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**PENGARUH *TRAIT* KEPRIBADIAN *NEUROTICISM* TERHADAP
SUICIDE IDEATION YANG DIMEDIASI *SELF-CRITICISM* PADA
PEREMPUAN KORBAN KEKERASAN DALAM PACARAN**

SKRIPSI

Disusun untuk memperoleh gelar Sarjana Psikologi di Program Studi Psikologi
Fakultas Ilmu Pendidikan Universitas Pendidikan Indonesia



Disusun oleh:

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FAKULTAS ILMU PENDIDIKAN
UNIVERSITAS PENDIDIKAN INDONESIA**

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Skripsi ini ditujukan sebagai salah satu syarat untuk memperoleh gelar sarjana pada Program Studi Psikologi, Fakultas Ilmu Pendidikan, Universitas Pendidikan Indonesia.

Peneliti menyadari bahwa terdapat banyak kekurangan serta keterbatasan dalam penelitian ini. Oleh karena itu, peneliti mengharapkan kritik serta saran yang bersifat membangun sebagai perbaikan bagi skripsi ini agar menjadi lebih baik. Peneliti mengucapkan terima kasih kepada segenap pihak yang terlibat dalam proses penyelesaian skripsi ini. Peneliti berharap agar skripsi ini dapat bermanfaat bagi bidang keilmuan psikologi dan para pembaca.

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UCAPAN TERIMA KASIH

Selesainya skripsi dengan judul “**PENGARUH *TRAIT* KEPRIBADIAN *NEUROTICISM* TERHADAP *SUICIDE IDEATION* YANG DIMEDIASI *SELF-CRITICISM* PADA PEREMPUAN KORBAN KEKERASAN DALAM PACARAN**” tidak terlepas dari bantuan serta dukungan dari banyak pihak yang telah memberikan kritik serta saran kepada penulis. Oleh karena itu, dengan segala hormat penulis mengucapkan terima kasih kepada:

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12. Partisipan penelitian yang telah meluangkan waktu untuk mengisi kuesioner penelitian.

ABSTRAK

Tiffany Aulia Fauziah (1901573). Pengaruh *Trait* Kepribadian *Neuroticism* terhadap *Suicide ideation* yang Dimediasi *Self-criticism* pada Perempuan Korban Kekerasan Dalam Pacaran. Skripsi Program Studi Psikologi, Fakultas Ilmu Pendidikan, Universitas Pendidikan Indonesia, Bandung (2023).

Kekerasan dalam pacaran merupakan salah satu bentuk kekerasan ranah personal yang marak menimpa perempuan. Penelitian ini bertujuan untuk menguji peran *self-criticism* (kritik diri) dalam memediasi pengaruh *neuroticism* (neurotisme) terhadap *suicide ideation* (ide bunuh diri) pada perempuan korban kekerasan dalam pacaran di Pulau Jawa. Penelitian ini menggunakan pendekatan kuantitatif. Teknik pengambilan sampel yang digunakan adalah *non- probability sampling* berupa *purposive sampling* dengan sampel 158 perempuan di Pulau Jawa dengan usia 18 – 25 tahun. Instrumen dalam penelitian ini menggunakan tiga skala yaitu *Eysenck Personality Questionnaire Brief Version* (EPQ-BV) (12 item; $a = 0,83$), *The Forms of Self-criticism/Self-Reassuring Scale* (FSCRS) (14 item; $a = 0,76$), dan *Beck Scale for Suicide ideation* (BSSI) (19 item; $a = 0,75$). Teknik analisis data yang digunakan adalah regresi linear dan regresi jalur. Selain itu, penelitian ini juga menggunakan uji sobel untuk menguji hipotesis mediasi. Hasil dari penelitian ini menunjukkan bahwa (1) terdapat pengaruh positif *neuroticism* (neurotisme) terhadap *suicide ideation* (ide bunuh diri), (2) terdapat pengaruh positif pada *neuroticism* (neurotisme) terhadap *self-criticism* (kritik diri), (3) terdapat pengaruh positif *self-criticism* (kritik diri) terhadap *suicide ideation* (ide bunuh diri) dan (4) *self-criticism* (kritik diri) memediasi pengaruh *neuroticism* (neurotisme) terhadap *suicide ideation* (ide bunuh diri) secara signifikan pada perempuan korban kekerasan dalam pacaran di Pulau Jawa.

Kata Kunci: Kekerasan Dalam Pacaran, *Neuroticism*, *Self-criticism*, *Suicide Ideation*

ABSTRACT

Tiffany Aulia Fauziah (1901573). The Influence of *Neuroticism* Personality Trait on Suicide Ideation Mediated by Self-criticism in Female Victims of Dating Violence. Psychology. Faculty of Education, Indonesia University of Education (UPI), Bandung (2023).

This study aims to examine the role of self-criticism in mediating the impact of *neuroticism* on suicide ideation among female victims of dating violence in Java Island. The research employs a quantitative approach, utilizing non-probability purposive sampling to select 158 female participants aged 18 to 25 in Java Island. For study instruments, three measures are used: The *Eysenck Personality Questionnaire Brief Version* (EPQ-BV) with 12 items ($\alpha = 0.83$), *The Forms of Self-criticism/Self-Reassuring Scale* (FSCRS) with 14 items ($\alpha = 0.76$), and *Beck Scale for Suicide Ideation* (BSSI) with 19 items ($\alpha = 0.75$). Data analysis techniques include linear regression and path analysis, with the Sobel test used to assess the hypothesis of mediation. The findings reveal that (1) *neuroticism* positively influences suicide ideation, (2) there is a positive influence of *neuroticism* on self-criticism, (3) self-criticism positively influences suicide ideation, and (4) self-criticism partially mediates the impact of *neuroticism* on suicide ideation in female victims of dating violence in Java Island.

Keywords: Dating Violence, Neuroticism, Self-criticism, Suicide Ideation

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