

**MODEL PEMBELAJARAN BERDIFERENSIASI  
UNTUK MENINGKATKAN KETERAMPILAN SOSIAL  
PESERTA DIDIK DENGAN *AUTISM SPECTRUM DISORDER*  
PADA SETTING KELAS INKLUSIF JENJANG SEKOLAH DASAR**

**DISERTASI**

diajukan untuk memenuhi sebagian syarat untuk memperoleh gelar  
Doktor Pendidikan Khusus



oleh

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PROGRAM STUDI PENDIDIKAN KHUSUS  
FAKULTAS ILMU PENDIDIKAN  
UNIVERSITAS PENDIDIKAN INDONESIA  
2024

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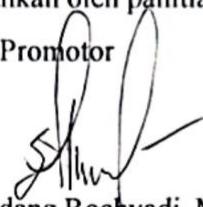
HALAMAN PENGESAHAN

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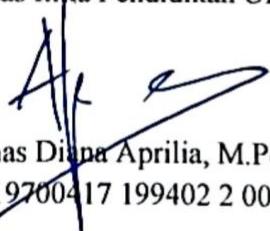
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## **PERNYATAAN**

Dengan ini saya menyatakan bahwa disertasi dengan judul “***Model Pembelajaran Berdiferensiasi untuk Meningkatkan Keterampilan Sosial Peserta Didik dengan Autism Spektrum Disorder pada Setting Kelas Inklusif Jenjang Sekolah Dasar***” ini beserta seluruh isinya adalah benar-benar karya saya sendiri. Saya tidak melakukan penjiplakan atau pengutipan dengan cara-cara yang tidak sesuai dengan etika ilmu yang berlaku dalam masyarakat keilmuan. Atas pernyataan ini, saya siap menanggung risiko/ sanksi apabila di kemudian hari ditemukan adanya pelanggaran etika keilmuan atau ada klaim dari pihak lain terhadap keaslian karya saya ini.

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Yang membuat pernyataan,

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## KATA PENGANTAR

Puji dan Syukur penulis panjatkan ke hadirat Allah SWT karena atas karunia dan kasih sayang-Nya penulis masih diberi kesehatan, kemampuan, dan motivasi untuk menyelesaikan disertasi yang berjudul “Model Pembelajaran Berdiferensiasi untuk Meningkatkan Keterampilan Sosial Peserta Didik dengan *Autism Spectrum Disorder* pada Setting Kelas Inklusif Jenjang Sekolah Dasar.” Disertasi ini disusun untuk merumuskan model pembelajaran berdiferensiasi yang efektif dalam meningkatkan keterampilan sosial peserta didik dengan *Autism Spectrum Disorder*.

Penyelesaian disertasi ini dapat terwujud berkat adanya dorongan, bantuan, dan do'a yang telah diberikan oleh berbagai pihak. Oleh karena itu, pada kesempatan ini penulis ingin mengucapkan terima kasih yang tulus dan penghargaan setinggi-tingginya kepada semua pihak yang telah membantu terselesaiannya disertasi ini. Semoga kebaikan dan dukungan yang telah diberikan kepada penulis mendapat balasan yang berlipat ganda dari Allah SWT.

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## **ABSTRAK**

### **MODEL PEMBELAJARAN BERDIFERENSIASI UNTUK MENINGKATKAN KETERAMPILAN SOSIAL PESERTA DIDIK DENGAN AUTISM SPECTRUM DISORDER PADA SETTING KELAS INKLUSIF JENJANG SEKOLAH DASAR**

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Keterampilan sosial merupakan aspek yang paling banyak menimbulkan masalah pada anak dengan Autism Spectrum Disorder (ASD). Hambatan keterampilan sosial ini seringkali berdampak terhadap interaksi sosial siswa dan sekaligus mempengaruhi performa akademis mereka. Pembelajaran di kelas saat ini belum mengakomodasi peserta didik dengan ASD untuk mengembangkan keterampilan sosialnya. Penelitian bertujuan untuk merumuskan model pembelajaran berdiferensiasi untuk meningkatkan keterampilan sosial peserta didik dengan ASD. Penelitian dilakukan dengan menggunakan pendekatan riset dan pengembangan dengan metode ADDIE. Subjek penelitian ini adalah dua orang guru dan peserta didik dengan ASD. Pengumpulan data dilakukan melalui wawancara, observasi, dan studi dokumentasi. Hasil penelitian menunjukkan bahwa model pembelajaran berdiferensiasi yang dikembangkan dapat dilaksanakan untuk meningkatkan keterampilan sosial peserta didik dengan ASD, terutama pada aspek *joint attention*, komunikasi verbal, dan bermain namun belum dapat meningkatkan komunikasi non verbal. Penelitian ini baru mengevaluasi keterlaksanaan, belum menguji efektivitas, dan baru berfokus pada beberapa aspek dari keterampilan sosial sehingga dapat diteliti oleh peneliti selanjutnya.

**Kata Kunci:** Keterampilan Sosial; Pembelajaran Berdiferensiasi; Siswa dengan ASD.

## ***ABSTRACT***

### ***A DIFFERENTIATED LEARNING MODEL TO IMPROVE SOCIAL SKILLS OF STUDENTS WITH AUTISM SPECTRUM DISORDER IN INCLUSIVE CLASSROOM SETTINGS AT PRIMARY SCHOOL LEVEL***

Ana Lisdiana/NIM 1706548

*Social skills are the most problematic aspect of autism spectrum disorder (ASD). These social skills barriers often impact students' social interactions and their academic performance. Current classroom learning has not accommodated students with ASD to develop their social skills. The research aims to formulate a differentiated learning model to improve the social skills of students with ASD. The research was conducted using a research and development approach with the ADDIE method. The subjects were two teachers and students with ASD. Data collection was conducted through interviews, observations and documentation studies. The results showed that the differentiated learning model developed can be implemented to improve the social skills of students with ASD, especially in the aspects of joint attention, verbal communication, and play but has not been able to improve non-verbal communication. This study only evaluates the implementation, has not tested the effectiveness, and only focuses on some aspects of social skills so that it can be studied by further researchers.*

***Keywords: Differentiated Instruction; Social Skills, Students with ASD.***

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