

### 3. RESEARCH METHODOLOGY

This research was designed as a qualitative study as it found out the portrayal of stages of grief in *Evangelion: 3.0+1.0 Thrice Upon A Time* (2021) using the stages of grief theory by Kübler-Ross and Kessler (2005) and the application of movie aspects analysis using *mise-en-scene* and cinematography theory by Bordwell and Thompson (2008). According to Creswell (2007), qualitative research is best and most often used when the aim is to explore the issue or problem at hand. The research began with inquiry, the data are collected from a movie, and the data analysis is inductive while setting a certain pattern or theme in it. The research culminates in a form that "signals a call for action or extends the literature, and it includes the voices of the participants, the reflexivity of the researcher, and a complex description or interpretation of the problem." (Creswell, 2007).

The form of this film analysis is descriptive which is conducted through the explaining facts according to comprehensive analysis. It is a method to provide description of data or samples that are collected without conducting analysis and making a conclusion that applies to the public (Sugiono, 2009). Therefore, the information of this research was gathered and written using a descriptive qualitative approach. Three stages were involved in gathering the data: watching the film multiple times, making notes while viewing, and finally evaluating or analyzing the information. To initiate the analysis, the author first gained insight regarding the model of stages of grief and learned indications that grief occurs to characters in the movie. Subsequently, the notes taken were in forms of scenes with their timestamps. After that, the scenes with based on grief occurrences were analyzed through its cinematography and *mise-en-scene* element. Cinematographic approach is textual; it is loyal to the intrinsic and extrinsic. Intrinsically, every claim should be based, among others, on the visual, sonore, and narrative of the film elements of a film. To analyze film intrinsically, the author used descriptive instruments that are found by paying close attention to all visual

and aural shots. It can be separated into several parts: segmentation, decoupage, description of visual tracks, and description of dialogue between characters. Also, the writer considers the quotation instrument of the movie which consists of a summary of the story and photography of shots (Nafisah, 2023).

The analysis focused on analyzing characters' grief from multiple aspects of movie: cinematography and *mise-en-scene*, the analysis passed four stages (watching, sorting, categorizing, and analyzing) the data which are related to the Kübler-Ross and Kessler's (2005) concept of five stages of grief.

### **3.1 Data Collection**

The data is the English subtitled version of *Evangelion: 3.0+1.0 Thrice Upon A Time* (2021). This movie is a continuation of Rebuild of Evangelion which concludes the entire movie series. Prior to this movie, it's shown that a young teenager named Shinji Ikari is summoned by his father Gendo Ikari to pilot a colossal combat-oriented automaton named EVA Unit-01 that is developed by NERV researchers. The story mainly revolves around Shinji Ikari and his fellow pilot Rei Ayanami (pilot of EVA Unit-00) battling a cosmic monster called Angels. Shinji Ikari, Rei Ayanami, and a newly introduced fellow pilot named Asuka Langley (pilot of EVA Unit-02) face the battle against the 8<sup>th</sup> angel and succeed in rescuing the earth. Subsequently, 10<sup>th</sup> angel attacks and damages Unit 00. During the fight, Rei is consumed by the angel and Shinji is the only person who can save her. In this moment, his strong and selfish desire to save Rei causes the apocalypse of humanity called "Near Third Impact". Fourteen years passed after Shinji caused the "Near Third Impact". Shinji is completely broken down after sighting the damage he caused to the entire world. Then, he meets Kaworu, the kindest person who understands and relieves Shinji from his misery. Shinji and Kaworu then pilot Unit-13 to undo the incoming Third Impact. Their attempts end up killing Kaworu in the process. In the movie, it is revealed that everything happens according to Gendo Ikari's plan. His ambition to conduct the Human Instrumentality

Erick Agung Yohanes, 2024

*THE PORTRAYAL OF STAGES OF GRIEF IN EVANGELION: 3.0+1.0 THRICE UPON A TIME (2021)*  
Universitas Pendidikan Indonesia | repository.upi.edu | perpustakaan.upi.edu

Project has caused Shinji to suffer. Therefore, Shinji settles things with his father for the last time to save the world from the end.