

**SISTEM PEMBINAAN DAN PENGEMBANGAN OLAHRAGA  
SEPAK TAKRAW**

**DISERTASI**

*diajukan untuk memenuhi sebagian dari syarat memperoleh Gelar Doktor pada Program  
Studi Pendidikan Olahraga*



Promovendus:

**ALI PRIYONO  
NIM 1605367**

**PROGRAM STUDI PENDIDIKAN OLAHRAGA  
SEKOLAH PASCASARJANA  
UNIVERSITAS PENDIDIKAN INDONESIA  
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**LEMBAR HAK CIPTA**

**SISTEM PEMBINAAN DAN PENGEMBANGAN OLAHRAGA  
SEPAK TAKRAW**

Oleh:  
Ali Priyono

*Sebuah Disertasi yang diajukan untuk memenuhi sebagian dari syarat memperoleh Gelar  
Doktor pada Program Studi Pendidikan Olahraga*

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LEMBAR PENGESAHAN

**Ali Priyono**  
**Sistem Pembinaan dan Pengembangan Olahraga Sepak Takraw**

Disetujui dan disahkan oleh panitia disertasi:

Promotor



Prof. Dr. Nurlan Kusmaedi, M. Pd.  
NIP. 195301111980031002

Co-Promotor



Prof. Dr. Amung Ma'mun, M. Pd.  
NIP. 196001191986031002

Anggota



Prof. Dr. Yudy Hendrayana, M. Kes., AIFO.  
NIP. 196207181988031004

Mengetahui,

Ketua Prodi



Prof. Dr. Amung Ma'mun, M. Pd.  
NIP. 196001191986031002

## **ABSTRAK**

### **SISTEM PEMBINAAN DAN PENGEMBANGAN OLAHRAGA SEPAK TAKRAW**

Ali Priyono

1605367

Program Studi Pendidikan Olahraga

Tujuan penelitian ini adalah untuk mengkaji dan mengidentifikasi sistem pembinaan dan pengembangan olahraga sepak takraw di Indonesia. Metode yang digunakan yaitu metode kualitatif dengan pendekatan studi kasus. Partisipan dalam penelitian ini yaitu pejabat organisasi, pelatih Nasional, dan pelatih Nasional sepak takraw. Teknik pengumpulan data dengan menggunakan wawancara, observasi, dan dokumentasi dengan merujuk pada model Sembilan Pilar SPLISS (dukungan keuangan, kebijakan yang terintegrasi, partisipasi, identifikasi bakat, dukungan pasca karir atlet, fasilitas, pengembangan pelatih, kompetisi dan penelitian ilmiah). Teknik analisis data dengan menggunakan reduksi data, penyajian data dan menarik kesimpulan atau verifikasi. Temuan penelitian menjelaskan bahwa sistem pembinaan dan pengembangan olahraga sepak takraw belum terstruktur dan berjalan dengan baik berdasarkan sembilan pilar. Penelitian ini menyajikan rekomendasi dan strategi untuk mengembangkan sistem pembinaan dan pengembangan olahraga sepak takraw yang memberikan peluang sukses internasional karena olahraga sepak takraw sebagai aset nasional.

Kata Kunci: Pembinaan Olahraga, Sepak Takraw, Indonesia

## **ABSTRACT**

### **SPORT DEVELOPMENT SYSTEM OF SEPAK TAKRAW**

Ali Priyono

1605367

Program Studi Pendidikan Olahraga

The purpose of this study was to examine and analyze the system of fostering and developing the sport of takraw in Indonesia. The method used is a qualitative method with a case study approach. The participants in this study were organizational officials, national trainers, and takraw national athlete. Data collection techniques used interviews, observation, and documentation with reference to the SPLISS Nine Pillars model (financial support, integrated policies, participation, talent identification, post-career support for athletes, facilities, coach development, competition and scientific research). Data analysis techniques using data reduction, data presentation and drawing conclusions or verification. The research findings explain that the system of coaching and developing the sport of takraw has not been structured and runs well based on the nine pillars. This research presents recommendations and strategies for developing a system for fostering and developing the sport of takraw which provides opportunities for international success because the sport of takraw is a national asset.

Keywords: Sports Development, Sepak Takraw, Indonesia

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