

**KARIR ATLET DAN PELATIH PANJAT TEBING
DALAM PERSPEKTIF GENDER DI INDONESIA**

DISERTASI

**Diajukan Untuk Memenuhi Sebagian Syarat Untuk Memperoleh
Gelar Doktor Pendidikan Olahraga**



oleh

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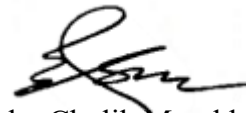
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HALAMAN PERNYATAAN TENTANG KEASLIAN DISERTASI DAN PERNYATAAN BEBAS PLAGIARISME

Dengan ini saya menyatakan bahwa disertasi dengan judul "Karir Atlet dan Pelatih Panjat Tebing dalam Perspektif Gender di Indonesia" ini beserta seluruh isinya adalah benar-benar karya saya sendiri. Saya tidak melakukan penjiplakan atau pengutipan dengan cara-cara yang tidak sesuai dengan etika ilmu yang berlaku dalam masyarakat keilmuan. Atas pernyataan ini, saya siap menanggung risiko/sanksi apabila di kemudian hari ditemukan adanya pelanggaran etika keilmuan atau ada klaim dari pihak lain terhadap keaslian karya saya ini.

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ABSTRAK

Karir Atlet dan Pelatih Panjat Tebing Dalam Perspektif Gender di Indonesia

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Perempuan sudah cukup lama berpartisipasi dan berkarir dalam olahraga panjat tebing namun belum sebanyak jumlah laki-laki. Jumlah atlet dan pelatih panjat tebing perempuan di Indonesia belum terwakili dari setiap provinsi, namun mampu menjadi atlet yang diperhitungkan di level dunia khususnya pada nomor *speed word record*. Tujuan dari penelitian ini adalah mendapatkan data konkrit tentang perkembangan karir atlet dan pelatih panjat tebing perempuan di Indonesia. Pendekatan yang digunakan adalah kualitatif riset dengan metode studi kasus. Teknik penentuan sampel menggunakan *snowball sampling*, berawal dari satu orang atlet perempuan yang sudah berprestasi internasional dan pelatih perempuan yang sudah mengantarkan atletnya menjadi juara nasional dan internasional yang kemudian berkembang menjadi responden yang lebih banyak yaitu pelatih laki-laki, pelatih kepala, psikolog, orang tua atlet perempuan serta atlet laki-laki dan perempuan yang dilatih oleh pelatih perempuan. Instrumen yang digunakan berupa observasi, wawancara terbuka dan dokumentasi. Data dianalisis dalam lima tahap; mengumpulkan data, menyalin, mengkategorikan, menafsirkan data, dan menggeneralisasi data. Hasil penelitian ini menunjukkan bahwa (1) Proses pembinaan olahraga panjat tebing perempuan di Indonesia sudah cukup bagus namun belum *sustainable*, (2) Panjang karir atlet panjat tebing perempuan Indonesia selalu meningkat dan atlet perempuan Indonesia memiliki peluang yang sangat besar untuk berprestasi pada level dunia, (3) Karir pelatih perempuan selalu meningkat serta tidak ada perbedaan antara atlet yang dilatih oleh pelatih perempuan maupun laki-laki yang dilihat adalah kemampuannya dalam melatih, pelatih perempuan biasanya lebih lembut, sabar, detil dan memahami karakteristik atlet seperti seorang ibu, (4) Prestasi atlet laki-laki sama baiknya jika dilatih oleh pelatih laki-laki maupun perempuan.

Kata kunci: Karir, Atlet, Pelatih, Jender, Panjat Tebing.

ABSTRACT

Careers of Sport Climbing Athletes and Coaches from a Gender Perspective in Indonesia

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Women have been participating and having a career in the sport climbing for quite a long time, nevertheless their numbers are not equal with the man. The numbers of female sport climbing athletes and coaches in Indonesia is not yet represented by every province, but they are considered as the world level athlete, especially in the speed word record number. This research aims to obtain concrete data about the career development of female sport climbing athletes and coaches in Indonesia. This research used qualitative approach with the case study method. The sampling technique used snowball sampling, starting from one female athlete who had achieved international success and a female coach who had led her athlete to become a national and an international champion, which then advanced into more respondents, they were male coaches, head coaches, psychologists, parents of female athletes as well as male and female athletes who were trained by female coaches. The instruments used were observation, open interviews and documentation. The data were analyzed in five stages; collecting data, transcribing, categorizing, interpreting the data, and generalizing the data. The results of this research show that (1) women's sport climbing is being developed in Indonesia in a good but not sustainable manner; (2) Indonesian women athletes have a great chance to succeed at the international level due to their career path that is constantly growing; (3) there is no difference in the careers of athletes who are trained by female or male coaches. What make it different is female coaches are typically more kind, patient, meticulous, and understand the qualities of athletes, and (4) the athletes perform equally well whether trained by male and female coaches.

Keywords: Career, Athlete, Coach, Gender, Sport Climbing.

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