

***STRENGTHS-BASED SCHOOL COUNSELING* UNTUK
MENGEMBANGKAN KEPERIBADIAN MULTIKULTURAL**

TESIS

**diajukan untuk memenuhi sebagian syarat untuk memperoleh gelar
Magister Pendidikan Bidang Bimbingan dan Konseling**



oleh

**Sri Lestari
2010205**

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2023**

***STRENGTHS-BASED SCHOOL COUNSELING* UNTUK
MENGEMBANGKAN KEPERIBADIAN MULTIKULTURAL
PESERTA DIDIK SMP DI KOTA BANDUNG**

Oleh
Sri Lestari
2010205

Sebuah tesis yang diajukan untuk memenuhi syarat memperoleh gelar Magister
Pendidikan (M.Pd.) pada Fakultas Ilmu Pendidikan

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LEMBAR PENGESAHAN

***STRENGTHS-BASED SCHOOL COUNSELING* UNTUK
MENGEMBANGKAN KEPERIBADIAN MULTIKULTURAL**

Oleh:
SRI LESTARI
2010205

**DISETUJUI DAN DISAHKAN OLEH:
Pembimbing**



Dr. Nandang Budiman, M.Si.
NIP 19710219 199802 1 001

Diketahui Oleh:

Ketua Program Studi Bimbingan dan Konseling
Program Magister dan Doktor
Fakultas Ilmu Pendidikan
Universitas Pendidikan Indonesia



Prof. Dr. Juntika Nurihsan, M.Pd.
NIP 19660601 199103 1 005

LEMBAR PERNYATAAN KEASLIAN TESIS

Saya yang bertanda tangan di bawah ini:

Nama : Sri Lestari
NIM : 2010205
Program Studi : Bimbingan dan Konseling
Fakultas : Ilmu Pendidikan
Kampus : Universitas Pendidikan Indonesia

Dengan ini saya menyatakan bahwa tesis dengan judul "*Strengths-Based School Counseling* Untuk Mengembangkan Kepribadian Multikultural " ini beserta seluruh isinya adalah benar-benar karya saya sendiri. Saya tidak melakukan penjiplakan atau pengutipan dengan cara-cara yang tidak sesuai dengan etika ilmu yang berlaku dalam masyarakat keilmuan.

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Bandung, Agustus 2023

Yang membuat pernyataan



Sri Lestari

ABSTRAK

Sri Lestari (2023) - *Strengths-Based School Counseling* untuk Mengembangkan Kepribadian Multikultural Peserta Didik SMP di Kota Bandung. srilestari.bk13@upi.edu

Peserta didik saat ini merupakan generasi yang diharapkan akan menjadi generasi berprestasi dan memberikan kontribusi besar terhadap kemajuan dalam berbagai bidang, seperti pendidikan, teknologi, ekonomi, dan social pada tahun 2045. *Strengths-Based School Counseling* memiliki peran sentral dalam memajukan perkembangan kepribadian multikultural peserta didik. Penelitian ini bertujuan menguji *Strengths-Based School Counseling* menggunakan teknik *windows shopping* untuk mengembangkan kepribadian multikultural peserta didik.. Pendekatan penelitian yang digunakan ialah *Quasi Experiment Design* dengan desain penelitian *Pretest-Posttest Non-Equivalent Group Design*. Subjek penelitian ini ialah 33 peserta didik dalam kelompok eksperimen dan 33 peserta didik dalam kelompok kontrol. Hasil penelitian ini menunjukkan terjadinya perubahan kepribadian multikultural pada peserta didik setelah diberikan intervensi. Namun dari kelima dimensi kepribadian multikultural, dimensi stabilitas emosi dan fleksibilitas mengalami peningkatan yang tidak signifikan.

Kata kunci : Kepribadian multikultural, *strengths-based school counseling*, *windows shopping*.

ABSTRACT

Sri Lestari (2023) - Strengths-Based School Counseling for Developing Multikultural Student Personalities in Junior High School Students in Bandung. srilestari.bk13@upi.edu

Current students are expected to be a high-achieving generation and make significant contributions to progress in various fields, such as education, technology, economy, and society by the year 2045. Strengths-Based School Counseling plays a central role in advancing the development of multikultural student personalities. This study aims to test Strengths-Based School Counseling using the window shopping technique to develop the multikultural personalities of students. The research approach used is a Quasi Experiment Design with a Pretest-Posttest Non-Equivalent Group Design. The research subjects are 33 students in the experimental group and 33 students in the control group. The results of this study show changes in multikultural student personalities after receiving the intervention. However, out of the five dimensions of multikultural student personality, the dimensions of emotional stability and flexibility experienced non-significant increases.

Keywords: Multikultural personality, strengths-based school counseling, window shopping.

DAFTAR ISI

KATA PENGANTAR	iv
UCAPAN TERIMA KASIH	v
ABSTRAK	vii
DAFTAR ISI	ix
DAFTAR TABEL	x
DAFTAR GAMBAR	xii
DAFTAR GRAFIK	xiii
DAFTAR LAMPIRAN	xiv
BAB I PENDAHULUAN	1
1.1 Latar Belakang Penelitian	1
1.2 Rumusan Masalah dan Pertanyaan Penelitian	6
1.3 Tujuan Penelitian	7
1.4 Manfaat Penelitian	7
1.5 Struktur Organisasi Tesis	9
BAB II KAJIAN TEORETIK TENTANG STRENGTHS-BASED SCHOOL COUNSELING DAN KEPERIBADIAN MULTIKULTURAL	11
2.1 Strengths-Based School Counseling (SBSC).....	11
2.2 Kepribadian Multikultural.....	29
2.3 Penelitian Terdahulu	46
2.4 Kerangka Pikir	48
2.5 Asumsi Penelitian	51
2.6 Hipotesis Penelitian.....	52
BAB III METODE PENELITIAN	53
3.1 Paradigma dan Pendekatan	53
3.2 Metode Penelitian.....	55
3.3 Subjek Penelitian.....	57
3.4 Variabel dan Definisi Operasional Penelitian.....	63
3.5 Prosedur Penelitian.....	85
3.6 Teknik Analisis Data.....	103
BAB V HASIL PENELITIAN DAN PEMBAHASAN	105
4.1 Hasil Temuan Penelitian	105
4.2 Pembahasan.....	112
4.3 Keterbatas Penelitian.....	129
SIMPULAN DAN REKOMENDASI	131
5.1 Simpulan	131
5.2 Rekomendasi.....	131
DAFTAR PUSTAKA	135

DAFTAR PUSTAKA

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