The Portrayal of Stages of Grief in *Evangelion: 3.0+1.0 Thrice Upon a Time* (2021)

A Research Paper

Submitted as Fulfillment of the Requirements for *Sarjana Sastra* Degree

Erick Agung Yohanes

2004508

ENGLISH LANGUAGE AND LITERATURE STUDY PROGRAM FACULTY OF LANGUAGE AND LITERATURE EDUCATION UNIVERSITAS PENDIDIKAN INDONESIA

2024

PAGE OFAPPROVAL

The Portrayal of Stages of Grief in *Evangelion: 3.0+1.0 Thrice Upon a Time* (2021)

A Research Paper by

Erick Agung Yohanes

2004508

Approved by:

<table>
<tr><td>Supervisor 1</td><td>Supervisor 2</td></tr>
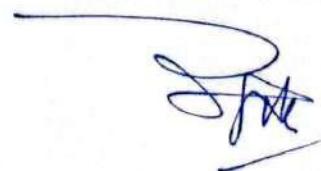<tr><td>Dr. Nia Nafisah, S.S., M.Pd.
NIP. 197104242006042001</td><td>Nita Novianti, S.S., M.A., Ph.D.
NIP. 198611102014042002</td></tr>
</table>

Head of English Language and Literature Program

Faculty of Language and Literature Education

Universitas Pendidikan Indonesia

Prof. Eri Kurniawan, S.Pd., M.A., Ph.D.

NIP. 198111232005011002

STATEMENT OF AUTHORIZATION

I hereby authorize this present study, *The Portrayal of Stages of Grief in Evangelion: 3.0+1.0 Thrice Upon a Time (2021)*, as the result of my work. I am aware of some references and ideas from other sources. All quotations are acknowledged and appropriately cited.

Bandung, 23 September 2024

Erick Agung Yohanes

The Portrayal of Stages of Grief in *Evangelion:*

3.0+1.0 Thrice Upon a Time (2021)

Oleh
Erick Agung Yohanes

Sebuah skripsi yang diajukan untuk memenuhi salah satu syarat memperoleh gelar Sarjana Sastra
pada Fakultas Pendidikan Bahasa dan Sastra

THE PORTRAYAL OF STAGES OF GRIEF IN *EVANGELION: 3.0+1.0 THRICE UPON A TIME* (2021)

Erick Agung Yohanes

English Language and Literature Study Program
Faculty of Language and Literature Education
Universitas Pendidikan Indonesia

E-mail: erickagung34@gmail.com

Abstract: Using Kübler-Ross**'s** model of stages of grief to Hideaki Anno's *Evangelion: 3.0+1.0 Thrice Upon A Time* (2021), this paper will explore how stages of grief are portrayed and prove the role of both *mise-en-scene* and cinematography on delivering characters' emotional states in the movie. The phases of Kübler-ross's model consists: denial, anger, bargaining, depression, and acceptance. In this movie, there are two grieving characters involving Shinji Ikari, the main character of the movie, and Gendo Ikari who is the main antagonist of the story and also father of Shinji. Anger, depression, and acceptance are three of the five stages of grief that Shinji Ikari goes through. Whereas, Gendo Ikari exemplifies the other two stages: bargaining and denial. These findings on *mise-en-scene* and cinematography components relating to the portrayal of stages of grief outline how filmmakers convey emotional development of characters through visual presentation.

Keywords: grief, stages of grief, portrayal, character, *mise-en-scene*, cinematography

TABLE OF CONTENTS

References

Ardyandika, B., & Praptawati, D. (n.d.). The Stages of Grief and Response of Cameron Turner in Confronting Death depicted in Benjamin Cleary's Swan *Song*. *J-Lalite, 4*(2), 150. https://doi.org/10.20884/1.jes.2023.4.2.9730

Avis, K. A., Stroebe, M., & Schüt, H. (2021). Stages of Grief Portrayed on the Internet: A systematic analysis and critical appraisal. *Frontiers in Psychology,* 12. https://doi.org/10.3389/fpsyg.2021.772696

Bhowmik, D., Kumar, K. S., Srivastava, S., Paswan, S. K., & Dutta, A. S. (2012). Depression - symptoms, causes, medications and therapies. T*he Pharma Innovation Journal*, 1(3), 37– 51. https://www.thepharmajournal.com/archives/2012/vol1issue3/PartA/5.pdf

Bordwell, D., & Thompson, K. (2008). The Shot: Cinematography. Film Art: An Introduction (8th ed., pp. 162-217). New York: The McGraw-Hill. http://ci.nii.ac.jp/ncid/BA04270383

Bordwell, D., & Thompson, K. (2008). The Shot: Mise-en-scene. Film Art: An Introduction (8th ed., pp. 112-161). New York: The McGraw-Hill. http://ci.nii.ac.jp/ncid/BA04270383

Creswell, J. W. (2009). Research design: Qualitative, quantitative, and mixed method approaches (third edition). Sage Publications, Inc.

De Souza Paula, T. R., Da Silva Borges, M., Bottini, M. E., Da Silva Souza, M. C., & Ribeiro, M. D. S. (2017). Analysis Of The Film My Life Under The Perspective Of The Kübler-Ross Model. *Revista De Enfermagem Do Centro-Oeste Mineiro, 7*. https://doi.org/10.19175/recom.v7i0.1594

Edgar, R., Marland, J., & Rawle, S. (2015). The language of film. In *Bloomsbury Publishing Plc eBooks.* https://doi.org/10.5040/9781474222525

Evangelion: 3.0+1.0 Thrice Upon a Time. Khara Studios

Furniss, M. (2008). Art in motion: animation aesthetics. Choice Reviews Online, 46(04), 46– 1897. https://doi.org/10.5860/choice.46-1897

Gibbs, J., & Gibbs, J. E. (2001). Mise-en-scène: Film Style and Interpretation. *Wallflower Press.*

Kennedy, X. J., & Gioia, D. (1994). Literature: an introduction to fiction, poetry, drama, and
        writing. http://ci.nii.ac.jp/ncid/BB01393533

Kübler-Ross, Elizabeth M. D. (1969). On Death and Dying, New York: Simon & Schuster.

Kessler, D. (2020). Finding meaning: The sixth stage of grief. Scribner.

Kübler-Ross, E., & Kessler, D. (2005). On grief and grieving: Finding the meaning of grief
        through the five stages of loss. New York: Scribner

Maranda, K., & Wahyuni, D. (2019). Grief Journey in Bill Clegg's novel Did You Ever Have a
        Family (2015). *English Language and*
        Literature, 8(4). https://doi.org/10.24036/ell.v8i4.106801

Madden, M. (2023). Anne Enright's The Gathering: The Five Stages of Grief in a Liminal Space.
        Vol. 9 (2023): Liminality: Transitions and Marginalities.
        https://aigne.ucc.ie/index.php/aigne/article/view/3803/6266

Nafisah, N. (2023). Film Studies: An Introduction. Retrieved March, 2023.
        https://www.academia.edu/download/89125646/Film_Studies.pdf

Nurjanah, Hidayatul. (2021). Boaz Hagin's Philosophy of Death as Reflected in the Hunger
        Games Trilogy Films. *Rubicon: Journal of Transnational American Studies,* Volume 8/
        Number 1 (38-49) February 2021. DOI: https://doi.org/10.22146/rubikon.v8i1.65482

Nurjanah, H. (2023). Five stages of grief in C.S. Lewis' novel A Grief Observed. *Jurnal*
        CULTURE (Culture, Language, and Literature Review), *10*(1), 11–21.
        https://doi.org/10.53873/culture.v10i1.503

Pavlidou, A., Viher, P. V., Bachofner, H., Weiss, F., Stegmayer, K., Shankman, S. A., Mittal, V.
        A., & Walther, S. (2021). Hand gesture performance is impaired in major depressive
        disorder: A matter of working memory performance? *Journal of Affective Disorders*, 292,
        81–88. https://doi.org/10.1016/j.jad.2021.05.055

Rodriguez, J. and Tracy, I. G. (2001). Psychology and Mental Health. *Magill's choice* Pasadena,
        Calif: Salem Press,. Print.

Strange, J. (2005). Death, Grief and Poverty in Britain, 1870–1914. https://doi.org/10.1017/cbo9780511496080

Stewart-Ahn, A. (2019, June 19). Hideaki Anno turned obsessions and depression into an anime phenomenon. Polygon. Retrieved August 9, 2024, from https://www.polygon.com/2019/6/19/18683634/neon-genesis-evangelion-hideaki-anno-depression-shinji-anime-characters-movies

Strother, C. R. (1956). Psychology and mental health. *In American Psychological Association eBooks.* https://doi.org/10.1037/10791-000

Sugiyono, S. (2013). Metode penelitian kuantitatif, kualitatif dan R&D (Vol. 2013). http://library.um.ac.id/free-contents/index.php/buku/detail/metode-penelitian-kuantitatif-kualitatif-dan-rd-sugiyono-43665.html

Wang, Rong-Rong & Wang, Ya-huei (2021*).* Using the Kübler-Ross Model of Grief with Post-Traumatic Stress Disorder (PTSD): An Analysis of Manchester by the Sea. *Metathesis: Journal of English Language Literature and Teaching,* Vol. 5, No. 1, April 2021 PP 79-92. DOI: 10.31002/metathesis.v5i1.3700