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**HUBUNGAN ANTARA GAYA KELEKATAN DAN KEBERFUNGSIAN  
KELUARGA PADA *SANDWICH GENERATION***

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KELUARGA PADA *SANDWICH GENERATION*

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# HUBUNGAN ANTARA GAYA KELEKATAN DAN KEBERFUNGSIAN KELUARGA PADA *SANDWICH GENERATION*

**Haifa Rosaprila (1903782)**, Hubungan antara Gaya Kelekatan dan Keberfungsian Keluarga pada *Sandwich Generation*. Skripsi, Program Studi Psikologi, Fakultas Ilmu Pendidikan, Universitas Pendidikan Indonesia.

## Abstrak

Penelitian ini bertujuan untuk mengetahui hubungan antara gaya kelekatan dan keberfungsian keluarga pada *sandwich generation*. Penelitian ini menggunakan pendekatan kuantitatif, sampel pada penelitian ini adalah *sandwich generation* berjumlah 546 yang diambil dengan menggunakan teknik *incidental sampling*. Instrumen keberfungsian keluarga dalam penelitian ini menggunakan GF12 FAD (*General Functioning 12 Family Assessment Device*) dari Epstein *et al.* (1978) yang telah diadaptasi oleh Muchtar (2021) dengan jumlah item 12;  $r = 0.89$  dan instrumen gaya kelekatan menggunakan *Revised Adult Attachment Scale* dari Collins & Read (1990) yang telah diadaptasi oleh Midyani (2016) dengan jumlah item 18;  $r = 0.66$ . Teknik analisis data yang digunakan adalah korelasional dengan uji *spearman's rho* dengan menggunakan bantuan *Winstep* dan *software SPSS* versi 25.0 for windows. Hasil dari penelitian ini menunjukkan bahwa 1) Terdapat hubungan positif antara gaya kelekatan aman dan keberfungsian keluarga pada *sandwich generation*; 2) Terdapat hubungan negatif antara gaya kelekatan cemas dan keberfungsian keluarga pada *sandwich generation*; 3) Terdapat hubungan negatif antara gaya kelekatan menghindar dan keberfungsian keluarga pada *sandwich generation*.

Kata kunci : *Gaya Kelekatan, Keberfungsian Keluarga, Sandwich Generation.*

**THE RELATIONSHIP BETWEEN ATTACHMENT STYLE AND FAMILY  
FUNCTIONING IN SANDWICH GENERATION**

**Haifa Rosaprila (1903782)**, *The Relationship between Attachment Style and Family Functioning in the Sandwich Generation. Thesis, Psychology, Faculty of Education, Indonesian University of Education.*

*Abstract*

*This study aims to determine the relationship between attachment style and family functioning in sandwich generation. This study used a quantitative approach, the sample in this study were 546 sandwich generations who were taken using the incidental sampling technique. The family functioning instrument in this study used the GF12 FAD (General Functioning 12 Family Assessment Device) from Epstein et al. (1978) which has been adapted by Muchtar (2021) with a total of 12 items;  $r = 0.89$  and the attachment style instrument uses the Revisted Adult Attachment Scale from Collins & Read (1990) which has been adapted by Midyani (2016) with a total of 18 items;  $r = 0.66$ . The data analysis technique used is correlational with the Spearman's rho test using Winstep assistance and SPSS software version 25.0 for windows. The results of this study indicate that 1) There is a positive relationship between secure attachment style and family functioning in sandwich generation; 2) There is a negative relationship between anxious attachment style and family functioning in the sandwich generation; 3) There is a negative relationship between avoidant attachment style and family functioning in sandwich generation.*

*Keyword : Attachment Style, Family Functioning, Sandwich Generation.*

## DAFTAR ISI

HALAMAN PENGESAHAN SKRIPSI.....	iii
LEMBAR PERNYATAAN.....	v
KATA PENGANTAR.....	vi
UCAPAN TERIMA KASIH.....	vii
ABSTRAK.....	ix
ABSTRACT.....	x
DAFTAR ISI.....	vii
BAB I.....	1
1.1 Latar Belakang .....	1
1.2. Rumusan Masalah .....	7
1.3. Tujuan Penelitian .....	7
1.4. Manfaat Penelitian .....	7
1.5. Struktur Organisasi Proposal Penelitian .....	8
BAB II.....	9
KAJIAN PUSTAKA.....	9
2.1 Gaya Kelekatan ( <i>Attachment Style</i> ) .....	9
2.1.1. Definisi gaya kelekatan .....	9
2.1.2 Dimensi kelekatan ( <i>Attachment</i> ) .....	10
2.1.3 Tipe gaya kelekatan ( <i>attachment style</i> ).....	11
2.1.4 Hal yang Memengaruhi Gaya Kelekatan .....	12
2.1.5 Hasil Penelitian Relevan .....	13
2.2 Keberfungsian Keluarga ( <i>Family Functioning</i> ).....	14

2.2.1 Definisi keberfungsian keluarga ( <i>Family Functioning</i> ).....	14
2.2.2 Aspek-aspek keberfungsian keluarga.....	15
2.2.3 Hal yang Memengaruhi Keberfungsian Keluarga.....	17
2.2.4 Hasil Penelitian Relevan .....	19
2.3 <i>Sandwich Generation</i> .....	19
2.3.1 Jenis-jenis <i>sandwich generation</i> .....	20
2.3.2 Hasil Penelitian Relevan .....	21
2.4 Kerangka Berpikir .....	22
2.5 Hipotesis Penelitian.....	23
BAB III .....	24
3.1 Desain Penelitian.....	24
3.2 Populasi, Sampel dan Responden Penelitian .....	24
3.3 Variabel Penelitian dan Definisi Operasional .....	26
3.3.1 Variabel Penelitian .....	26
3.3.2 Definisi Operasional.....	26
3.4 Instrumen Penelitian.....	26
3.4.1 Gaya Kelekatan .....	26
3.4.2 Keberfungsian Keluarga.....	29
3.5 Teknik Pengumpulan Data.....	32
3.6 Teknik Analisis Data.....	32
3.7 Prosedur Penelitian.....	32
3.7.1 Tahap Persiapan .....	32
3.7.2 Tahap Pelaksanaan .....	33
3.7.3 Tahap Akhir .....	33



3.8 Uji Normalitas .....	33
BAB IV .....	34
4.1 Hasil Penelitian .....	34
4.1.1 Gambaran Demografis .....	34
4.1.2 Gaya Kelekatan .....	35
4.1.3 Keberfungsian keluarga .....	39
4.1.4 Uji Hipotesis .....	42
4.2 Pembahasan.....	44
4.3 Keterbatasan penelitian .....	53
BAB V.....	54
SIMPULAN .....	54
5.1 Simpulan .....	54
5.2 Saran.....	54
5.2.1 Saran Bagi <i>Sandwich Generation</i> .....	54
5.2.2 Saran Bagi Akademis.....	55
DAFTAR PUSTAKA .....	56
LAMPIRAN.....	62

## DAFTAR TABEL

Tabel 3.1 Skor Item Gaya Kelekatan.....	27
Tabel 3.2 Kategorisasi Skor Gaya Kelekatan.....	28
Tabel 3.3 Kisi-kisi Instrumen Kelekatan.....	29
Tabel 3.4 Skor Item Keberfungsian Keluarga.....	30
Tabel 3.5 Skor Penilaian Keberfungsian Keluarga.....	30
Tabel 3.6 Kisi-kisi Instrumen Keberfungsian Keluarga.....	31
Tabel 3.7 Uji Normalitas.....	33
Tabel 4.1 Gambaran Demografis.....	34
Tabel 4.2 Gambaran Umum Gaya Kelekatan.....	35
Tabel 4.3 Gambaran Umum Gaya Kelekatan Berdasarkan Status Demografi.....	36
Tabel 4.4 Gambaran Umum Keberfungsian Keluarga.....	39
Tabel 4.5 Gambaran Umum Keberfungsian Keluarga Berdasarkan Status Demografi.....	40
Tabel 4.6 Perbedaan Keberfungsian Keluarga Berdasarkan Gaya Kelekatan.....	41
Tabel 4.7 Uji Hipotesis.....	42

## DAFTAR GAMBAR

Gambar 2.1 Kerangka Berpikir.....	23
Gambar 3.1 Gambar Desain Penelitian.....	24
Gambar 4.1 Gambaran Umum Gaya Kelekatan.....	35
Gambar 4.2 Gambaran Umum Gaya Kelekatan Berdasarkan Status Demografi..	37
Gambar 4.3 Gambaran Umum Keberfungsian Keluarga.....	39
Gambar 4.4 Gambaran Umum Keberfungsian Keluarga Berdasarkan Status Demografi.....	40
Gambar 4.5 Gambar Perbedaan Keberfungsian Keluarga Berdasarkan Gaya Kelekatan.....	41

## DAFTAR LAMPIRAN

Lampiran 1 Lembar SK Skripsi.....	62
Lampiran 2 Kartu Bimbingan.....	63
Lampiran 3 Hasil Verifikasi Data.....	65
Lampiran 4 Izin Penggunaan Alat Ukur.....	66
Lampiran 5 Kuesioner.....	67
Lampiran 6 Kuesioner Gaya Kelekatan.....	69
Lampiran 7 Kuesioner Keberfungsian Keluarga.....	71
Lampiran 8 Data Responden.....	72
Lampiran 9 Data Demografi Responden.....	85
Lampiran 10 Data Demografi Responden berdasarkan Gaya Kelekatan.....	86
Lampiran 11 Data Demografi berdasarkan Keberfungsian Keluarga.....	100
Lampiran 12 Reliabilitas Gaya Kelekatan dan Keberfungsian Keluarga.....	114
Lampiran 13 Uji Normalitas.....	115
Lampiran 14 Uji Beda.....	117
Lampiran 15 Uji Hipotesis.....	122
Lampiran 16 Biodata.....	125

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Haifa Rosaprila, 2023

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**HUBUNGAN ANTARA GAYA KELEKATAN DAN KEBERFUNGSIAN KELUARGA PADA SANDWICH GENERATION**

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