

**PENGEMBANGAN *SOCIAL CAPITAL* MELALUI
EKSTRAKURIKULER BOLA BASKET**

TESIS

Diajukan untuk memenuhi syarat Memperoleh Gelar Magister Pendidikan
Program Studi Pendidikan Olahraga



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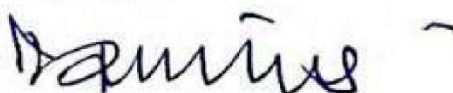
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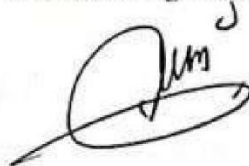
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ABSTRAK

PENGEMBANGAN *SOCIAL CAPITAL* MELALUI EKSTRAKURIKULER BOLA BASKET

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Pembimbing I : Prof. Dr. H. Amung Ma'mun, M.Pd.

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Penelitian ini meneliti pengembangan *social capital* melalui kegiatan ekstrakurikuler bola basket. Tujuannya adalah untuk menganalisis perbedaan pengaruh antara pelatihan bola basket non-integrasi *social capital*, integrasi *social capital*, dan integrasi *social capital plus* terhadap perkembangan *social capital*. Penelitian ini menggunakan metode kuasi-eksperimen dengan desain *the matching-only pretest-posttest control group design*. Populasi terdiri dari 30 siswa SMA Negeri 1 Kota Bandung yang dibagi menjadi tiga kelompok: (A) kontrol, (B) integrasi *social capital*, dan (C) integrasi *social capital plus*. Setiap kelompok terdiri dari 10 siswa. Intervensi dilakukan tiga kali seminggu selama 12 pertemuan. Data dikumpulkan menggunakan kuesioner dari Forsell et al. (2020) yang mengukur empat faktor *social capital*: penerimaan ramah, norma perilaku, timbal balik yang saling percaya, dan tata kelola. Hasil penelitian menunjukkan bahwa integrasi *social capital* dan *social capital plus* dalam pelatihan bola basket memberikan pengaruh yang lebih besar terhadap perkembangan modal sosial dibandingkan dengan pelatihan non-integrasi. Selain itu, integrasi *social capital plus* memberikan hasil yang lebih baik dibandingkan dengan hanya integrasi *social capital*. Dengan demikian, integrasi *social capital plus* dalam program pelatihan ekstrakurikuler bola basket lebih efektif dalam meningkatkan pengembangan modal sosial.

Kata kunci : integrasi, *social capital*, ekstrakurikuler bola basket

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ABSTRACT

DEVELOPMENT OF SOCIAL CAPITAL THROUGH BASKETBALL EXTRACURRICULAR ACTIVITIES

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This study investigates the development of social capital through basketball extracurricular activities. The objective is to analyze the differences in the impact between non-integrated social capital training, integrated social capital training, and integrated social capital plus training on social capital development. This research employs a quasi-experimental method with a matching-only pretest-posttest control group design. The population consists of 30 students from SMA Negeri 1 Kota Bandung, divided into three groups: (A) control, (B) integrated social capital, and (C) integrated social capital plus. Each group consists of 10 students. The intervention is conducted three times a week for 12 sessions. Data is collected using a questionnaire adapted from Forsell et al. (2020) that measures four factors of social capital: friendly acceptance, norms of behavior, trusting reciprocity, and governance. The results show that integrating social capital and social capital plus into basketball training has a greater impact on the development of social capital compared to non-integrated training. Furthermore, social capital plus integration yields better outcomes than basic social capital integration. Thus, integrating social capital plus into basketball extracurricular training programs is more effective in enhancing the development of social capital.

Keywords : integration, social capital, extracurricular basketball

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