

**ANALISIS PERSEPSI IBU TENTANG *SIBLING RIVALRY* PADA ANAK  
KEMBAR USIA DINI BERDASARKAN PERSPEKTIF *THEORY OF  
PLANNED BEHAVIOR***

**TESIS**

Diajukan untuk memenuhi sebagian syarat untuk memperoleh gelar  
Magister Pendidikan Anak Usia Dini



Oleh

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FAKULTAS ILMU PENDIDIKAN  
UNIVERSITAS PENDIDIKAN INDONESIA  
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Fani Maulinasari, 2025

*Analisis Persepsi Ibu Tentang Sibling Rivalry Pada Anak Kembar Usia Dini Berdasarkan  
Perspektif Theory Of Planned Behavior*

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Sebuah tesis yang diajukan untuk memenuhi syarat memperoleh gelar Magister  
Pendidikan (M.Pd) pada Program Studi Pendidikan Anak Usia Dini

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**ABSTRAK**

Interaksi antara anak kembar usia dini memiliki potensi besar untuk menimbulkan kompetisi yang dapat berujung pada *sibling rivalry*. Penelitian ini bertujuan untuk menganalisis persepsi ibu tentang *sibling rivalry* pada anak kembar usia dini berdasarkan perspektif *Theory of Planned Behavior*. Penelitian ini menggunakan pendekatan kualitatif dengan desain fenomenologi. Subjek penelitian adalah 3 orang ibu yang memiliki anak kembar usia dini (4-6 tahun). Data dikumpulkan melalui wawancara mendalam (*in-depth interview*). Data dianalisis menggunakan analisis kualitatif model Miles & Huberman. Hasil wawancara menunjukkan bahwa *sibling rivalry* muncul pada anak kembar dari 3 orang ibu. Hasil penelitian menunjukkan sikap ibu terhadap *sibling rivalry* adalah meyakini bahwa masalah ini harus dikelola sejak dini, karena jika dibiarkan akan berdampak hingga dewasa. Ibu juga mendapatkan dukungan dari lingkungan sekitar seperti suami dan keluarga untuk mengelola *sibling rivalry*, serta melakukan kontrol perilaku yang dipersepsikan yaitu ibu merasa yakin untuk melakukan upaya mengelola *sibling rivalry*, dan semua itu mendukung niat (*intention*) ibu untuk meminimalisasi *sibling rivalry*. Diharapkan hasil *study* ini bisa menjadi tambahan ilmu tentang *sibling rivalry* pada anak kembar usia dini untuk orang tua kembar khususnya, praktisi maupun peneliti berikutnya.

Kata kunci: *Persepsi ibu, sibling rivalry, anak kembar, theory of planned behavior*

***ANALYSIS OF MOTHER'S PERCEPTIONS ABOUT SIBLING RIVALRY  
IN EARLY AGE TWINS BASED ON THEORY OF  
PLANNED BEHAVIOR PERSPECTIVE***

**Fani Maulinasari**

***ABSTRACT***

*The interaction between early age twins has great potential to cause competition that can lead to sibling rivalry. This study aims to analyze mothers' perceptions of sibling rivalry in early age twins based on the perspective of the Theory of Planned Behavior. This study uses a qualitative approach with a phenomenological design. The subjects of the study were 3 mothers who had early age twins (4-6 years). Data were collected through in-depth interviews. Data were analyzed using the Miles & Huberman qualitative analysis model. The results of the interviews showed that sibling rivalry appeared in twins from 3 mothers. The results of the study showed that the mother's attitude towards sibling rivalry was to believe that this problem must be managed early on, because if left untreated it will have an impact until adulthood. Mothers also received support from the surrounding environment such as husbands and families to manage sibling rivalry, as well as to carry out perceived behavioral control, namely mothers felt confident in making efforts to manage sibling rivalry, and all of that supported the mother's intention to minimize sibling rivalry. It is hoped that the results of this study can be additional knowledge about sibling rivalry in early age twins for twin parents in particular, practitioners and subsequent researchers.*

*Keywords: Mother's perception, sibling rivalry, twins, theory of planned behavior*

## DAFTAR ISI

LEMBAR PENGESAHAN .....	ii
LEMBAR PERNYATAAN KEASLIAN .....	iii
KATA PENGANTAR .....	iv
UCAPAN TERIMA KASIH .....	v
ABSTRAK .....	viii
<i>ABSTRACT</i> .....	ix
DAFTAR ISI .....	x
DAFTAR TABEL .....	xiii
DAFTAR GAMBAR .....	xiv
DAFTAR LAMPIRAN .....	xv
<b>BAB I PENDAHULUAN</b> .....	1
1.1. Latar Belakang Penelitian .....	1
1.2. Rumusan Masalah dan Pertanyaan Penelitian .....	9
1.3. Tujuan Penelitian .....	9
1.4. Manfaat Penelitian .....	10
1.5. Struktur Organisasi Tesis .....	11
<b>BAB II LANDASAN TEORI</b> .....	12
2.1. Peran Ibu .....	12
2.1.1. Hakikat Ibu .....	12
2.1.2. Peran Utama Seorang Ibu .....	12
2.2. Anak Kembar .....	17
2.2.1. Hakikat Anak Kembar .....	17
2.2.2. Jenis Anak Kembar .....	18
2.2.3. Ciri-Ciri Umum Anak Kembar .....	20
2.2.4. Faktor yang Memengaruhi Kelahiran Kembar .....	23
2.3. <i>Sibling Rivalry</i> .....	24
2.3.1. Ciri-Ciri <i>Sibling Rivalry</i> .....	24
2.3.2. Faktor Pemicu <i>Sibling Rivalry</i> .....	27
2.3.3. Bentuk-Bentuk <i>Sibling Rivalry</i> .....	34
2.3.4. Dampak <i>Sibling Rivalry</i> .....	36
2.3.5. Manfaat <i>Sibling Rivalry</i> .....	37
2.3.6. Upaya Mengatasi <i>Sibling Rivalry</i> .....	38
2.4. <i>Theory of Planned Behavior (TPB)</i> .....	41
2.4.1. Hakikat <i>TPB</i> .....	41
2.4.2. Elemen <i>TPB</i> .....	44
2.5. <i>Self-Efficacy</i> .....	47
2.5.1. Konsep dan Definisi <i>Self-Efficacy</i> .....	47
2.5.2. Sumber Utama <i>Self-Efficacy</i> .....	49
2.5.3. <i>Self-Efficacy</i> Ibu .....	55
2.5.4. <i>Self-Efficacy</i> dan Peranannya dalam Menghadapi Tantangan .....	56
2.5.5. <i>Self-Efficacy</i> dalam Pengasuhan Anak Usia Dini .....	57
<b>BAB III METODE PENELITIAN</b> .....	62
3.1. Desain Penelitian .....	62
3.2. Partisipan, Waktu dan Lokasi Penelitian .....	63
3.3. Penjelasan Istilah .....	67
3.4. Prosedur Penelitian .....	68

Fani Maulinasari, 2025

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3.5. Instrumen Penelitian dan Teknik Pengumpulan Data .....	71
3.6. Analisis Data .....	77
3.7. Keabsahan Data .....	84
3.8. Isu etik.....	85
3.9. Refleksivitas Peneliti .....	87
<b>BAB IV TEMUAN DAN PEMBAHASAN .....</b>	<b>90</b>
4.1. Sikap ibu terhadap <i>sibling rivalry</i> pada anak kembar usia dini berdasarkan perspektif <i>theory of planned behavior</i> .....	90
4.2. Persepsi ibu tentang pengaruh lingkungan sosial dalam mengelola <i>sibling rivalry</i> pada anak kembar usia dini berdasarkan perspektif <i>theory of planned behavior</i> .....	101
4.3. Keyakinan ibu tentang upaya dalam mengelola <i>sibling rivalry</i> pada anak kembar usia dini berdasarkan perspektif <i>theory of planned behavior</i> ..	104
<b>BAB V SIMPULAN, IMPLIKASI DAN REKOMENDASI .....</b>	<b>114</b>
5.1. Simpulan .....	114
5.2. Implikasi .....	114
5.3. Rekomendasi.....	115
<b>DAFTAR PUSTAKA.....</b>	<b>117</b>
<b>LAMPIRAN.....</b>	<b>124</b>

## DAFTAR TABEL

Tabel 3.1. Data Identitas Partisipan.....	66
Tabel 3.2. Data Anak Kembar .....	66
Tabel 3.3. Jadwal Wawancara .....	67
Tabel 3.4. Pedoman Wawancara.....	72
Tabel 3.5. Contoh Transkrip wawancara.....	79
Tabel 3.6. Contoh <i>Coding</i> Data.....	82

## DAFTAR GAMBAR

Gambar 2.1. Skema <i>Theory of Planned Behavior</i> .....	42
Gambar 2.2. Aplikasi <i>Theory of Planned Behavior</i> dalam Konteks Persepsi Ibu tentang <i>Sibling Rivalry</i> pada Anak Kembar Usia Dini .....	47
Gambar 2.3. <i>Self-Efficacy Theory</i> .....	55
Gambar 3.1. Analisis Interaktif Miles dan Huberman .....	79

## DAFTAR LAMPIRAN

### **LAMPIRAN 1: Administrasi**

Surat Keputusan (SK) Dekan Fakultas Ilmu Pendidikan, Universitas Pendidikan Indonesia .....	125
Surat Izin Pelaksanaan Penelitian .....	127
Jadwal Bimbingan.....	128

### **LAMPIRAN 2: Proses Pengumpulan dan Analisis Data**

Transkrip Wawancara <i>Verbatim</i> .....	132
<i>Personal Coding</i> dan Coding Data Partisipan 1 .....	170
<i>Personal Coding</i> dan Coding Data Partisipan 2 .....	179
<i>Personal Coding</i> dan Coding Data Partisipan 3 .....	193
<i>Collective Coding</i> .....	204

### **LAMPIRAN 3: Foto Kegiatan Penelitian** ..... 211 |

### **LAMPIRAN 4: Draft Buku Panduan “Kiat Mengelola *Sibling Rivalry* pada Anak Kembar Usia Dini”** ..... 213 |

### **LAMPIRAN 5: Profil Penulis** ..... 224 |

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Fani Maulinasari, 2025

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