

**KONDISI SOSIAL ATLET WANITA PADA LINGKUNGAN
PEMBINAAN DAN PENGEMBANGAN OLAHRAGA
DALAM PERSPEKTIF GENDER DI INDONESIA**

DISERTASI

Diajukan untuk Memenuhi Sebagian Syarat untuk Memperoleh Gelar Doktorat
Pendidikan Olahraga Program Studi Pendidikan Olahraga



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SEKOLAH PASCASARJANA
UNIVERSITAS PENDIDIKAN INDONESIA**

2024

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ABSTRAK

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Olahraga merupakan suatu kegiatan yang memberikan berbagai manfaat bagi seluruh manusia. Olahraga yang terus menerus akan membantu seseorang mencapai kesehatan dan kebugaran yang baik yang berguna bagi kualitas hidupnya. Partisipasi wanita dalam olahraga saat ini tidak hanya melibatkan peran penonton yang hanya memberikan dukungan dari pinggir lapangan, tetapi juga partisipasi wanita sebagai peserta aktif dalam permainan itu sendiri. Namun kurangnya perwakilan perempuan menegaskan perlunya menganalisis faktor-faktor yang menyebabkan ketidaksetaraan gender di federasi olahraga. Sehingga tujuan penelitian ini adalah untuk mengidentifikasi kondisi sosial atlet wanita pada lingkungan keluarga; untuk mengidentifikasi kondisi sosial atlet wanita pada lingkungan masyarakat; dan yang ketiga untuk mengidentifikasi kondisi sosial atlet wanita pada lingkungan pembinaan dan pengembangan olahraga di pusat latihan. Metode yang dipakai dalam penelitian ini adalah metode kualitatif dengan menggunakan pendekatan studi kasus. Wawancara, observasi dan dokumentasi digunakan dalam pengumpulan data, dimana 3 orang atlet, 1 pelatih dan orang tua merupakan partisipan dalam penelitian ini. Berdasarkan identifikasi dan analisis data, temuan dari penelitian ini mengungkapkan bahwa kondisi yang terungkap adalah, *condescension* (merendahkan), *manipulation* (manipulasi), *criticism* (kritik), *threat* (ancaman), *blaming* (menyalahkan) kelima tersebut bagian dari awal kondisi yang terjadi, penarikan sosial, perasaan rasa malu dan rasa bersalah, depresi adalah bagian dari dampak kondisi sosial.

Kata Kunci: Kondisi Sosial, Kesetaraan Gender, Olahraga.

ABSTRACT

SOCIAL CONDITIONS OF WOMEN ATHLETES IN THE ENVIRONMENT OF SPORTS COACHING AND DEVELOPMENT FROM PERSPECTIVE GENDER IN INDONESIA

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Sport is an activity that provides various benefits for all humans. Continuous exercise will help people achieve good health and fitness, improving their quality of life. Women's participation in sports today involves not only the role of spectators, who only provide support from the sidelines but also the participation of women as active participants in the game itself. However, the underrepresentation of women highlights the need to analyze the factors that lead to gender inequality in sports federations. So, this research aims to identify the social conditions of female athletes in the family environment, the social conditions of female athletes in society, and the social conditions of female athletes in the sports coaching and development environment at the training center. The method used in this research is qualitative, using a case study approach. Interviews, observation, and documentation were used in data collection, and three athletes, one coach, and parents were participants in this research. Based on data identification and analysis, the findings from this research reveal that the conditions shown are condescension, manipulation, criticism, threats, and blaming; these five are part of the initial conditions that occurred: Social withdrawal, feelings of shame and guilt, and depression are part of the impact of social conditions.

Keywords: Social Conditions, Gender Equality, Sports.

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