming a subject in learning: Student freedom, agency, and subjectivity. *Educational Philosophy and Theory*, 1-12.
- Leijen, Ä., Admiraal, W., Wildschut, L., & Robert-Jan Simons, P. (2008). Students' perspectives on e-learning and the use of a virtual learning environment in dance education. *Research in dance education*, 9(2), 147-162.
- Lestari, Y. S. (2018). Politik identitas di Indonesia: Antara nasionalisme dan agama. *Journal of Politics and Policy*, 19-30.
- Li, C. L., & Abidin, M. J. B. Z. (2024). Instructional design of classroom instructional skills based on the ADDIE model. *Technium Soc. Sci. J.*, 55, 167.
- Lickona, Thomas. (2013). *Character Matters: How to Help Our Children Develop Good Judgment, Integrity, and Other Essential Virtues*. Wahyudin, Uyu. ed. Dasim Budimansyah. Jakarta: PT Bumi Aksara.
- Lickona, T. (2013). Character education: The cultivation of virtue. In *Instructional-design theories and models* (pp. 591-612). Routledge.
- Lickona, T. (1992). *Educating for character: How our schools can teach respect and responsibility*. Bantam.
- Lidyasari, A. T., Rachmawati, I., Costa, A. D., & Wanyi, P. (2022). How are the cognitive, affective, and psychomotor levels of primary school learners living in suburban area of Yogyakarta based on career development. *Jurnal Prima Edukasia*, 10(2), 130-137.

- Linda Rikard, G., & Banville, D. (2006). High school student attitudes about physical education. *Sport, Education and Society*, 11(4), 385-400.
- Lintner, Timothy. (2011). "Using 'Exceptional' Children's Literature to Promote Character Education in Elementary Social Studies Classrooms." *The Social Studies* 102(5): 200-203.
- Linn, M. C., & Burbules, N. C. (2012). Construction of knowledge and group learning. In *The practice of constructivism in science education* (pp. 91-119). Routledge.
- Loch, F., Koltun, G., Karaseva, V., Pantförder, D., & Vogel-Heuser, B. (2018). Model-based training of manual procedures in automated production systems. *Mechatronics*, 55, 212-223.
- Luhrmann, T. M., & Morgain, R. (2012). Prayer as inner sense cultivation: An attentional learning theory of spiritual experience. *Ethos*, 40(4), 359-389.
- Lumpkin, A. (2011). Building character through sports. *Strategies*, 24(6), 13-15.
- Lumpkin, A., & Stokowski, S. (2011). Interscholastic sports: A character-building privilege. *Kappa Delta Pi Record*, 47(3), 124-128.
- Lwin, M. O., & Malik, S. (2012). The efficacy of exergames-incorporated physical education lessons in influencing drivers of physical activity: A comparison of children and pre-adolescents. *Psychology of Sport and Exercise*, 13(6), 756-760.
- Ma, R. (1994). Story-Telling as a Teaching-Learning Strategy: A Nonnative Instructor's Perspective.
- Man Assahary, S., Barlian, E., Nurdin, S., & Zulmuqim, M. (2017). the development of thematic learning model to improve students' character in an integrated learning of religion education and environment towards students in adiwiyata school. *International Journal of Multicultural and Multireligious Understanding*, 4(6), 1-15.
- Marasabessy, A. C., Hayati, E., & Utaminingsih, S. (2022). Internalization Values of Character Education As a Solution for Degradation of Civility of the Nation. *Cetta: Jurnal Ilmu Pendidikan*, 5(2), 150-159.
- Marini, Arita et al. (2021). Model of Character Building Applied in Physical Education and Sport Class: Case in Indonesia. *Journal of Physical Education and Sport* 21: 2389-94.
- Ma'rifatani, L. D. (2018). Implementasi Metode Pembelajaran Pendidikan Agama Islam (PAI) Di Sekolah Menengah Atas Negeri (SMA) 11 Bandung. *Edukasi*, 16(1), 294713.
- Marsakha, A. T., Hariri, H., & Sowiyah, S. (2021). Management of character education in school: A literature review. *Kelola: Jurnal Manajemen Pendidikan*, 8(2), 185-194.

- Mayer, R. E. (1989). Cognitive views of creativity: Creative teaching for creative learning. *Contemporary educational psychology*, 14(3), 203-211.
- Mayer, R. E. (2013). Designing instruction for constructivist learning. In *Instructional-design theories and models* (pp. 141-159). Routledge.
- Mathews, S. M., & Reddy, J. K. (2019). Teaching Strategies to Foster Creativity in the classroom. *Journal of Applied Science and Computations*, 2708-2714.
- McMillan, J. H., & Reed, D. F. (1994). At-risk students and resiliency: Factors contributing to academic success. *The Clearing House*, 67(3), 137-140.
- McNett, G. (2016). Using stories to facilitate learning. *College Teaching*, 64(4), 184-193.
- Mei-Ju, Chou, Yang Chen-Hsin, and Huang Pin-Chen. (2014a). "The Beauty of Character Education on Preschool Children's Parent-Child Relationship." *Procedia - Social and Behavioral Sciences* 143: 527–33.
- Mei-Ju, C., Chen-Hsin, Y., & Pin-Chen, H. (2014). The beauty of character education on preschool children's parent-child relationship. *Procedia-Social and Behavioral Sciences*, 143, 527-533.
- Mercer, N., Wegerif, R., & Dawes, L. (1999). Children's talk and the development of reasoning in the classroom. *British educational research journal*, 25(1), 95-111.
- Merica, C. B. (2023). Strategies for Building Morality in the Physical Education Classroom. *Journal of Physical Education, Recreation & Dance*, 94(9), 7-12.
- Metzler, M. (2017). *Instructional models in physical education*. Routledge.
- Michelli, N. M., Holzer, M. F., & Bevan, B. (2011). Learning to imagine. *Imagination Conversations: A Project of Lincoln Center Institute*, 21.
- Miller, Stephen C., Brenda J.L. Bredemeier, and David L.L. Shields. (1997). "Sociomoral Education through Physical Education with At-Risk Children." *Quest* 49(1): 114–29.
- Mirdad, J. (2020). Model-model pembelajaran (empat rumpun model pembelajaran). *Jurnal sakinah*, 2(1), 14-23.
- Mohammed, A. M. K. A., & Ahmed, R. B. A. (2021). The impact of discussion activities on improving students' fluency in speaking skill. *Amal Musa Karam Allah Mohammed and Rawda Bashir Abdulla Ahmed (2021) The Impact of Discussion Activities on Improving Students' Fluency in Speaking Skill, British Journal of English Linguistics*, 9(1), 1-10.
- Moreno, J., Ovalle, D. A., & Vicari, R. M. (2012). A genetic algorithm approach for group formation in collaborative learning considering multiple student characteristics. *Computers & Education*, 58(1), 560-569.
- Morrison, G. R., Ross, S. J., Morrison, J. R., & Kalman, H. K. (2019). *Designing effective instruction*. John Wiley & Sons.

- Moroianu, M., & Dumitru, M. (2013). The Influence of the Sporting Game (Basketball) on the General Education of Children Aged 9–11. *Procedia-Social and Behavioral Sciences*, 89, 88-93.
- Mouratidou, Katerina, Stavroula Goutza, and Dimitrios Chatzopoulos. (2007). Physical Education and Moral Development: An Intervention Programme to Promote Moral Reasoning through Physical Education in High School Students. *European Physical Education Review* 13(1): 41–56.
- Mousa, M. (2017). The Influence of Inductive Reasoning Thinking Skill on Enhancing Performance. *International Humanities Studies*, 4(3).
- Muhammad Radityo. (2022). “Data ICW: Kasus Dan Pelaku Korupsi Meningkat, Usia Termuda 24 Tahun.” *merdeka.com*. <https://www.merdeka.com/peristiwa/data-icw-kasus-dan-pelaku-korupsi-meningkat-usia-termuda-24-tahun.html> (September 20, 2022).
- Muhtar, Tatang, and Ruswan Dallyono. (2020). Character Education from the Perspectives of Elementary School Physical Education Teachers. *Cakrawala Pendidikan* 39(2): 395–408.
- Muhtar, Tatang, Tedi Supriyadi, Anggi Setia Lengkana, and Sulthan Hadist Ismaiedh Cukarso. (2021). Character Education in Physical Education Learning Model: A Bibliometric Study on 2011-2020 Scopus Database. *International Journal of Human Movement and Sports Sciences* 9(6): 1189–1203.
- Muhtar, T., Supriyadi, T., & Lengkana, A. S. (2020). Character development-based physical education learning model in primary school. *International Journal of Human Movement and Sports Sciences*, 8(6), 337-354.
- Mulyadi, D. Y. N., Mamun, A., Berliana, B., & Juliantine, T. (2023). Coaching and Development of Volleyball Based on Social Skills for Positive Youth Development. *Kinestetik: Jurnal Ilmiah Pendidikan Jasmani*, 7(4), 1019-1926.
- Mulyatiningsih, E. (2016). Pengembangan model pembelajaran. Diakses dari <http://staff.uny.ac.id/sites/default/files/pengabdian/dra-endang-mulyatiningsih-mpd/7cpengembangan-model-pembelajaran.pdf>. pada September.
- Muthohar, A. (2021). Implementation and development models of character education in school. *Tarbiyah Wa Ta'lim: Jurnal Penelitian Pendidikan dan Pembelajaran*, 69-82.
- Murdiono, M., & Wuryandani, W. (2021). Civic and nationalism education for young Indonesian generation in the globalization era. *Jurnal Civics: Media Kajian Kewarganegaraan*, 18(1), 158-171.
- Muruganantham, G. (2015). Developing of E-content package by using ADDIE model. *International Journal of Applied Research*, 1(3), 52-54.
- Mussabekova, G., Issayeva, K., Oralova, Z., Saparbayeva, U., Faiziyev, N., & Mutaliyev, B. (2018). Hypothetical model of the development of a future

- teacher as a humanist (on the basis of humanitarian subjects). *Opción*, 34(85), 241-272.
- Nadiyah, R. S., & Faaizah, S. (2015). The development of online project based collaborative learning using ADDIE model. *Procedia-Social and Behavioral Sciences*, 195, 1803-1812.
- Narayan, R., Rodriguez, C., Araujo, J., Shaqlaih, A., & Moss, G. (2013). Constructivism—Constructivist learning theory.
- Narto, N. (2024). Sportmanship As One Of The Character Buildings For Football Athletes. *International Journal of Sport Culture and Science*, 12(2), 126-135.
- Narvaez, Darcia, and Daniel K. Lapsley. (2008). "Teaching Moral Character: Two Alternatives For Teacher Education." *The Teacher Educator* 43(2): 156–72.
- Nisa, S., & Meherali, S. (2023). Reflection on Learning Objectives and Teaching Strategies. *Journal of Medical and Clinical Nursing Studies*, 1(1), 1-4.
- Nelson, A., & Elias, K. L. (2023). Desirable difficulty: theory and application of intentionally challenging learning. *Medical Education*, 57(2), 123-130.
- Nengsih, Y. K., Handrianto, C., Pernantah, P. S., Kenedi, A. K., & Tannoubi, A. (2022). The implementation of interactive learning strategy to formulating learning objectives in package c program. *Spektrum: Jurnal Pendidikan Luar Sekolah (PLS)*, 10(2), 311-317.
- Nuhfer, E. B. (1996). The place of formative evaluations in assessment and ways to reap their benefits. *Journal of Geoscience Education*, 44(4), 385-394.
- Noam, G. G. (2013). 3 The Psychology of Belonging: Reformulating Adolescent Development. In *Adolescent Psychiatry*, V. 24 (pp. 49-68). Routledge.
- Nurafiaty, S., Rahayu, T., & Sugiharto, H. P. (2021). Strategy for Strengthening Character Education in Physical Education Learning at Makassar City Elementary Education Level. *Journal of Hunan University Natural Sciences*, 48(6).
- Nuridin, A. (2020). The Influence of the Learning Environment in Student Character Building. *Tarbawi: Jurnal Keilmuan Manajemen Pendidikan*, 6(02), 175-184.
- Nuyen, A. T. (1999). The value of loyalty. *Philosophical papers*, 28(1), 25-36.
- Nyabul, Patrick. (2009). 1 New Series *Journal of the Philosophical Association of Kenya (PAK) Premier Issue*.
- Oermann, M. H., Gaberson, K. B., & De Gagne, J. C. (2024). *Evaluation and testing in nursing education*. Springer Publishing Company.
- Okyay, P., & Ergin, F. (2012). Physical growth and development in adolescence period. *Youth in Turkey*, 3-52.
- Oliver, K. M. (2000). Methods for developing constructivist learning on the web. *Educational technology*, 40(6), 5-18.

- Olgun, E. (2012). *A non-formal learning program for the contribution of creative problemsolving skills: a case study* (Master's thesis, Bilkent Universitesi (Turkey)).
- Olsen, J. K., Rummel, N., & Alevén, V. (2017). Learning alone or together? A combination can be best. Philadelphia, PA: International Society of the Learning Sciences.
- Omar-Fauzee, M.S., Jamalis, M., Yusof, A., Zarina, M., Omar Dev, R. D., Hassan Padli, M.Y., Norezemi, A. G., Junaidi, A.R., Dewi, A. M., Abd Latif, R., Johar, M., Nasaruddin, M.N. (2009b). College students perception on physical education classes during their high school days. *European Journal of Social Sciences*, 7, 69-76.
- Omar-Fauzee, M., Nazarudin, M., Saputra, Y., Sutresna, N., Taweesuk, D., Chansem, W., ... & Geok, S. K. (2012). The strategies for character building through sports participation. *International Journal of Academic Research in Business and Social Sciences*, 2(3), 48-58.
- Orr, R. B., Csikari, M. M., Freeman, S., & Rodriguez, M. C. (2022). Writing and using learning objectives. *CBE—Life Sciences Education*, 21(3), fe3.
- Orlich, D. C., Harder, R. J., Callahan, R. C., Trevisan, M. S. T., & Brown, A. H. (2010). *Teaching strategies: A guide to effective instruction*. Wadsworth, Cengage Learning.
- Overby, K. (2011). Student-centered learning. *Essai*, 9(1), 32.
- Over, H., & Carpenter, M. (2015). Children infer affiliative and status relations from watching others imitate. *Developmental science*, 18(6), 917-925.
- Özdemir, A., Utkualp, N., & Palloş, A. (2016). Physical and psychosocial effects of the changes in adolescence period. *International Journal of Caring Sciences*, 9(2), 717-723.
- Pala, A. (2011). The need for character education. *International journal of social sciences and humanity studies*, 3(2), 23-32.
- Palincsar, A. S. (1998). Social constructivist perspectives on teaching and learning. *Annual review of psychology*, 49(1), 345-375.
- Pandiangan, P., Sanjaya, I. M., & Jatmiko, B. (2017). Model Physics Independent Learning (PIL).
- Pangesti, A. D., Fithrotuzzahra, K., & Untari, R. S. (2024). Learner Characteristics to Form Character Development and Skills in Positive Habits. *Procedia of Social Sciences and Humanities*, 6, 87-92.
- Pangestu, S. H., & Hariri, H. (2022). Management of Facilities and Infrastructure in Improving the Learning Process. *Jurnal Humaniora Dan Ilmu Pendidikan*, 2(1), 43-49.
- Papp G, and Prisztoka G. (1995). "Sportsmanship as an Ethical Value." *journals.sagepub.com*.

- Pardjono, P. (2016). Active learning: The Dewey, Piaget, Vygotsky, and constructivist theory perspectives. *Jurnal Ilmu Pendidikan Universitas Negeri Malang*, 9(3), 105376.
- Park, N., & Peterson, C. (2006). Moral competence and character strengths among adolescents: The development and validation of the Values in Action Inventory of Strengths for Youth. *Journal of adolescence*, 29(6), 891-909.
- Parker, M., & Stiehl, J. (2005). Personal and social responsibility. *Standards-based physical education curriculum development*, 130-153.
- Parlaz, E. A., Tekgül, N., Karademirci, E., & Öngel, K. (2012). Ergenlik dönemi: fiziksel büyüme, psikolojik ve sosyal gelişim süreci. *Turkish Family Physician*, 3(2), 10-16.
- Pascarella, E. T., Salisbury, M. H., & Blaich, C. (2011). Exposure to effective instruction and college student persistence: A multi-institutional replication and extension. *Journal of College Student Development*, 52(1), 4-19.
- Pattaro, Chiara. (2016). "Character Education: Themes and Researches. An Academic Literature Review." *Italian Journal of Sociology of Education* 8(1): 6–30.
- Paul, R. (1999). Critical thinking, moral integrity, and citizenship: Teaching for the intellectual virtues. *The social worlds of higher education*, 128-136.
- Pekel, A. Y. L. İ. N., Kırkoğlu, N. A. G. İ. H. A. N., & Iğdır, E. M. R. E. (2023). Volleyball: Behind the professionalism. *International Journal of Eurasian Education and Culture*, 8(22).
- Pennington, Colin G. (2017). "Moral Development and Sportsmanship in Physical Education and Sport." *Journal of Physical Education, Recreation & Dance* 88(9): 36–42.
- Perpres No. 87 Tahun (2017). https://setkab.go.id/wp-content/uploads/2017/09/Perpres_Nomor_87_Tahun_2017.pdf
- Phellas, C. N., Bloch, A., & Seale, C. (2011). Structured methods: interviews, questionnaires and observation. *Researching society and culture*, 3(1), 23-32.
- Piaget, J. (1980). The psychogenesis of knowledge and its epistemological significance.
- Pieczura, M. E. (2009). Dare to Disagree, as Scientists. *Science & Children*, 47(3).
- Prabowo, A., Suhaimi, N. B. A., & Cahyandari, R. (2024). Analysis of Students' Understanding and Motivation of Volleyball Extracurricular Activities at SMK Sariwangi Tasikmalaya. *International Journal of Health, Medicine, and Sports*, 2(2), 36-40.
- Pradana, D. A., Mahfud, M., Hermawan, C., & Susanti, H. D. (2020). Nasionalism: Character education orientation in learning development. *Budapest International Research and Critics Institute-Journal (BIRCI-Journal) Volume*, 3, 4026-4034.

- Pradipta, G. D. (2015). Sportifitas dalam keolahragaan sebagai bagian pembentukan generasi muda dan nasionalisme. *CIVIS: Jurnal Ilmiah Ilmu Sosial dan Pendidikan Kewarganegaraan*, 5(1).
- Pranoto, B. E., & Suprayogi, S. (2020). A need analysis of ESP for physical education students in Indonesia. *Premise: Journal of English Education*, 9(1), 94-110.
- Prince, M., Patel, V., Saxena, S., Maj, M., Maselko, J., Phillips, M. R., & Rahman, A. (2007). No health without mental health. *The lancet*, 370(9590), 859-877.
- Pollock, P. H., Hamann, K., & Wilson, B. M. (2011). Learning through discussions: Comparing the benefits of small-group and large-class settings. *Journal of Political Science Education*, 7(1), 48-64.
- Popescu, C., Mihăilescu, L., & Ciucurel, M. (2023). Development of Physical Skills and Personality in High School Students Through Football Training as an Extracurricular Activity. *Revista Romaneasca pentru Educatie Multidimensionala*, 15(4), 308-323.
- Pomohaci, M., & Sopa, I. S. (2017). Extracurricular sport activities and their importance in children socialization and integration process. *Scientific Bulletin*, 22(1), 46-59.
- Powell, K. E., Thompson, P. D., Caspersen, C. J., & Kendrick, J. S. (1987). Physical Activity and the Incidence Of Coronary Heart. *Ann. Rev*, 8, 253-87.
- Purwanto, Sugeng, and Ermaawan Susanto. (2018). UNY Press *Nilai-Nilai Karakter Dalam Pendidikan Jasmani*.
- Putra, D. T. D., Friskawati, G. F., & Karisman, V. A. (2022, October). The Impact of The Availability of School Facilities and Infrastructure on Physical Education Learning. In *IPEC* (Vol. 1, No. 1, pp. 275-277).
- Radovan, M., & Makovec, D. (2015). Relations between students' motivation, and perceptions of the learning environment. *Center for Educational Policy Studies Journal*, 5(2), 115-138.
- Rahma, E. S., Budyawati, L. P. I., & Atika, A. N. (2024). Pengembangan Buku Panduan Pemanfaatan Bahan Alam untuk Menstimulasi Seluruh Aspek Perkembangan Anak Usia 5-6 Tahun. *Aulad: Journal on Early Childhood*, 7(2), 422-433.
- Rahman, F., Khalil, J. K., Jumani, N. B., Ajmal, M., Malik, S., & Sharif, M. (2011). Impact of discussion method on students performance. *International Journal of Business and Social Science*, 2(7), 84-94.
- Rahman, S. (2022, January). Pentingnya motivasi belajar dalam meningkatkan hasil belajar. In *Prosiding Seminar Nasional Pendidikan Dasar*
- Raihan, S., Haryono, H., & Ahmadi, F. (2018). Development of scientific learning e-book using 3D pageflip professional program. *Innovative Journal Of Curriculum and Educational Technology*, 7(1), 7-14.

- Ramdani, N. G., Fauziyyah, N., Fuadah, R., Rudyono, S., Septiyaningrum, Y. A., Salamatussa'adah, N., & Hayani, A. (2023). Definisi Dan Teori Pendekatan, Strategi, Dan Metode Pembelajaran. *Indonesian Journal of Elementary Education and Teaching Innovation*, 2(1), 20-31.
- Rasberry, C. N., Lee, S. M., Robin, L., Laris, B. A., Russell, L. A., Coyle, K. K., & Nihiser, A. J. (2011). The association between school-based physical activity, including physical education, and academic performance: a systematic review of the literature. *Preventive medicine*, 52, S10-S20.
- Read, B., Francis, B., & Robson, J. (2001). 'Playing Safe': undergraduate essay writing and the presentation of the student's voice'. *british Journal of sociology of Education*, 22(3), 387-399.
- Redelius, K., Quennerstedt, M., & Öhman, M. (2015). Communicating aims and learning goals in physical education: Part of a subject for learning?. *Sport, Education and Society*, 20(5), 641-655.
- Reinbold, S. (2013). Using the ADDIE model in designing library instruction. *Medical reference services quarterly*, 32(3), 244-256.
- Reksiana, R. (2018). Diskursus Terminologi Model, Pendekatan, Strategi, Dan Metode Pembelajaran PAI. *Jurnal Pendidikan Agama Islam*, 15(2), 199-225.
- Resnick, L. B. (2010). Nested learning systems for the thinking curriculum. *Educational researcher*, 39(3), 183-197.
- Resnick, L. B., & Klopfer, L. E. (1989). *Toward the Thinking Curriculum: Current Cognitive Research*. 1989 ASCD Yearbook. Association for Supervision and Curriculum Development, 1250 N. Pitt St., Alexandria, VA 22314-1403.
- Retnawati, H., Arlinwibowo, J., & Apino, E. (2018). Strategy and implementation of character education in senior high schools and vocational high schools. *Journal of Social Studies Education Research*, 9(3), 370-397.
- Reznitskaya, A., Kuo, L. J., Clark, A. M., Miller, B., Jadallah, M., Anderson, R. C., & Nguyen-Jahiel, K. (2009). Collaborative reasoning: A dialogic approach to group discussions. *Cambridge journal of education*, 39(1), 29-48.
- Riciputi, Shaina, Meghan H. McDonough, and Sarah Ullrich-French. (2016). "Participant Perceptions of Character Concepts in a Physical Activity-Based Positive Youth Development Program." *Journal of Sport and Exercise Psychology* 38(5): 481-92.
- Ridha, D. S. M., Buska, W., & Prihartini, Y. (2020, February). The Development of Character Education Curriculum Model for Islamic Elementary Schools In Muaro Jambi. In *Journal of Physics: Conference Series* (Vol. 1471, No. 1, p. 012030). IOP Publishing.
- Ries, A. L. (1994). The importance of exercise in pulmonary rehabilitation. *Clinics in chest medicine*, 15(2), 327-337.
- Rikard, G. Linda, and Dominique Banville. (2006). "High School Student Attitudes about Physical Education." *Sport, Education and Society* 11(4): 385-400.

- Rob, M., & Rob, F. (2018). Dilemma between constructivism and constructionism: Leading to the development of a teaching-learning framework for student engagement and learning. *Journal of International Education in Business*, 11(2), 273-290.
- Rodger, S., Murray, H. G., & Cummings, A. L. (2007). Effects of teacher clarity and student anxiety on student outcomes. *Teaching in Higher Education*, 12(1), 91-104.
- Rogol, A. D., Clark, P. A., & Roemmich, J. N. (2000). Growth and pubertal development in children and adolescents: effects of diet and physical activity. *The American journal of clinical nutrition*, 72(2), 521S-528S.
- Rohaeti, E. (2018). Komponen Model Pembelajaran. *Universitas Negeri Yogyakarta*.
- Rohmanasari, R., Ma'mun, A., Muhtar, T., Risma, R., & Nursasih, I. D. (2019, September). Integrating Life Skills into Volleyball Extracurricular Activity Program. In *3rd International Conference on Sport Science, Health, and Physical Education (ICSSHPE 2018)* (pp. 8-13). Atlantis Press.
- Rokhman, Fathur, M. Hum, Ahmad Syaifudin, and Yuliati. (2014). "Character Education for Golden Generation 2045 (National Character Building for Indonesian Golden Years)." *Procedia - Social and Behavioral Sciences* 141: 1161-65.
- Rose, A. J., & Rudolph, K. D. (2006). A review of sex differences in peer relationship processes: potential trade-offs for the emotional and behavioral development of girls and boys. *Psychological bulletin*, 132(1), 98.
- Ross, S. (2021). Simulation-based learning: from learning theory to pedagogical application. *Internet Journal of Allied Health Sciences and Practice*, 19(4), 15.
- Rudd, A. (2005). Which" character" should sport develop?. *Physical Educator*, 62(4), 205.
- Ruggeri, A., Gummerum, M., & Hanoch, Y. (2014). Braving difficult choices alone: children's and adolescents' medical decision making. *PLoS One*, 9(8), e103287.
- Rutter, M. (1996). Transitions and turning points in developmental psychopathology: As applied to the age span between childhood and mid-adulthood. *International Journal of Behavioral Development*, 19(3), 603-626.
- Ryska, T. A. (2003). Sportsmanship in young athletes: The role of competitiveness, motivational orientation, and perceived purposes of sport. *The Journal of Psychology*, 137(3), 273-293.
- Saade, G. R., & Huang, Q. (2009). Meaningful learning in discussion forums: Towards discourse analysis. *Issues in Informing Science and Information Technology*, 6(1), 87-99.
- Samani, Muchlas, and Hariyanto. (2017). *Konsep Dan Model Pendidikan Karakter*. 6th ed. ed. Kamsyach Adriyani. Bandung: PT Remaja Rosdakarya.

- Sani, F., & Bennett, M. (2004). Developmental aspects of social identity. In *The development of the social self* (pp. 91-114). Psychology Press.
- Santoso, N., Suhadi, M., Mawarti, S., & Dwihandaka, R. (2018, December). The Implementation of Learning Big Ball Game in High School. In *2nd Yogyakarta International Seminar on Health, Physical Education, and Sport Science (YISHPESS 2018) and 1st Conference on Interdisciplinary Approach in Sports (CoIS 2018)* (pp. 85-87). Atlantis Press.
- Saputra, Y. M., Mamun, A., & Yudiana, Y. (2023). Integrating Life Skills into Volleyball Training for Positive Youth Development (PYD). *Kinestetik: Jurnal Ilmiah Pendidikan Jasmani*, 7(2), 318-325.
- Scager, K., Akkerman, S. F., Pilot, A., & Wubbels, T. (2014). Challenging high-ability students. *Studies in higher education*, 39(4), 659-679.
- Scerenko, and c Linda. (1997). *Values and Character Education Implementation Guide*. Georgia Department Of Education.
- Schraw, G., Horn, C., Thorndike-Christ, T., & Bruning, R. (1995). Academic goal orientations and student classroom achievement. *Contemporary educational psychology*, 20(3), 359-368.
- Schunk, D. H. (2012). *Learning theories an educational perspective*. Pearson Education, Inc.
- Scott, J. (2000). Is it a different world to when you were growing up? Generational effects on social representations and child-rearing values. *The British journal of sociology*, 51(2), 355-376.
- Seijts, Gerard H., and Kimberley Young Milani. (2022). "The Application of Leader Character to Building Cultures of Equity, Diversity, and Inclusion." *Business Horizons* 65(5): 573–90.
- Selvianiresa, D., & Prabawanto, S. (2017, September). Contextual teaching and learning approach of mathematics in primary schools. In *Journal of Physics: Conference Series* (Vol. 895, No. 1, p. 012171). IOP Publishing.
- Sewagegn, A. A. (2020). Learning objective and assessment linkage: Its contribution to meaningful student learning. *Universal Journal of Educational Research*, 8(11), 5044-5052.
- Siksou, M. (1993). Concepts development and computation of the meaning thought and language by Vygotsky. *Cognitiva*, 5(2), 171-186.
- Siregar, L. Y. S. (2013). Kekerasan Dalam Pendidikan. *Logaritma: Jurnal Ilmu-Ilmu Pendidikan Dan Sains*, 1(01).
- Shachar, H., & Sharan, S. (1994). Talking, relating, and achieving: Effects of cooperative learning and whole-class instruction. *Cognition and instruction*, 12(4), 313-353.

- Shakil, A. F., Faizi, W., & Hafeez, S. (2011). The need and importance of field trips at higher level in Karachi, Pakistan. *International Journal of Academic Research in business and social sciences*, 2(1), 1-16.
- Sharma, A., Madaan, V., & Petty, F. D. (2006). Exercise for mental health. *Primary care companion to the Journal of clinical psychiatry*, 8(2), 106.
- Sherwood, G. (2020). Am I missing something by not using story-telling? Why we should ask university students to use story-telling to evaluate their experiences of learning. *Teaching in Higher Education*, 25(3), 321-333.
- Shi, H. (2017). Learning strategies and classification in education. *Institute for Learning Styles Journal*, 1(1), 24-36.
- Shi, Y., Wang, Z., & Lipowski, M. (2024). Integrating School Physical Education Into Adolescent Resilience Education in the Context of Integration of Sports and Education in the New Era: A Literature Review Study. *US-China Education Review*, 14(8), 505-519.
- Shields, D. (1995). Character development and physical activity. *Human kinetics*.
- Shields-Lysiak, L., Boyd, M. P., Iorio Jr, J., & Vasquez, C. R. (2020). Classroom greetings: More than a simple hello. *Iranian Journal of Language Teaching Research*, 8(3 (Special Issue), 41-56.
- Shugurova, O. (2020). Exploration of students' thoughts about their right to freedom of education: "Terrified to love this way of learning, its idea of being free". *Dialogic Pedagogy: A Journal for Studies of Dialogic Education*, 8, SF50-SF58.
- Singh, B. (2019). Character education in the 21st century. *Journal of Social Studies (JSS)*, 15(1), 1-12.
- SIMFONI-PPA. (2024). "Kekerasan." *SIMFONI*. <https://kekerasan.kemenpppa.go.id/ringkasan> (Juli 20, 2024).
- Slavin, R. E. (1996). Research on cooperative learning and achievement: What we know, what we need to know. *Contemporary educational psychology*, 21(1), 43-69.
- Smetana, J. G., Campione-Barr, N., & Metzger, A. (2006). Adolescent development in interpersonal and societal contexts. *Annu. Rev. Psychol.*, 57(1), 255-284.
- Smetana, J. G., Metzger, A., Gettman, D. C., & Campione-Barr, N. (2006). Disclosure and secrecy in adolescent-parent relationships. *Child development*, 77(1), 201-217.
- Soenens, B., & Vansteenkiste, M. (2011). When is identity congruent with the self? A self-determination theory perspective. In *Handbook of identity theory and research* (pp. 381-402). New York, NY: Springer New York.
- Solissa, E. M., Mustoip, S., Marlina, M., Cahyati, S. S., & Asdiana, A. (2023). Components of Contextual Teaching and Learning as The Basis for

- Developing a Character Education Model. *JED (Jurnal Etika Demokrasi)*, 8(1), 38-46.
- Sons, S. (2023). Creating Sports Humanitarianism: The Nexus of Qatar's Development Assistance and Sport. *Journal of Arabian Studies*, 13(1), 131-150.
- Sopandi, W. (2017, September). The quality improvement of learning processes and achievements through the read-answer-discuss-explain-and create learning model implementation. In *Proceeding 8th Pedagogy International Seminar* (Vol. 8, pp. 132-139).
- Sorcinelli, M. D. (2012). Explained course material clearly and concisely. *PODIDEA Center Notes: A Resource to Support Teaching Improvement*, 1-4.
- Sozen, Hasan. (2012). "The Effect of Volleyball Training on the Physical Fitness of High School Students." *Procedia - Social and Behavioral Sciences* 46: 1455–60.
- Spielman, R. M., Dumper, K., Jenkins, W., Lacombe, A., Lovett, M., & Perlmutter, M. (2021). Freud and the Psychodynamic Perspective. *Introduction to Psychology (A critical approach)*.
- Spray, C. (2002). Motivational climate and perceived strategies to sustain pupils' discipline in physical education. *European Physical Education Review*, 8(1), 5-20.
- Sriadhi, S., Restu, R., Sidabutar, U. B., & Dalimunthe, A. (2019, December). The assessment model of multimedia learning feasibility. In *International Conference on Education, Science and Technology* (pp. 17-21). Redwhite Press.
- Staddon, J. E. R. (2016). *Adaptive behavior and learning*. Cambridge University Press.
- Stanton, A., Zandvliet, D., Dhaliwal, R., & Black, T. (2016). Understanding Students' Experiences of Well-Being in Learning Environments. *Higher Education Studies*, 6(3), 90-99.
- Stapa, M. A., & Mohammad, N. A. Z. E. R. I. (2019). The use of Addie model for designing blended learning application at vocational colleges in Malaysia. *Asia-Pacific Journal of Information Technology and Multimedia*, 8(1), 49-62.
- Steen, T. A., Kachorek, L. V., & Peterson, C. (2003). Character strengths among youth. *Journal of youth and adolescence*, 32, 5-16.
- Steinberg, L., & Monahan, K. C. (2007). Age differences in resistance to peer influence. *Developmental psychology*, 43(6), 1531.
- Stephens, Jason M. (2015). "Creating Cultures of Integrity: A Multi-Level Intervention Model for Promoting Academic Honesty." In *Handbook of Academic Integrity*, Springer Singapore, 1–10.

- Stevens, J. (2018). Finding the balance: Creating meaningful assignments without overwhelming instructional workload. *Journal of Educators Online*, 15(3), n3.
- Stoner, M. E. (2004). Building ethics, character and sportsmanship in today's athletes. *PSAHPERD*, Spring, 30-31.
- Straub, R. (2000). The student, the text, and the classroom context: A case study of teacher response. *Assessing writing*, 7(1), 23-55.
- Stubbs, M. L. (2008). Cultural perceptions and practices around menarche and adolescent menstruation in the United States. *Annals of the New York Academy of Sciences*, 1135(1), 58-66.
- Suastika, I. N., Suartama, I. K., Sanjaya, D. B., & Arta, K. S. (2021). Application of Multicultural-Based Learning Model Syntax of Social Studies Learning. *Cypriot Journal of Educational Sciences*, 16(4), 1660-1679.
- Sudrajat, A. (2008). Pengertian pendekatan, strategi, metode, teknik, taktik, dan model pembelajaran. *Online*(<http://smacepiring.wordpress.com>), 1-6.
- Suhandi, D. Y., Ibrahim, M. Y., & Budjang, G. (2013). Efektivitas penggunaan metode diskusi pada mata pelajaran sosiologi di SMA Negeri 2 Sungai Ambawang. *Jurnal Pendidikan dan Pembelajaran Khatulistiwa (JPPK)*, 2(9).
- Suhendi, A. (2018). Constructivist learning theory: The contribution to foreign language learning and teaching. *KnE Social Sciences*, 87-95.
- Sugiyono, (2008). "Metode Penelitian Pendidikan (Pendekatan Kuantitatif, Kualitatif, dan R&D)". Alfabeta, Bandung.
- Suherman, A., Sultoni, K., & Ilmawati, H. (2017, March). Character Based Physical Education Model. In *IOP Conference Series: Materials Science and Engineering* (Vol. 180, No. 1, p. 012266). IOP Publishing.
- Suherman, Adang. (2016). "The Analysis of Character Education in Teaching Physical Education." (Icieve 2015): 232–34.
- Suherman, A. (2018). The implementation of character education values in integrated physical education subject in elementary school. In *SHS Web of Conferences* (Vol. 42, p. 00045). EDP Sciences.
- Suherman, W. S. (2018, December). Nation character building through physical education: Lesson learned from 2013 Indonesian national curriculum. In *2nd Yogyakarta International Seminar on Health, Physical Education, and Sport Science (YISHPESS 2018) and 1st Conference on Interdisciplinary Approach in Sports (CoIS 2018)* (pp. 133-136). Atlantis Press.
- Sujarwo, S., Suharjana, S., Rachman, H. A., & Al Ardha, M. A. (2021). The development of physical education learning models for mini-volleyball to habituate character values among elementary school students. *Sport Mont*, 19(2), 29-33.

- Sukarno W. Sumarto. (2016). "KORUPSI." *Badan Pengawas Keuangan dan Pembangunan*. <https://www.bpkp.go.id/jateng/konten/2954/KORUPSI> (September 20, 2022).
- Sulaiman, N. D., & Shahrill, M. (2015). Engaging collaborative learning to develop students' skills of the 21st century. *Mediterranean Journal of Social Sciences*, 6(4), 544-552.
- Sulistiyono, S., Kristiyanto, A., & Kunto, S. (2020). The sportsmanship of young football players: challenge in developing character of young football players. In *The 3rd Yogyakarta International Seminar on Health, Physical Education, and Sport Science*. Endonezya.
- Sun, F. (2014). Structure of Methods of Human-based Ideological Education of Basketball Culture. *Asian Sports Science*, 81.
- Supriyati, I. (2020). Penerapan metode diskusi dalam pembelajaran keterampilan berbicara pada siswa kelas viii mtsn 4 palu. *Jurnal Bahasa dan Sastra*, 5(1), 104-116.
- Susanto, N., Nurhasan, N., Mintarto, E., Rohmansyah, N. A., Syahrudin, S., & HiruntrakuL, A. (2023). The effect of learning models on creativity, knowledge, and big ball game skills in high school students. *International Journal on Disability and Human Development*, 22(1).
- Suratman, T., Kasih, E., & Ruslaini, R. (2024). Integrating Scouting Methods into Formal Education: Exploring the Benefits and Challenges. *Available at SSRN 4888143*.
- Suryati, S. (2023). Mengurai Benang Kusut: Strategi, Metode, Teknik Dan Pendekatan Dalam Pembelajaran. *lentera*, 5(2), 170-181.
- Suryono, W., Winiasri, L., Santosa, T. A., Sappaile, B. I., & Solehuddin, M. (2023). Effectiveness of The Inquiry Training Model to Improve Students' Critical Thinking Skills in Learning: Systematic Literature Reviews and Meta-Analysis. *Jurnal Penelitian Pendidikan IPA*, 9(10), 947-954.
- Suud, Fitriah M., Abd Madjid, and Sutrisno. (2019). "The Study of Educational Honesty Stages Implementation in an Indonesian School." *Humanities and Social Sciences Reviews* 7(4): 502–10.
- Suyato, S., Setyawan, H., Sukarti, S. E. E., Shidiq, A. A. P., Darmawan, A., Gusliana, H. B., ... & Tafuri, F. (2024). The integration of social values in physical education and sport to develop teenage students' character: a systematic review. *Retos*, 58, 960-968.
- Syarief, R. A. O., & Prastiyo, D. (2018). Korupsi Kolektif (Korupsi Berjamaah) di Indonesia: Antara Faktor Penyebab dan Penegakan Hukum. *Jurnal Hukum Respublica*, 18(1), 1-13.
- Syarnubi, S., Mansir, F., Purnomo, M. E., Harto, K., & Hawi, A. (2021). Implementing Character Education in Madrasah. *Jurnal Pendidikan Islam*, 7(1), 77-94.

- Syed, M., & Seiffge-Krenke, I. (2013). Personality development from adolescence to emerging adulthood: linking trajectories of ego development to the family context and identity formation. *Journal of personality and social psychology*, 104(2), 371.
- Syuraini, S., Wahid, S., Azizah, Z., & Pamungkas, A. H. (2018, April). The cultivation of the character values of early childhood by parent. In *International Conferences on Educational, Social Sciences and Technology* (pp. 462-466). Fakultas Ilmu Pendidikan UNP.
- Tam, M. (2000). Constructivism, instructional design, and technology: Implications for transforming distance learning. *Journal of Educational Technology & Society*, 3(2), 50-60.
- Tews, M. J., Michel, J. W., & Noe, R. A. (2017). Does fun promote learning? The relationship between fun in the workplace and informal learning. *Journal of Vocational Behavior*, 98, 46-55.
- Ten Cate, O., Snell, L., Mann, K., & Vermunt, J. (2004). Orienting teaching toward the learning process. *Academic Medicine*, 79(3), 219-228.
- Tetteh, G. A. (2018). Effects of classroom attendance and learning strategies on the learning outcome. *Journal of International Education in Business*, 11(2), 195-219.
- Thoma, S., & Walker, D. I. (2017). Moral and character education. *The Oxford research encyclopedia of education*.
- Tóth, P., Horváth, K., & Kéri, K. (2021). Development level of engineering students' inductive thinking. *Acta Polytechnica Hungarica*, 18(5), 107-129.
- Torunarigha, Y. D., & Williams, C. (2020). Analysis Phase: The Foundation Of Instructional Systems Design (ISD. *European Journal of Education Studies*, 7(9).
- Trudeau, F., & Shephard, R. J. (2008). Physical education, school physical activity, school sports and academic performance. *International journal of behavioral nutrition and physical activity*, 5, 1-12.
- Turner, J. C. (1995). The influence of classroom contexts on young children's motivation for literacy. *Reading research quarterly*, 410-441.
- Turnip, B., Wahyuni, I., & Tanjung, Y. I. (2016). The Effect of Inquiry Training Learning Model Based on Just in Time Teaching for Problem Solving Skill. *Journal of Education and Practice*, 7(15), 177-181.
- Tutkun, E., Görgüt, İ., & Erdemir, İ. (2017). Physical Education Teachers' Views about Character Education. *International Education Studies*, 10(11), 86-99.
- Ursano, A. M., Kartheiser, P. H., & Ursano, R. J. (2007). The teaching alliance: A perspective on the good teacher and effective learning. *Psychiatry*, 70(3), 187-194.

- Vansteenkiste, Maarten, Willy Lens, and Edward L. Deci. (2006). "Intrinsic versus Extrinsic Goal Contents in Self-Determination Theory: Another Look at the Quality of Academic Motivation." *Educational Psychologist* 41(1): 19–31.
- Venta, A., Bailey, C., Mercado, A., & Colunga-Rodríguez, C. (2021). Family separation and attachment in young adults who were once left behind by caregiver migration. *Psychiatry Research*, 302, 114039.
- Vermunt, J. D. (1998). The regulation of constructive learning processes. *British journal of educational psychology*, 68(2), 149-171.
- Vygotsky, L. (1962). *Thought and language* (p. 1962). Cambridge, MA: MIT press.
- Wahyu Prasetiawan, Novianta. (2016). *Tingkat Pengetahuan Peserta Didik Terhadap Materi Permainan Bola Besar Dalam Pembelajaran Penjasorkes Kelas XI Di SMA N 1 Prambanan Klaten*.
- Walker, David I., Michael P. Roberts, and Kristján Kristjánsson. (2015). "Towards a New Era of Character Education in Theory and in Practice." *Educational Review* 67(1): 79–96.
- Wan, S., Lin, S., Yirimuwen, Li, S., & Qin, G. (2023). The Relationship Between Teacher–Student Relationship and Adolescent Emotional Intelligence: A Chain-Mediated Mediation Model of Openness and Empathy. *Psychology research and behavior management*, 1343-1354.
- Wang, C. (2011). Design of the Model of Constructivist Learning Theory for Moral Education in Physical Education Teaching. *International Education Studies*, 4(3), 62-65.
- Wang, S. K., & Hsu, H. Y. (2008, November). Using ADDIE model to design Second Life activities for online learners. In *E-learn: world conference on e-learning in corporate, government, healthcare, and higher education* (pp. 2045-2050). Association for the Advancement of Computing in Education (AACE).
- Wati, L., & Sundawa, D. (2018, November). Character education model in family to create good citizen. In *Annual Civic Education Conference (ACEC 2018)* (pp. 576-580). Atlantis Press.
- Webb, N. M., Troper, J. D., & Fall, R. (1995). Constructive activity and learning in collaborative small groups. *Journal of educational psychology*, 87(3), 406.
- Wells, D. D., & Molina, A. D. (2017). The truth about honesty. *Journal of Public and Nonprofit Affairs*, 3(3), 292-308.
- Wells, M. S., Arthur-Banning, S. G., Paisley, K. P., Ellis, G. D., Roark, M. F., & Fisher, K. (2008). Good (youth) sports: Using benefits-based programming to increase sportsmanship. *Journal of Park & Recreation Administration*, 26(1).
- Wells, M. S., Ellis, G. D., Paisley, K. P., & Arthur-Banning, S. G. (2005). Development and Evaluation of a Program to Promote Sportsmanship in Youth Sports. *Journal of Park & Recreation Administration*, 23(1).

- Widyastuti, E. (2019, March). Using the ADDIE model to develop learning material for actuarial mathematics. In *Journal of Physics: Conference Series* (Vol. 1188, No. 1, p. 012052). IOP Publishing.
- Wijaya, H., & Tulak, H. (2019). Pengembangan Model Pembelajaran Pendidikan Karakter Berbasis Media Sosial.
- Wijayanto, M. E. (2020). The integration of islamic values in implementation of learning english: islamic education students perspective. *ETERNAL (English, Teaching, Learning, and Research Journal)*, 6(1), 18-30.
- Williams, J. A. (1993). Teacher moonlighting: Interviews with physical educators. *Journal of Teaching in Physical Education*, 13(1), 62-77.
- Willis, J. (1995). A recursive, reflective instructional design model based on constructivist-interpretivist theory. *Educational technology*, 35(6), 5-23.
- Winarsih, W., Ulpa, M., Sabila, I., Amelia, N. P., Andini, M., Agustari, W., ... & Purwanto, A. (2022). The character education based on Pancasila in the generation Z. *Journal of Community Service and Engagement*, 2(5), 11-16.
- World Health Organization. (1993). *The health of young people: A challenge and a promise*. World Health Organization.
- Xu, H., & Yuan, Z. (2018). Effective Path Research on Cultivating University Students' Sportsmanship with University Basketball Teaching as an Example. *Kuram ve Uygulamada Eğitim Bilimleri*, 18(5), 1101-1111.
- Yakup, Koc, and Alper Tunga Karabudak Ahmet. (2017). "The Relationship between Sportsmanship Level of Secondary School Students and Their Success Regarding the Religious Culture and Knowledge of Ethics Course." *Educational Research and Reviews* 12(16): 754-61.
- Yang, S. C., Huang, C. L., & Chen, A. S. (2013). An investigation of college students' perceptions of academic dishonesty, reasons for dishonesty, achievement goals, and willingness to report dishonest behavior. *Ethics & Behavior*, 23(6), 501-522.
- Yıldıran, İ. (2005). Fair play eğitiminde beden eğitiminin rolü. *Gazi Beden Eğitimi ve Spor Bilimleri Dergisi*, 10(1), 3-16.
- Yılmaz, T. (2013). National and global adolescent health. *Turkey Clinics J Fam Med-Special Topics*, 4(1), 1-6.
- Yusuf AM, (2015). Asesmen dan Evaluasi Pendidikan. Kencana Prenada Media Group. Jakarta.
- Zhang, M. (2023). A Research on the Role of PE in Cultivating College Students from the Perspective of Integration of Academic Learning and Physical Exercising. *Applied Mathematics and Nonlinear Sciences*, 9(1).
- Zubaedi, (2012). Desain Pendidikan Karakter: Konsepsi dan Aplikasinya dalam Lembaga Pendidikan. Kencana Prenada Media Group. Jakarta.