

PENGARUH *WORK-LIFE BALANCE* DAN *PERCEIVED ORGANIZATIONAL SUPPORT* TERHADAP *SUBJECTIVE CAREER SUCCESS* PADA PEKERJA PEREMPUAN DI KOTA BANDUNG

SKRIPSI

Disusun untuk memperoleh gelar Sarjana Psikologi di Departemen Psikologi
Fakultas Ilmu Pendidikan Universitas Pendidikan Indonesia



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2024**

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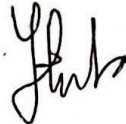
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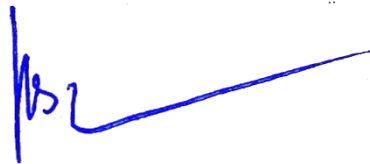
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SUBJECTIVE CAREER SUCCESS PADA PEKERJA PEREMPUAN DI KOTA BANDUNG**

LEMBAR PERNYATAAN

Saya yang bertanda tangan di bawah ini menyatakan bahwa skripsi yang telah ditulis dengan judul “**Pengaruh *Work-Life Balance* dan *Perceived Organizational Support* terhadap *Subjective Career Success* pada Pekerja Perempuan di Kota Bandung**” dan beserta seluruh isinya merupakan karya saya yang sebenar-benarnya. Saya tidak melakukan penjiplakan ataupun pengutipan dengan cara-cara yang tidak sesuai dengan etika yang berlaku dalam masyarakat keilmuan. Melalui pernyataan ini, saya siap menanggung risiko/sanksi apabila di kemudian hari ditemukan adanya pelanggaran etika keilmuan atau ada klaim dari pihak lain terhadap keaslian karya saya sendiri.

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ABSTRAK

Atasya Ramadhana (1901067). Pengaruh *Work-Life Balance* dan *Perceived Organizational Support* terhadap *Subjective Career Success* pada Pekerja Perempuan di Kota Bandung. Skripsi. Program Studi Psikologi, Fakultas Ilmu Pendidikan, Universitas Pendidikan Indonesia, Bandung (2024).

Penelitian ini bertujuan untuk mengetahui pengaruh *work-life balance* dan *perceived organizational support* terhadap *subjective career success* pada pekerja perempuan di Kota Bandung. Pendekatan yang digunakan dalam penelitian ini adalah kuantitatif. Pengambilan sampel dilakukan dengan *non-probability sampling* dengan teknik *purposive sampling*. Responden yang digunakan sebanyak 384 orang pekerja perempuan di Kota Bandung. Instrumen yang digunakan dalam penelitian ini terdiri dari tiga skala yaitu: adaptasi *Work-Life Balance scale*, *Perceived Organizational Support scale* dan *Subjective Career Success inventory*. Teknik analisis data yang digunakan pada penelitian ini adalah regresi linear berganda. Hasil pada penelitian ini menunjukkan terdapat pengaruh positif *work-life balance* dan *perceived organizational support* terhadap *subjective career success* pada pekerja perempuan di Kota Bandung.

Kata Kunci: Pekerja Perempuan, *Perceived Organizational Support*, *Subjective Career Success*, *Work-Life Balance*

ABSTRACT

Atasya Ramadhana (1901067). *The Influence of Work-Life Balance and Perceived Organizational Support on Subjective Career Success among Female Workers in Bandung City. Thesis. Psychology Study Program, Faculty of Education, Indonesian University of Education, Bandung (2024).* This research aims to determine the influence of work-life balance and perceptions of organizational support on subjective career success among female workers in the city of Bandung. The approach used in this research is quantitative. Sampling was carried out using non-probability sampling with purposive sampling technique. The respondents used were 384 female workers in Bandung City. The instruments used in this research consist of three scales, namely: the Work-Life Balance adaptation scale, the Perceived Organizational Support scale and the Subjective Career Success scale. The data analysis technique used in this research is multiple linear regression. The results of this study show that there is a positive influence of work-life balance and perceptions of organizational support on subjective career success among female workers in the city of Bandung.

Keywords: *Female Workers, Perceived Organizational Support, Subjective Career Success, Work-Life Balance*

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