

**LAYANAN BIMBINGAN UNTUK PEMBERDAYAAN PEREMPUAN
DALAM MENCEGAH TERJADINYA KEKERASAN SEKSUAL**

SKRIPSI

diajukan untuk memenuhi salah satu persyaratan penulisan skripsi untuk
memperoleh gelar Sarjana Pendidikan Bidang Ilmu Bimbingan dan Konseling



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**PROGRAM STUDI SARJANA BIMBINGAN DAN KONSELING
FAKULTAS ILMU PENDIDIKAN
UNIVERSITAS PENDIDIKAN INDONESIA
2024**

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DALAM MENCEGAH TERJADINYA KEKERASAN SEKSUAL**

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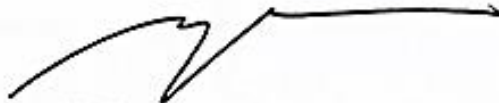
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Dengan ini saya menyatakan skripsi dengan judul “**Layanan Bimbingan Untuk Pemberdayaan Perempuan Dalam Mencegah Terjadinya Kekerasan Seksual**” ini beserta seluruh isinya adalah benar karya sendiri. Saya tidak melakukan penjiplakan atau mengutip dengan cara-cara yang tidak sesuai dengan ketentuan penulisan karya tulis ilmiah. Atas pernyataan ini, saya menanggung resiko/sanksi yang diputuskan apabila ditemukan adanya pelanggaran terhadap etika keilmuan atau klain dari pihak lain terhadap keaslian karya saya.

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Bandung, Agustus 2024

Shafa Salsabila Hendari Putri

ABSTRAK

Shafa Salsabila Hendari Putri. (2024). Layanan Bimbingan Untuk Pemberdayaan Perempuan Dalam Mencegah Terjadinya Kekerasan Seksual.

Kekerasan seksual mengacu pada segala bentuk perhatian seksual yang tidak diinginkan yang memiliki tujuan atau efek menyinggung, menakutkan, bermusuhan, merendahkan, mempermalukan atau menyusahkan dan perempuan menghadapi resiko yang lebih tinggi mengalami kekerasan seksual jika dibandingkan dengan laki-laki. Oleh karena itu, Perempuan harus berdaya karena ia adalah prasyarat untuk mereka mampu mencegah kekerasan seksual. Penelitian ini bertujuan untuk meningkatkan pemberdayaan perempuan dalam mencegah kekerasan seksual dan implikasi layanan bimbingan dan konseling pada mahasiswi Universitas Pendidikan Indonesia. Instrumen yang digunakan merupakan adalah modifikasi dari instrumen *women empowerment* yang dikembangkan oleh Kanwar Hamza Shuja & Khan yang dihubungkan dengan kekerasan seksual yang terdiri dari 35 butir pernyataan. Partisipan penelitian berjumlah 400 orang mahasiswi Universitas Pendidikan Indonesia yang berumur 18 – 24 tahun. Hasil penelitian menunjukkan bahwa sebagian besar mahasiswi Universitas Pendidikan Indonesia sudah berdaya dalam mencegah terjadinya kekerasan seksual, namun dalam beberapa dimensi pemberdayaan perempuan masih ada mahasiswi pada kategori tidak berdaya. Oleh karena itu diperlukan layanan bimbingan berupa *workshop* yang dilakukan bisa oleh Badan Bimbingan dan Konseling dan Pengembangan Karir (BBKPK) atau Pembimbing Akademik untuk membantu mahasiswi dalam meningkatkan pemberdayaan perempuan. Penelitian ini menghasilkan modul yang dapat dijadikan acuan dalam melaksanakan layanan bimbingan.

Kata Kunci: Pemberdayaan Perempuan, Kekerasan Seksual, *Workshop*

ABSTRACT

Shafa Salsabila Hendari Putri. (2024). Guidance Services for Women's Empowerment in Preventing Sexual Violence.

Sexual violence refers to any form of unwanted sexual attention that has the purpose or effect of offending, frightening, antagonizing, degrading, humiliating or distressing and women face a higher risk of experiencing sexual violence when compared to men. Therefore, women must be empowered as it is a prerequisite for them to be able to prevent sexual violence. This study aims to increase women's empowerment in preventing sexual violence and the implications of guidance and counseling services for female students of Universitas Pendidikan Indonesia. The instrument used is a modification of the women empowerment instrument developed by Kanwar Hamza Shuja & Khan which is associated with sexual violence consisting of 35 statement items. The research participants amounted to 400 female students of Universitas Pendidikan Indonesia aged 18-24 years. The results showed that most female students of Universitas Pendidikan Indonesia were empowered in preventing sexual violence, but in several dimensions of women's empowerment there were still female students in the category of not empowered. Therefore, guidance services is needed in the form of workshops conducted either by Guidance and Counseling and Career Development or Academic Advisors to assist female students in increasing women's empowerment. This research produces a module that can be used as a reference in implementing guidance services.

Keywords: Women Empowerment, Sexual Violence, Workshop

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