

**HUBUNGAN EFIKASI DIRI DENGAN KEMAMPUAN PENGAMBILAN
KEPUTUSAN KARIR SISWA SEKOLAH MENENGAH KEJURUAN**

SKRIPSI

diajukan untuk memenuhi sebagian syarat untuk memperoleh gelar
Sarjana Pendidikan dalam Bidang Bimbingan dan Konseling



oleh
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**PROGRAM STUDI BIMBINGAN DAN KONSELING
FAKULTAS ILMU PENDIDIKAN
UNIVERSITAS PENDIDIKAN INDONESIA**

2023

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ABSTRAK

Elsa Novianty, 1804178. (2023). Hubungan Efikasi Diri Dengan Kemampuan Pengambilan Keputusan Karir Siswa Sekolah Menengah Kejuruan.

Rendahnya kemampuan pengambilan keputusan karir siswa yang menunjukkan perilaku siswa yang belum seutuhnya mampu mengambil keputusan karirnya untuk masa depan. Salah satu faktor yang menyebabkan rendahnya kemampuan pengambilan keputusan karir siswa yaitu efikasi diri. Penelitian ini bertujuan untuk mengetahui hubungan antara efikasi dengan kemampuan pengambilan keputusan karir siswa sekolah menengah kejuruan. Metode yang digunakan yaitu metode *crosssectional survey* dengan pendekatan penelitian kuantitatif dengan desain korelasional. Teknik yang digunakan dalam pengambilan sampel menggunakan *nonprobability*. Hasil penelitian menunjukkan terdapat hubungan positif antara efikasi diri dengan kemampuan pengambilan keputusan karir siswa Sekolah Menengah Kejuruan dengan nilai $r = 0.413$ dan $p = 0.000$ yang artinya nilai $p < 0.01$. Hasil penelitian ini dapat menjadi rekomendasi untuk guru bimbingan dan konseling di sekolah menengah kejuruan sebagai panduan penyusunan layanan bimbingan karir.

Kata Kunci: Pengambilan Keputusan Karir, Efikasi Diri, Eksplorasi Karir, Sekolah Menengah Kejuruan, Bimbingan dan Konseling, Bimbingan Karir

ABSTRACT

Elsa Novianty, 1804178. (2023). The Relationship Self-Efficacy and Career Decision-Making Ability of Vocational High School Students.

The low career decision-making ability of students, who shows the behavior of students who are not fully able to make career decision. One of the factors that cause the low career decision-making ability of students is self-efficacy. This study aims to determine the relationship between self-efficacy and career decision-making ability of vocational high school students. The research method used is a cross-sectional survey method with a quantitative research approach with a correlational design and analyzed using descriptive statistics. The technique used in sampling used nonprobability with saturated sample technique. The result showed that there is a positive relationship between self-efficacy and the career decision-making ability of vocational high school students with a value of $r = 0.413$ and $p = 0.000$, which means the p value < 0.01 . The results of this study can be a recommendation for guidance and counseling teachers in vocational high school as a guide for preparing career guidance services.

Keywords: Career Decision Making, Self-Efficacy, Career Exploration, Vocational High School, Guidance and Counseling, Career Guidance

DAFTAR ISI

LEMBAR PERNYATAAN	i
KATA PENGANTAR	ii
UCAPAN TERIMA KASIH	iii
ABSTRAK	iv
ABSTRACT	v
DAFTAR ISI	vi
DAFTAR TABEL	viii
DAFTAR LAMPIRAN	x
BAB I PENDAHULUAN	1
1.1. Latar Belakang.....	1
1.2. Rumusan Masalah dan Pertanyaan Masalah	6
1.3. Tujuan Penelitian.....	7
1.4. Manfaat Penelitian.....	8
1.5. Struktur Organisasi Skripsi.....	8
BAB II KAJIAN PUSTAKA	10
2.1. Teori Pengambilan Keputusan Karir	10
2.1.1. Definisi Pengambilan Keputusan Karir	10
2.1.2. Teori Keputusan Karir Tiedeman dan O’Hara	12
2.1.3. Tujuan Pengambilan Keputusan Karir.....	13
2.1.4. Aspek-Aspek Pengambilan Keputusan Karir	14
2.1.5. Faktor-Faktor Pengambilan Keputusan Karir.....	17
2.2. Perkembangan Keputusan Karir di Sekolah Menengah Kejuruan (SMK)	21
2.3. Teori Efikasi Diri	24
2.3.1. Dimensi Efikasi Diri	25
2.3.2. Proses Efikasi Diri	27
2.3.3. Pengaruh Efikasi Diri pada Tingkah Laku	28
2.4. Kontribusi Bimbingan dan Konseling dalam Pengambilan Keputusan Karir Siswa	29
2.5. Dinamika Efikasi Diri dalam Pengambilan Keputusan Karir .30	
2.5.1. Kompetensi Efikasi Diri dalam Pengambilan	31
2.6. Penelitian Terdahulu	32
2.7. Hipotesis	35
BAB III METODOLOGI PENELITIAN	36
3.1. Desain Penelitian	36
3.2. Partisipan	37
3.3. Populasi dan Sampel	38
3.4. Instrumen Penelitian	39
3.4.1. Definisi Operasional Variabel	39
3.4.2. Kisi-Kisi Instrumen Penelitian	42
3.4.3. Uji Coba Instrumen.....	52
3.4.4. Uji Empiris.....	52
3.5. Prosedur Penelitian	71
3.5.1. Tahap Awal.....	71
3.5.2. Tahap Pelaksanaan.....	71

3.5.3. Tahap Pelaporan	72
3.6. Analisis Data	72
3.6.1. Analisis Statistika Deskriptif	72
3.6.2. Uji Korelasi.....	73
3.6.3. Pengujian Hipotesis	74
3.6.4. Verifikasi Data.....	75
3.6.5. Penyekoran Data.....	76
3.6.6. Kategorisasi Data.....	76
BAB IV TEMUAN DAN PEMBAHASAN.....	81
4.1. Deskripsi Hasil Temuan Penelitian.....	81
4.1.1. Tingkat Kemampuan Pengambilan Keputusan Karir dan Efikasi Diri Siswa Sekolah Menengah Kejuruan	81
4.1.2. Tingkat Aspek Pengambilan Keputusan Karir dan Aspek Efikasi Diri.....	86
4.1.3. Hubungan Antara Efikasi Diri dengan Kemampuan Pengambilan Keputusan Karir Siswa Sekolah Menengah Kejuruan di Kabupaten Majalengka	94
4.2. Keterbatasan Penelitian.....	99
BAB V SIMPULAN DAN REKOMENDASI.....	100
5.1. Simpulan.....	100
5.2. Rekomendasi.....	101
DAFTAR PUSTAKA	103
LAMPIRAN.....	114

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