

**STUDI TENTANG KUALITAS KOMPETENSI PELATIH BOLA
TANGAN KAITANNYA DENGAN PROGRAM PELATIHAN
BERBASIS *POSITIVE YOUTH DEVELOPMENT*
DI JAWA BARAT**

Diajukan untuk memenuhi sebagian syarat untuk memperoleh gelar Magister
Pendidikan Olahraga pada Program Studi Pendidikan Olahraga

TESIS



Disusun Oleh :

Lia Apriliani

2105374

**PROGRAM STUDI PENDIDIKAN OLAHRAGA
SEKOLAH PASCASARJANA
UNIVERSITAS PENDIDIKAN INDONESIA
2024**

LEMBAR HAK CIPTA

**STUDI TENTANG KUALITAS KOMPETENSI PELATIH BOLA
TANGAN KAITANNYA DENGAN PROGRAM PELATIHAN
BERBASIS *POSITIVE YOUTH DEVELOPMENT*
DI JAWA BARAT**

Oleh
Lia Apriliani, S.Pd.
Universitas Pendidikan Indonesia, 2024

Sebuah Tesis yang diajukan untuk memenuhi salah satu syarat memperoleh gelar
Magister Pendidikan (M.Pd.) pada Program Studi Pendidikan Olahraga Sekolah
Pascasarjana Universitas Pendidikan Indonesia

© Lia Apriliani 2024
Universitas Pendidikan Indonesia
Januari 2024

Hak Cipta dilindungi undang-undang. Tesis ini tidak boleh diperbanyak
seluruhnya atau sebagian, dengan dicetak ulang, difoto kopi, atau cara lainnya
tanpa ijin dari penulis.

LEMBAR PENGESAHAN TESIS

Lia Apriliani

NIM 2105374

STUDI TENTANG KUALITAS KOMPETENSI PELATIH BOLA TANGAN

KAITANNYA DENGAN PROGRAM PELATIHAN

BERBASIS *POSITIVE YOUTH DEVELOPMENT*

DI JAWA BARAT

Disetujui dan disahkan oleh:

Pembimbing I



Dr. Nuryadi M.Pd

NIP. 197101171998021001

Pembimbing II



Prof. Dr. H. Yunyun Yudiana, M.Pd.

NIP. 196506141990011001

Mengetahui,

Ketua Program Studi Pendidikan Olahraga



Prof. Dr. H. Amung Ma'mun, M.Pd.

NIP. 196001191986031002

ABSTRAK

Pelatih olahraga memegang peran integral dalam organisasi olahraga, Sebagai sosok penting bagi para Atlet. Pelatih merupakan ujung tombak keberhasilan suatu organisasi cabang olahraga dan juga menjadi kunci suksesnya para Atlet berprestasi sekaligus menjadi idola dalam berperilaku pada kehidupan sehari-harinya. Untuk menuju kepada sebuah program yang berkualitas berbasis Perkembangan Pemuda Positif kita membutuhkan pelatih yang berkompeten dalam suatu cabang olahraga dan kompeten mengenai kompetensi perkembangan pemuda positif. Penelitian ini mengukur Persepsi pelatih mengenai komponen kompetensi pengembangan pemuda dan Hubungan antara Tingkat Lesensi Pelatih dengan Kompetensi Program berbasis *Positive Youth Development*. Penelitian ini merupakan Penelitian Deskriptif Kuantitatif menggunakan Instrumen *Program Quality Competence Questionnaire* dengan 6 Komponen yang terdiri dari 42 pertanyaan yang kemudian Data di Analisis menggunakan SPSS 25. Hasil analisis data kuesioner menunjukkan pelatih sangat setuju Komponen Teori Program, Komponen Perkembangan anak dan remaja, Komponen Pelatihan Staf, Komponen Teori Ekologi Sosial, Program Manajemen Lingkungan dan Program Manajemen Keterlibatan dapat menjadi dasar untuk membantu pelatih dalam Menyusun sebuah program Latihan yang berkualitas dalam konteks pengembangan pemuda. Maka diperlukan pendidikan dan pelatihan program pengembangan pemuda yang berkelanjutan dan pembaharuan melalui kurikulum pendidikan. Keberhasilan integrasi pendidikan pelatih pengembangan pemuda yang positif ke dalam olahraga pemuda akan memerlukan kolaborasi badan-badan pengelola olahraga, pembuat kebijakan, penyedia pendidikan, pelatih, klub olahraga, dan orang tua (Camire, 2015; Australian Sports Commission, 2017). Hasil Data Uji Korelasi juga menunjukkan nilai signifikansi $<0,05$ dan nilai korelasi $-.835$, hubungan tersebut bernilai negatif. Sehingga dapat disimpulkan bahwa tidak terdapat Hubungan yang signifikan antara Tingkat kompetensi pelatih yang digambarkan melalui lesensi dengan penerapan program Latihan berbasis *Positive Youth Development*. Implikasi lebih lanjut seiring dengan pergeseran paradigma dari *Development of Sport* ke *Development Trough Sport* (Ha et al., 2015), maka muatan dalam pelatihan dan/atau penataran pelatih bola tangan untuk meningkatkan kompetensi pelatih berupa lesensi memerlukan muatan materi yang menempatkan olahraga (Bola Tangan) sebagai sarana pengembangan anak yang lainnya atau *Personal Development*, sseperti PYD selain Bola Tangan itu sendiri. Penelitian internasional memberikan argumen yang kuat untuk memasukkan komponen pengembangan pemuda yang positif secara wajib dalam pendidikan pelatih (Erickson et al., 2008; Harwood, 2008; Falcao et al., 2012; Strachan et al., 2016). Melalui pendidikan dan Pelatihan, Pelatih mempunyai potensi untuk meningkatkan iklim motivasi yang mendorong perkembangan pemuda yang positif (Duda, 1996; Falcao et al., 2012; Bailey et al., 2013; Santos et al., 2017).

Kata kunci: *Positive Youth Development*, Organisasi Cabang Olahraga, Kompetensi pelatih, Kualitas Program, Bola Tangan

ABSTRAK

Sports coaches play an integral role in sports organizations, as important figures for athletes. Coaches are the spearhead of the success of a sports organization and are also the key to the success of outstanding athletes as well as being idols in their behavior in everyday life. To lead to a quality program based on positive youth development, we need coaches who are competent in a sport and competent regarding positive youth development competencies. This research measures trainers' perceptions regarding youth development competency components and the relationship between trainer license level and positive youth development-based program competency. This research is a Quantitative Descriptive Research using the Quality Competence Questionnaire Program Instrument with 6 components consisting of 42 questions which are then analyzed using SPSS 25. The results of the questionnaire data analysis show the Program Theory Component, Child and Adolescent Development Component, Staff Training Component, Theory Component Social Ecology, Environmental Management Programs and Engagement Management Programs can be the basis for assisting trainers in developing a quality training program in the context of youth development. So ongoing education and training programs for youth development and renewal are needed through educational curricula. Successful integration of positive youth development coach education into youth sport will require the collaboration of sport governing bodies, policy makers, education providers, coaches, sports clubs and parents (Camire, 2015; Australian Sports Commission, 2017). The results of the Correlation Test Data also show a significance value of <0.05 and a correlation value of -0.835 , this relationship is negative. So it can be concluded that there is no significant relationship between the trainer's competency level as described through the license and the implementation of a Positive Youth Development-based training program. Further implications are in line with the paradigm shift from Development of Sport to Development Through Sport (Ha et al., 2015), so the content in training and/or upgrading of handball coaches to increase the competence of coaches in the form of a license requires material content that places sport (Handball) as a means of other child development or Personal Development, such as PYD apart from Handball itself.

Keywords: Positive Youth Development, Sports Organization, Coach Competence, Program Quality, Handball

DAFTAR ISI

LEMBAR PENGESAHAN TESIS	i
LEMBAR HAK CIPTA	ii
SURAT PERNYATAAN	iii
KATA PENGANTAR	iv
UCAPAN TERIMA KASIH.....	v
ABSTRAK	vii
DAFTAR ISI.....	viii
DAFTAR TABEL.....	x
DAFTAR GAMBAR	xi
DAFTAR LAMPIRAN.....	xii
BAB 1 PENDAHULUAN	1
1.1 Latar Belakang.....	1
1.2 Rumusan Masalah	12
1.3 Tujuan Penelitian.....	13
1.4 Batasan Penelitian	14
1.5 Manfaat Penelitian.....	14
1.6 Penelitian Selanjutnya	15
1.7 Struktur Organisasi Tesis	15
BAB II KAJIAN PUSTAKA	16
2.1 <i>Positive Youth Development</i> (PYD).....	16
2.2 Olahraga	20
2.2.1 Hakikat Olahraga	20
2.2.1 Olahraga untuk perkembangan Pemuda.....	21
2.3 Induk organisasi Cabang Olahraga (IOCO)	25
2.4 Bola Tangan.....	27

2.5	Pelatih.....	DAFTAR ISI	29
2.6	Kompetensi Pelatih.....		32
2.7	Kerangka Berfikir.....		38
2.8	Program <i>Quality Competence Questionnaire</i> (PQCQ)		44
2.9	Penelitian Terdahulu yang Relevan.....		53
BAB III METODOLOGI PENELITIAN			53
3.1	Desain Penelitian		57
3.2	Partisipan, populasi, sampel dan tempat penelitian.....		57
3.3	Instrumen Penelitian.....		59
3.4	Uji Coba Instrumen Penelitian		61
3.5	Uji Hipotesis.....		63
3.6	Uji Korelasi		63
3.7	Prosedur Penelitian.....		64
3.8	Tahap pengambilan Kesimpulan.....		66
BAB IV TEMUAN DAN PEMBAHASAN.....			67
4.1	Temuan Hasil Penelitian.....		67
4.1.1	Jumlah Pelatih Berdasarkan Tingkat Lisensi.....		67
4.1.2	Deskripsi Data Kuesioner		68
4.2	Pembahasan		76
BAB V SIMPULAN, IMPLIKASI DAN REKOMENDASI			81
5.1	Kesimpulan.....		81
5.2	Implikasi.....		78
5.3	Rekomendasi		79
DAFTAR PUSTAKA			83
LAMPIRAN.....			91

DAFTAR TABEL

Tabel 1.1 Konstruksi Pengembangan Bola Tangan di Korea Selatan (KHF, 2020)	9
Tabel 2.1 Struktur Pendidikan Pelatih IHF (2024)	33
Tabel 2.2. Kompetensi pelatih berdasarkan PP No.4 tahun 2021	37
Tabel 2.3 Kompetensi pelatih berdasarkan <i>Sport For Development</i>	38
Tabel 2.4 Perbandingan Pelatihan dan Pengembangan.....	49
Tabel 3.1. Kisi – Kisi Kuesioner	60
Tabel 3.1. Kisi – Kisi Kuesioner (Lanjutan)	61
Tabel 3.2 Hasil Hitungan uji Reliabilitas Instrumen PQCQ	62
Table 3.3 Hasil Hitungan uji Validitas instrumen PQCQ	63
Table 3.4 Hasil Hitungan uji Normalitas instrumen PQCQ.....	63
Tabel 4.1 Tingkat Lisensi Pelatih Bola Tangan di Jawa Barat	67
Tabel 4.2 Korelasi Tingkat Lisensi Pelatih dengan Kompetensi Program PYD...	65

DAFTAR GAMBAR

Gambar 1.1 Angka prevalensi penyalahgunaan Narkoba tahun 2019-2021 berdasarkan kelompok usia dan tempat tinggal (%)	2
Gambar 2.1 Inti pembangunan <i>Positive Youth Development</i>	17
Gambar 2.2 <i>Five component Positive Youth Development</i> (Richard Lerner, 2007)	19
Gambar 2.3 Peta Konsep.....	42
Gambar 3.2 Prosedur Penelitian.....	65
Gambar 3.3 Desain Konseptual.....	66
Gambar 4.1 Persentase Keseluruhan Item PQCQ	68
Gambar 4.2 Skor rata-rata kuesioner berdasarkan tingkat Lisensi.....	65
Gambar 4.3 Persentase <i>Program Theory</i>	71
Gambar 4.4 Persentase <i>Child and Youth Development</i>	72
Gambar 4.5 Persentase <i>Staff Training</i>	73
Gambar 4.6 Persentase <i>Social Ecological Theory</i>	74
Gambar 4.7 persentase <i>Program Management Environment</i>	75
Gambar 4.8 persentase <i>Program Management Engagement</i>	75

DAFTAR LAMPIRAN

Data Kuesioner Pelatih Item 1-3	87
Data Koesioner Pelatih Item (Lanjutan) 4-6	88
Reliabilitas Koesioner	89
Link google Form pengisian Kuesioner	90
Komponen Koesioner Item 1-2 PQCQ	91
Komponen Kuesioner Item 3-6 PQCQ	92
Data Penelitian BerdasarkanTingkat Lisensi dan Skor total Kuesioner	93

DAFTAR PUSTAKA

JOURNAL

- Australian Sports Commission. (2017). *Intergenerational Review of Australian Sport 2017* available online at: https://www.sportaus.gov.au/__data/assets/pdf_file/0011/660395/Intergenerational_Review_of_Australian_Sport_2017.pdf (accessed July 20, 2020).
- Apriliani, L. (2020). Pelaksanaan Kegiatan Ekstrakurikuler Olahraga dalam Mendukung *Positive Youth Development* (Studi Deskriptif tentang Pendapat Guru Pendidikan Jasmani dan Olahraga terhadap Keberlangsungan Kegiatan Ekstrakurikuler Olahraga di Sekolah) (Doctoral dissertation, Universitas Pendidikan Indonesia).
- Arikunto, S. (2013). *Prosedur Penelitian : Suatu Pendekatan Praktik* (Edisi Revisi). In *Jakarta: Rineka Cipta*. <https://doi.org/10.1017/CBO9781107415324.004>
- Amilton S.F and Hamilton M.A. (2004): *The youth development handbook: coming of age in American communities*. Thousand oaks, CA:Sage
- Armstrong, M. (2009). *Buku Pegangan Praktek Manajemen Sumber Daya Manusia Armstrong* (11 edisi). London
- Bailey, R. (2006). *Physical education and sport in schools: A review of benefits and outcomes*. *Journal of School Health*, 76, 397–401. doi:10.1111/j.1746-1561.2006.00132.
- Bailey, R., Armour, K., Kirk, D., Jess, M., Pickup, I., Sandford, R., & BERA *Physical Education and Sport Pedagogy Special Interest Group*. (2009). The educational benefits claimed for physical education and school sport: An academic review. *Research Papers in Education*, 24 (1), 1–27. doi:10.1080/02671520701809817
- Barnes, J., Katz, I., Korbin, J. E., & O'Brien, M. (2006). *Children and families in communities: Theory, research, policy and practice*. West Sussex, UK: John Wiley & Sons.
- Bjørndal, C. T., Andersen, S. S., & Ronglan, L. T. (2018). *Successful and unsuccessful transitions to the elite level: The youth national team pathways in Norwegian handball*. *International Journal of Sports Science and Coaching*, 13(4), 533–544. <https://doi.org/10.1177/1747954117740014>
- Benson, P.L, & Pittman, K. (2001) *Moving the youth development message: turning a vague idea into a moral imperative*. Norwell, MA: Kluwer academicamilton
- Bean, Corliss, Tanya Forneris, and Corliss Bean. 2017. "Examining the Role of Needs Support in Mediating the Relationship between Programme Quality and Developmental Outcomes in Youth Sport." *International Journal of Sport and Exercise Psychology* 0(0): 1–17. <https://doi.org/10.1080/1612197X.2017.1350825>.

- Bean, Corliss et al. 2018. "Development of an Observational Measure Assessing Program Quality Processes in Youth Sport." *Cogent Social Sciences* 4(1): 1–35. <https://doi.org/10.1080/23311886.2018.1467304>.
- Bronfenbrenner, U. (1979). *Ekologi pembangunan manusia: Eksperimen secara alami dan desain*. Cambridge, MA: Pers Universitas Harvard.
- Brata, E. B., & Putra, I. N. (2021). Tugas dan peran pemerintah terhadap induk organisasi cabang olahraga dalam pembangunan olahraga nasional. *Journal of Sport Sciences and Fitness*, 10(1), 20-30.
- Budiman, Didin dan Yudiana, Y. (2009). Pengembangan Model Pembelajaran Permainan Bola Tangan. *Pembelajaran, Pengembangan Model Tangan, Permainan Bola Besar, Pada Kelas Besar*, 4, 13.
- Camire, M. (2015). *Reconciling competition and Positive Youth Development in sport*. *Straps* 3, 25–39. doi: 10.3917/sta.109.0025
- Camire, M., Trudel, P., and Forneris, T. (2012). *Coaching and transferring life skills: philosophies and strategies used by model high school coaches*. *Sport Psychol.* 26, 243–260. doi: 10.1123/tsp.26.2.243
- Cote, J., and Mallett, C. J. (2012). Review of Junior Sport Framework Draft Briefing Paper: Positive Youth Development Through Sport (Project No. 715). St. Lucia: Australian Sports Commission.
- Cox, A. L., & Cairns, P. (2008). *Research Methods for Sport Management. Evaluation*, 46(10), 426. <https://doi.org/10.1017/CBO9780511814570>
- Creswell, J. W. (2012). *Educational Research: Planning, Conducting, and Evaluating Quantitative and Qualitative Research*. In *Pearson Education, Inc* (4th ed.). Pearson Education, Inc.
- Crisp, P. (2020). *Leadership, empowerment and coaching: how community sport coaches in the UK can effect behavioural change in disadvantaged youth through incrementally given roles of responsibility*. *International Journal of Sport Policy and Politics*, 12(2), 221–236. <https://doi.org/10.1080/19406940.2020.1725095>
- Connell, J. P., & Gambone, M. A. (2002). *Youth development in community settings: A community action framework*. Philadelphia, PA: Youth Development Strategies, Inc. and Institute for Research and Reform in Education
- Damon W. (2004): *what is Positive Youth Development*. *Annals of the American academy of political and social science*, 59(1), 13-24 <https://doi.org/10.1177%2F0002716203260092>
- De Bosscher, V., De Knop, P., Van Bottenburg, M., & Shibli, S. (2006). *A Conceptual Framework for Analysing Sports Policy Factors Leading to International Sporting Success*. *European Sport Management Quarterly*, 6(2), 185–215. <https://doi.org/10.1080/16184740600955087>

- De Bosscher, Veerle, Simon Shibli, Hans Westerbeek, M. van B. (2015). *Successful Elite Sport Policies: International Comparison of the Sports policy factors Leading to International Sporting Success* (SPLISS 2.0) in 15 nations.
- Direktorat Jenderal Pendidikan Tinggi. (2016). Kebijakan pembinaan dan pemberdayaan mahasiswa dalam pengembangan karakter bangsa. Jakarta: Kementerian Riset, Teknologi, dan Pendidikan Tinggi.
- Duda, J. L. (1996). *Maximising motivation in sport and physical education among children and adolescents: the case for greater task involvement*. *Quest* 48, 290–302. doi: 10.1080/00336297.1996.10484198
- Erickson, K., Bruner, M. W., MacDonald, D. J., and Cote, J. (2008). *Gaining insight into actual and preferred sources of coaching knowledge*. *Int. J. Sports Sci. Coach.* 3, 526–538. doi: 10.1260/174795408787186468
- Falcao, W. R., Bloom, G. A., and Gilbert, W. D. (2012). *Coaches' perceptions of a coach training program designed to promote youth developmental outcomes*. *J. Appl. Sport Psychol.* 24, 429–444. doi:10.1080/10413200.2012.692452
- Fraser thomas, J. L., Côté, J., Deakin, J., Deakin, J., Fraser-thomas, J. L., & Co, ã. J. (2007). *Physical Education and Sport Pedagogy Youth sport programs : an avenue to foster Positive Youth Development Youth sport programs : an avenue to foster Positive Youth Development* ^ te, (January 2013), 37–41.
- Gould, D. (2016). *Conducting impactful coaching science research: The forgotten role of Knowledge integration and dissemination*. *Int. Sport Coach. J.* 3, 197–203. doi: 10.1123/iscj.2015-0113
- Gould, D., and Carson, S. (2008). *Life skills development through sport: current status and future directions*. *Int. Rev. Sport Exerc. Psychol.* 1, 58–78. doi: 10.1080/17509840701834573
- Gould, D., Chung, Y., Smith, P., and White, J. (2006). *Future directions in coaching life skills: Understanding high school coaches' views and needs*. *Athl. Insight* 8, 28–38.
- Greenhoot, A. F., & Dowsett, C. J. (2012). *Secondary Data Analysis: An Important Tool for Addressing Developmental Questions*. *Journal of Cognition and Development*, 13(1), 2–18. <https://doi.org/10.1080/15248372.2012.646613>
- Helene Jørgensen, Pierre-Nicolas Lemyre & Nicholas Holt (2019): *Multiple Learning Contexts and the Development of Life Skills Among Canadian Junior National Team Biathletes*, *Journal of Applied Sport Psychology*, DOI: 10.1080/10413200.2019.1570570

- Harwood, C. (2008). *Developmental consulting in a professional football academy: the 5Cs coaching efficacy program*. *Sport Psychol.* 22, 109–133. doi: 10.1123/tsp.22.1.109
- Harris, S., & Houlihan, B. (2016). *Competition or coalition? Evaluating the attitudes of National Governing Bodies of Sport and County Sport Partnerships towards School Sport Partnerships*. *International Journal of Sport Policy*, 8(1), 151–171.
- Hayat, R. S., Mahendra, A., & Juliantine, T. Analisis program *intentionally structured* terhadap *Positive Youth Development* dengan menggunakan systematic literature review dalam pembelajaran pendidikan jasmani dan olahraga. *Jurnal Ilmu Keolahragaan*, 20(1), 29-39.
- Hilliard, Robert C, Lindsey C Blom, and Mariah A Sullivan. 2019. “*Positive Youth Development and Citizenship Behaviors in Young Athletes : U . S . and Canadian Coaches ’ Perspectives.*” 76: 1135–56.
- Hodge, Camilla J, Michael A Kanters, Jason N Bocarro, and Rob Sayre-mccord. 2017. “A Family Thing: Positive Youth Development *Outcomes of a Sport-Based Life Skills Program.*” 35(1): 34–50.
- Holt, N. L., Deal, C. J., and Smyth, C. L. (2016). “*Future directions for positive youth development through sport,*” in *Positive Youth Development Through Sport*, 2nd Edn, eds N. L. Holt (Routledge), 83–96.
- Holt, N. L., Neely, K. C., Slater, L. G., Camiré, M., Côté, J., Fraser-thomas, J., ... Tamminen, K. A. (2017). A grounded theory of Positive Youth Development through sport based on results from a qualitative, 9858(September 2016). <https://doi.org/10.1080/1750984X.2016.1180704>
- IHF. (2013). *Fascination for Thousand of Years - Handball: Vol. 2 (English)* (International Handball Federation (ed.)). International Handball Federation.
- IHF. (2024). *Coaching Education Regulation - Handball: Vol. XXVII (English)* (International Handball Federation (ed.)). International Handball Federation.
- Jason, L. A., & Glenwick, D. S. (2016). *Handbook Of Methodological Approaches To Community-Based Research Qualitative, Quantitative, And Mixed Methods* (L. A. Jason & D. S. Glenwick (eds.); Vol. 3, Issue 2). Oxford University Press.
- Jelicic, H., Bobek, D. L., Phelps, E., Lerner, R. M., & Lerner, J. V. (2007). *Using Positive Youth Development to predict contribution and risk behaviors in early adolescence : Findings from the first two waves of the 4-H Study of Positive Youth Development*, 31(3), 263–273. <https://doi.org/10.1177/0165025407076439>
- Juliantine, T., & Arifin, F. (2019). *The Effect of Learning Model and Intelligence Quotient on Critical Thinking and Handball Games Performance*. *Jurnal Pendidikan Jasmani dan Olahraga*, 4(1), 37-42.

- Kristine J. Ajrouch Julie Hakim-Larson, 2016, *Youth Development: An ecological Approach: An ecological Approach to Identity*, Psychology Publications: University of Windsor DOI: [10.1177/0002764209331541](https://doi.org/10.1177/0002764209331541)
- Komisi Nasional Indonesia untuk UNESCO, (2018). Dokumen strategis nasional Indonesia untuk implementasi program aksi global UNESCO mengenai pendidikan untuk pembangunan berkelanjutan (SDG 4). Jakarta: Kementerian Pendidikan dan Kebudayaan.
- Koh, Koon Teck et al. 2016. "Implementation of a Values Training Program in Physical Education and Sport : A Follow-up Study." 8989(March).
- Kettner, P. M., Moroney, R. M., & Martin, L. L. (2017). *Designing and managing programs: An effectiveness-based approach* (5th ed.). Los Angeles, CA: Sage.
- Lene Tanggaard Dan Nørgaard Laursen & Thomas Szulevicz (2015); *The grip on the handball – a qualitative analysis of the influence of materiality on creativity in sport*, Pages 79-94 | Received 26 Nov 2014, Accepted 22 Jan 2015, Published online: 08 Apr 2015
<https://doi.org/10.1080/2159676X.2015.1012546>
- Lemus, Delgado, D. (2020). *International sports events and national identity: the opening ceremony of the Taipei Universiade*. *Sport in Society*, 0(0), 1–17. <https://doi.org/10.1080/17430437.2020.1732929>
- Lerner, R. M., Lerner, J. V., Almerigi, J. B., Theokas, C., Phelps, E., Gestsdottir, S., et al. (2005). *Positive youth development, participation in community youth development programs, and community contributions of fifth-grade adolescents: findings from the first wave of the 4-H study of positive youth development*. *J. Early Adolesc.* 25, 17–71. doi: [10.1177/0272431604272461](https://doi.org/10.1177/0272431604272461)
- Lesmana, I. B. (2020). Tata Kelola Bola Tangan Indonesia melalui *perspektif Ideal-Type Model of Integrated High Performance and Mass Sport Development*. *Jurnal ilmu keolahragaan*, 19(2), 163-173.
- Light, R. L. (2010). *Children's social and personal development through sport: a case study of an Australian swimming club*. *J. Sport Soc. Issu.* 34, 379–395. doi: [10.1177/0193723510383848](https://doi.org/10.1177/0193723510383848)
- Ma'mun, A. (2019). Governmental Roles in Indonesian Sport Policy: From Past to Present. *International Journal of the History of Sport*, 36(4–5), 388–406. <https://doi.org/10.1080/09523367.2019.1618837>
- Ma'mun, A. (2018). *Olahraga Kepemimpinan dan Politik* (Wakhudin (ed.); 1st ed.). LEKKAS IKAPI.
- Maulana, A (2022). Analisis Pelatihan dan Pengembangan Sumber Daya Manusia Pada Perusahaan Jasa. *Jurnal Ilmiah Manajemen* vol. 3
- Muhlisin, M., Kurniawan, R., Ardiana, P., Ardyansyah, R., & Tohir, T. (2022). Pelatihan Bola Tangan melalui Pendekatan Long Term Athlete Development. *Jendela Olahraga*, 7(1), 119-131.

- Millar, P., Clutterbuck, R., & Doherty, A. (2020). *Understanding the adoption of long-term athlete development in one community sport club*. *Managing Sport and Leisure*, 25(4), 259–274. <https://doi.org/10.1080/23750472.2020.1713197>
- Myers, R. G. (2006). *Quality in program of early childhood care and education (ECCE)*. Education for All Global Monitoring Report 2007, Strong foundations: Early childhood care and education. Retrieved from <http://unesdoc.unesco.org/images/0014/001474/147473e.pdf>
- Nababan, M. B., Dewi, R., & Akhmad, I. (2018). Analisis Pola Pembinaan Dan Pengembangan Olahraga Rekreasi Di Federasi Olahraga Rekreasi 105 Masyarakat Indonesia Sumatera Utara Tahun 2017. *Jurnal Pedagogik Olahraga*, 04, 38–55
- Norze, J. (2020). Critical Competencies of Program Quality as Perceived by Extension Educators. *Advances in Sciences and Humanities*, 6(2), 52. <https://doi.org/10.11648/j.ash.20200602.11>
- Nurbalqis, E. (2021). Perkembangan *self esteem* melalui aktivitas olahraga dalam rangka *Positive Youth Development* (Doctoral dissertation, Universitas Pendidikan Indonesia).
- Norze, J., & Cater, M. (2019). *Examination of the factorial structure of the Positive Youth Development Program Quality Competency Questionnaire using responses from youth development professionals across the U.S.* *Applied Developmental Science*, 25(4), 385–397. <https://doi.org/10.1080/10888691.2019.1662305>
- Resolution adopted by the General Assembly on 25 September 2015 : Transforming our world: the 2030 Agenda for Sustainable Development, Governing Through Goals: Sustainable Development Goals as Governance Innovation 259 (2017). <https://doi.org/10.7551/mitpress/9780262035620.003.0011>
- Rizqullah, M. F. (2022). *Integrasi life skills* kedalam program olahraga pada anak remaja di lembaga pemasyarakatan khusus anak (Ipka) sukamiskin kota bandung dalam rangka *Positive Youth Development* (Doctoral dissertation, Universitas Pendidikan Indonesia).
- Richard M. Lerner, Jason B et al. (2005): *Positive Youth Development a view of issue*. Boston Collage: Tufts University. <https://doi:10.1177?0272431604273211>
- Richard M. Lerner , Elizabeth M. Dowling . (2003): *Positive Youth Development: Thriving as the Basis of Personhood and Civil Society*. https://doi.org/10.1207/S1532480XADS0703_8
- Santos, F., Camire, M., MacDonald, D. J., Campos, H., Conceicao, M., and Silva, P. (2017). *Youth sport coaches' perspective on Positive Youth Development and its worth in mainstream coach education courses*. *Int. Sport Coach. J.* 4, 38–46. doi: 10.1123/iscj.2016-0092

- Strachan, L., MacDonald, D. J., and Côté, J. (2016). *Coaches' perceptions of an online tool to promote positive youth development in sport*. *Int. J. Sports Sci. Coach.* 11, 108–115. doi: 10.1177/1747954115624827
- Smith, R. E., and Smoll, F. L. (1997). *Coaching the coaches: youth sports as a scientific and applied behavioral setting*. *Curr. Dir. Psychol. Sci.* 6, 16–21. doi: 10.1111/1467-8721.ep11512606
- Susanto, E. (2005). Diktat pembelajaran metodik Bola Tangan. Ilmu Keolahragaan, 1–93.
- Tarkington Newman, Sandra Black, Fernando Santos, Benjamin Jefka & Nicholas Brennan (2021): *Coaching the development and transfer of life skills: a scoping review of facilitative coaching practices in youth sports*, *International Review of Sport and Exercise Psychology*, DOI: 10.1080/1750984X.2021.1910977
- Schwandt, T. A. (2003). *Back to the rough ground: Beyond theory to practice in evaluation*. *Evaluation*, 9(3), 353–364. doi:10.1177/1356389003009300
- Setiawan, A. (2021). Tanggung jawab induk organisasi cabang olahraga dalam mengembangkan prestasi atlet Indonesia. *Sport Science and Coaching Journal*, 3(1), 45-54.
- Setiawan, A., & Rahmat, A. (2018). Pengaruh Pembelajaran Bola Tangan Terhadap Perilaku Sosial Siswa. *Jurnal Pendidikan Jasmani dan Olahraga*, 3(1), 89-94.
- UNOSDP. (2017). *Sport and the Sustainable Development Goals. An overview outlining the contribution of sport to the SDGs*. 1–17. <https://doi.org/10.7196/SAMJ.7617>
- Vandemoortele, J. (2018). From simple-minded MDGs to muddle-headed SDGs*. *Development Studies Research*, 5(1), 83–89. <https://doi.org/10.1080/21665095.2018.1479647>
- Vartanian, T. P. (2011). *Secondary Data Analysis*. In T. Tripodi (Ed.), *Journal of Chemical Information and Modeling*. Oxford University Press, Inc.
- Vella, S., Oades, L., and Crowe, T. (2013). *A pilot test of transformational leadership training for sports coaches: Impact on the developmental experiences of adolescent athletes*. *Int. J. Sports Sci. Coach.* 8, 513–530. doi: 10.1260/1747-9541.8.3.513
- Wang, O. J. (2020). *AHF Coaching course for B License - Handball Team Management*. In Korea Handball Federation. Korea Handball Federation.

POLICY DOCUMEN

- Badan Pusat Statistik Indonesia. Statistik Kriminal 2022. 04300.2214
- Undang-Undang Republik Indonesia. Nomor 11 Tahun 2021. Tentang Sistem Keolahragaan Nasional, (2021). Indonesia

Peraturan Menteri pendayagunaan aparatur negara dan reformasi birokrasi Republik Indonesia. No 4 tahun 2021. tentang Standar kompetensi jabatan fungsional pelatih Olahraga (2021). Indonesia

Peraturan Presiden No.86 Tahun 2021 tentang Desain Besar Olahraga. Indonesia

Peraturan Menteri Pendayagunaan Aparatur Negara Dan Reformasi Birokrasi Republik Indonesia. Nomor 40 Tahun 2014. Tentang Jabatan Fungsional Pelatih Olahraga

Peraturan Pemerintah Republik Indonesia Nomor 16 tahun 2007 tentang penyelenggaraan keolahragaan.

Peraturan Pemerintah Republik Indonesia Nomor 23 Tahun 2004 Tentang Badan Nasional Sertifikasi Profesi

Peraturan Badan Nasional Sertifikasi Profesi Nomor : 2/ Bnsp/Viii/2017 Tentang Pedoman Pengembangan Dan Pemeliharaan Skema Sertifikasi Profesi Komite Olimpiade Indonesia. (2020). Statuta Komite Olimpiade Indonesia.

BOOKs

Ma'mun, Amung (2019): Olahraga, Kepemimpinan dan Politik. Bandung : Lekkas.

Ma'mun, Amung (2020): kebijakan dan pengembangan Olahraga: Perspektif

Historis dan Tantangan Indonesia pada Masa Depan. Bnadung : Lekkas.

Sugiyono. (2014). Memahami Penelitian Kualitatif. Bandung : Alfabeta