

**UPAYA GURU DALAM MENUMBUHKAN KEMAMPUAN ANAK  
MENGATASI PENOLAKAN TEMAN SEBAYA (*PEER REJECTION*)  
(Studi Kasus Pada Anak Usia Dini Di Taman Kanak-kanak Palembang)**

**TESIS**

**Diajukan untuk Memenuhi Sebagai Syarat Memenuhi Tugas  
Akhir Pada Jenjang Program Studi Pendidikan Anak Usia dini**



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UNIVERSITAS PENDIDIKAN INDONESIA  
2025**

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Pendidikan (M.Pd) pada Program Studi Pendidikan Anak Usia Dini

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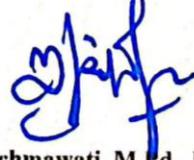
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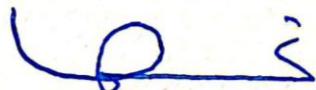
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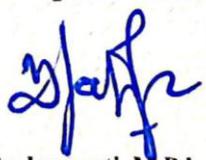


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## **ABSTRAK**

### **UPAYA GURU DALAM MENUMBUHKAN KEMAMPUAN ANAK MENGATASI PENOLAKAN TEMAN SEBAYA (*PEER REJECTION*) (Studi Kasus Pada Anak Usia Dini Di Taman Kanak-kanak Palembang)**

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Penelitian ini berfokus pada upaya guru dalam menumbuhkan kemampuan anak dalam mengatasi permasalahan *peer rejection*. Penelitian ini bertujuan untuk memberikan pemahaman yang mendalam mengenai peran guru dalam menumbuhkan kemampuan anak mengatasi penolakan teman sebaya di kalangan anak TK di Palembang. Metode yang digunakan adalah pendekatan kualitatif dengan desain penelitian studi kasus, dengan pengumpulan data melalui observasi langsung terhadap interaksi sosial di kelas dan wawancara mendalam dengan guru TK yang memiliki pengalaman relevan. Hasil penelitian menunjukkan bahwa bentuk-bentuk *peer rejection* yang anak hadapi pertama penolakan secara verbal, kedua penghindaran sosial, ketiga penolakan secara fisik. Respon yang anak berikan saat menghadapi penolakan berupa menarik diri, meluapkan emosi dengan menangis dan marah, mengabaikan situasi. Intensitas terjadinya penolakan yang anak hadapi cukup sering. Upaya guru menggali permasalahan *peer rejection*, guru melakukan pemahaman dinamika sosial, selain itu guru juga mengidentifikasi permasalahan yang muncul saat melakukan observasi, metode komunikasi interpersonal, pengembangan kompetensi verbal, aktivitas kelompok sosial sebagai sarana observasi, hubungan sekolah dengan orang tua. Upaya guru menumbuhkan kemampuan anak untuk mengatasi *peer rejection*, dukungan kesejahteraan emosional, manajemen Emosi, pembelajaran komunikatif, kemitraan pendidikan antara sekolah dan rumah, kerjasama tim antara guru, dan fasilitas pembelajaran untuk meningkatkan interaksi positif. Peneliti juga menyadari bahwa penelitian ini ada keterbatasan. Oleh karena itu, terdapat beberapa peluang bagi penelitian selanjutnya untuk mengembangkan wawasan dan memperdalam pemahaman tentang fenomena ini, baik dari segi cakupan, metode, maupun pendekatan intervensi yang lebih inovatif.

**Kata Kunci :** *Penolakan Teman Sebaya, Interaksi Sosial, dan Anak Usia Dini.*

## **ABSTRACT**

### **TEACHERS' EFFORTS IN DEVELOPING CHILDREN'S ABILITY TO OVERCOME PEER REJECTION**

**(A Case Study on Early Childhood in Kindergartens at Palembang)**

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*This study focused on teachers' efforts in fostering children's ability to overcome peer rejection problems. This study aimed at provide a deep understanding of the role of teachers in fostering children's ability to overcome peer acceptance among kindergarten children in Palembang. The method was a qualitative approach with a case study research design, data collection through direct observation of social interactions in the classroom and in-depth interviews with kindergarten teachers who have relevant experience. The results of the study indicate that the forms of peer rejection that children give were verbal rejection, second social avoidance, and physical rejection. The response given by children when facing rejection was to withdraw, express emotions crying and angry, and ignoring the situation. The intensity of the rejection faced by children was quite frequent. Teachers' efforts to explore the weaknesses of peer rejection, teachers understand social dynamics, in addition teachers also identify weaknesses that arise when conducting observations, interpersonal communication methods, verbal competence development, social group activities as a means of observation, school relationships with parents. Teachers' efforts to foster children's ability to overcome peer rejection, support for emotional well-being, emotional management, communicative learning, educational partnerships between schools and homes, teamwork between teachers, and learning facilities to increase positive interactions. School recommendations can develop social group programs or activities designed to increase positive interactions between children. The researchers also recognize that this study has limitations. Therefore, there are several opportunities for further research to develop insights and deepen understanding of this phenomenon, both in terms of scope, methods, and more innovative intervention approaches.*

**Keywords:** Peer Rejection, Social Interaction, and Early Childhood.

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