

**ANALISIS TINGKAT MOTIVASI BELAJAR ATLET PELAJAR SLOMPN
UPI PADA PRESTASI AKADEMIK**

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Diajukan untuk memenuhi Skripsi pada Program Studi Pendidikan Jasmani
Kesehatan dan Rekreasi



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ABSTRAK

Analisis Tingkat Motivasi Belajar Atlet Pelajar SLOMPN UPI Pada Prestasi Akademik

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Dalam upaya peningkatan prestasi olahraga nasional Kementerian Pemuda dan Olahraga (KEMENPORA) membuat pembinaan olahraga prestasi atlet – atlet muda yang diseleksi yaitu Sentra Latihan Olahragawan Muda Potensial Nasional (SLOMPN). Para atlet yang terseleksi masuk SLOMPN memiliki dua kewajiban yang menjadi rutinitas keseharian mereka yaitu berlatih dan belajar di sekolah. Tujuan dari penelitian ini adalah untuk mengetahui tingkat motivasi belajar dan prestasi akademik atlet pelajar SLOMPN yang ada di Universitas Pendidikan Indonesia (UPI). Menggunakan metode survey deskriptif kuantitatif, dengan pengambilan sampel menggunakan teknik *purposive sampling* dimana seluruh anggota populasi dijadikan sampel yaitu 18 atlet pelajar SLOMPN UPI yang terdiri dari 8 orang laki-laki dan 10 orang perempuan, menggunakan instrumen *Academic Motivation Scale* (AMS) ber-Bahasa Indonesia dan metode dokumentasi. Uji korelasi juga dilakukan antara variabel motivasi belajar dengan prestasi akademik. Hasilnya atlet pelajar SLOMPN UPI memiliki rata-rata tingkat motivasi belajar yang tinggi pada 66.7% dari populasi dan hanya 33.3% yang berada di tingkat sedang. Sedangkan pada prestasi akademik berada di tingkat Baik (B) pada 66.7% dari populasi dan 33.3% yang berada di tingkat Sangat Baik (A), dengan uji korelasi menyatakan bahwa motivasi belajar memiliki hubungan yang signifikan dengan prestasi akademik dengan nilai korelasi 0.824. Hal ini menunjukkan bahwa mayoritas atlet pelajar SLOMPN UPI memiliki motivasi belajar yang tinggi dan prestasi akademik yang baik. Namun, terdapat atlet pelajar SLOMPN UPI yang memiliki tingkat motivasi belajar sedang sehingga fakta ini dapat dijadikan acuan untuk pengambilan kebijakan untuk upaya meningkatkan motivasi belajar atlet pelajar SLOMPN UPI.

Kata kunci : Atlet Pelajar, Motivasi Belajar, Prestasi Akademik

ABSTRACT

Analysis of the Level of Academic Motivation of SLOMPN UPI Student Athletes on Academic Achievement

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In an effort to improve national sports achievements, the Ministry of Youth and Sports has created sports development for the achievements of selected young athletes, namely *Sentra Latihan Olahraga Muda Potensial Nasional* (SLOMPN). Athletes who are selected to enter SLOMPN have two obligations that become their daily routine, namely training and studying at school. The aim of this research is to determine the level of academic motivation and academic achievement of SLOMPN student athletes at the Universitas Pendidikan Indonesia (UPI). Using a quantitative descriptive survey method, with sampling using a purposive sampling technique where all members of the population were sampled, namely 18 SLOMPN UPI student athletes consisting of 8 men and 10 women, using Academic Motivation Scale (AMS) is in Indonesian instrument and method documentation. Correlation tests were also carried out between academic motivation variables and academic achievement. As a result, SLOMPN UPI student athletes have an average high level of academic motivation at 66.7% of the population and only 33.3% are at a medium level. Meanwhile, the academic achievements student athletes are at the Good (B) level at 66.7% of the population and 33.3% are at the Very Good (A) level, the correlation test shows that learning motivation has a significant relationship with academic achievement with a correlation value 0.824. This shows that the majority of student athletes have high learning motivation and good academic achievements. However, there are SLOMPN UPI student athletes who have a medium level of academic motivation so this fact can be used as a reference for policy making to increase the learning motivation of SLOMPN UPI student athletes.

Keywords : Student Athlete, Academic Motivation, Academic Achievements

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